

“WHAT’S UP AT BPS”



Cross Country



We all know the Cross Country, it's when we do a big running race all around the school. But this year because of COVID-19, we had to change it around a bit to make sure we can all still do it and be COVID safe.

Usually when we do it once a year, everyone comes out from their classroom to cheer on others and run their race. Instead of letting all classrooms out at once, we went out in year groups so that there weren't too many people in one space. Sadly, we weren't allowed to have a cake stall this year because it would have been unsafe to share all that food, but we still had fun!

This year we had a very different Cross Country; we weren't able to cheer everyone on or buy cakes from the cake stall. But everyone still got to have a turn at running and got to have loads of fun.

Katerina M

Where did thumbs up come from?

Historians say the Romans had a popular phrase that went: “pollice verso” which is Latin for “with a turned thumb.” The gestures we now recognize as “thumbs up” or “thumbs down” were mainly used during Roman gladiator fights.

And the gladiatorial fights in ancient Rome, it was the destiny of a losing gladiator was decided by the crowd. Thumbs up, he lived, thumbs down, he died.

We now use thumbs up as an encouraging sign to others or a signal saying “yes”. It is an interesting topic to be thinking about because we never thought that a simple “good job!” could mean life or death!

However, in several countries in West Africa and the Middle East, including Iran, Iraq, and Afghanistan, thumbs up is very rude. It's used the same way the middle finger is in the US.

So never use the thumbs up in the middle east!

There are many other related hand signals like the thumbs up:

- fingers crossed
- ace (OK)
- peace

Bethany W

Riddle

Riddle: Where do astronauts leave their spaceships?

Book Report

A Series of Unfortunate Events

This 13-book series by Lemony Snicket is an incredible one, except if you like happy endings. Then it is not for you as it is just a series of extremely unfortunate events. This series is based on three young orphans named Violet, Klaus and Sunny Baudelaire whose parents died in a fire that burnt down their house. Violet (the oldest of the three) was to inherit the massive family fortune when she turns 18, but a distant relative called Count Olaf becomes their new guardian and is determined to have the money for himself.

This is such an amazing series all about Count Olaf's furious attempts to get his hands on the Baudelaire fortune. Read this series to find how the Baudelaire orphans outsmart Olaf's evil plans

April A



Editor – Joshua R
Assistant editor – Charlie M

Riddle Answer: Next to the Parking Meteor

Interview with Mrs Kitchener



For this edition of the newspaper, I decided to change things up a bit so instead of interviewing a teacher, we interviewed Mrs Kitchener. Mrs Kitchener is the School Administrative Manager and supervises the other office staff as well as doing a similar job. It was an interesting interview

In her free time, Mrs Kitchener likes to go camping, bushwalking and sometimes snowshoeing (like skiing but with shoes). In quarantine, Mrs Kitchener enjoyed gardening so you can see she is a very outdoor person. We asked her what she does when it rains, and she said, "I just put a raincoat on!"

Mrs Kitchener's favourite thing about BPS is the friendliness of the children. She also said she enjoyed her job and had had the job for a whopping 16 years!

When we asked what she does for her job, she gave us a long list of very important things she has to do, such as deal with school finance, purchase school resources, attend to sick children, do first aid, supervise office staff, assist in school maintenance and send a bunch of emails and messages. Quite a lot if you ask me.

Finally, we asked what her birthstone was. She told us it was peridot which is a beautiful yellowy-green. How nice.

Freya C & Charlie M

Spaghetti and Meatballs

Looking for something to eat? Want to cook it yourself? Well then this would be the perfect recipe for you! It's both easy to make and cook. Just before you cook it make sure you get parental help

Spaghetti and meatballs

¾ cups of fresh sourdough breadcrumbs
2 tablespoons of milk
600g of beef or chicken mince
1 clove garlic and crushed
1 tablespoon of Dijon mustard
1 tablespoon thyme leaves
Salt and pepper for some good taste
Spaghetti

You Will Need



Sauce

3 cups of tomato puree
1 cup of beef or chicken stock
2 cloves of crushed garlic
2 sprigs of basil

Step 1 - Place the breadcrumbs and milk in a big bowl and mix together using a wooden spoon to combine. Allow it to stand for about 1 minute

Step 2 - Add the beef, garlic, mustard, thyme, don't forget the salt and pepper and mix it really well with the spoon so that everything is combined.

Step 3 - Line a tray with non-stick baking paper. Using clean hands that are wet with a little bit of water (To combat the stickiness) roll 2 tablespoons of your meatball mixture into a ball. Place on the tray and repeat until you've used all of the mixture

Step 4 - To make the tomato sauce place a large non-stick frying pan over the medium heat. Add the puree, stock, garlic and basil and bring it to a simmer (You'll see little gentle bubbles appear)

Step 5 - Once the tomato sauce is ready you want to slide the meatballs into the sauce (Make sure to watch for the splashes) Let the meatballs simmer for 10 minutes or until cooked through, make sure to roll the meatballs around with a wooden spoon every few minutes so you're able to cook them evenly. Discard the basil sprigs and make sure to serve the meatballs on top of the spaghetti or vegies.

Spencer L