

#### ANNUAL CROSS COUNTRY EVENT

The annual Cross Country Carnival for 2012 was held on Thursday, 3rd May. The weather was a little warm for long distance running but our competitors coped well. Congratulations to all competitors. It is a hard event for many students and the effort and commitment shown by so many to complete the course was commendable. There were a few children who told me they didn't CYCLING INFO like running or the cross country but they still participated and walked/jogged with a friend and really enjoyed the sunshine. congratulate these children who gave it a go and participated. I

loved seeing all the children competing from Kindergarten to Year 6. Congratulations to the athletes who gained places in the age events. Students who finished in the top 6 for their age event (8/9, 10, 11 and 12 years) will be invited to participate in the Zone much more. Cross Country Carnival on Monday 28 May. Best wishes to all and keep training.

#### NAPLAN TESTING

NAPLAN Testing for students in Years 3 & 5 is taking place this week. The tests began on Tuesday and finish on Thursday. Friday is designated a "catch up" day, but students will not be able to take any tests after Friday.

#### NSW PSSA AUSTRALIAN FOOTBALL CARNIVAL

Congratulations to Jordan S who was selected (many weeks ago- Dianne Bower I apologise for late notice!) into the Sydney North PSSA Football Team. Jordan will be representing Sydney North (and BPS) at the state carnival next week at Griffith. We wish him all the best. Also, there are raffle tickets in the office area he has to sell to help with his costs. Please come in and buy a ticket or two.

#### **COMMUNICATING WITH TEACHERS**

If you wish to talk to a teacher about a classroom matter or playground incident, please make an appointment with either the teacher or through the office. If you wish to have an 'impromptu chat' with your child's teacher, please understand that they will not be able to give you an indepth report on your child. Our teachers are professionals and they need to have all their data on hand when answering your questions.

If you have a problem with a playground incident please make an appointment to talk to either the teacher involved or one of the The Assistant Principals oversee play-Assistant Principals. ground incidents. Mrs Beckedahl - K-2; Mr Pritchard - Years 3 Please encourage your children to participate in this important and 4; Mrs Wilkinson - Years 5 and 6.

#### COMMUNITY FORUM—CYBERSMART

A community forum on being Cybersmart will be held at Asquith Girls High School on Wednesday 23rd May from 6.30pm to 8.00pm. I highly recommend this presentation as cyber safety and responsible use of internet services and social networking is a concern for all.

Parents from 11 surrounding schools are invited to join the parents of AGHS at this event. An advertisement for the forum appears further in this Crest. Parents who wish to attend should Mrs Lynne Scanes (Relieving Librarian) RSVP to their local school, i.e. Berowra parents notify the Berowra office. The Forum is free, but AGHS would like to confirm numbers before the event.

#### FUNDING FOR DISABILITY

Every Student, Every School is a State Government initiative to provide better learning and support for the 90,000 students with disabilities, learning difficulties or behaviour support needs in our public schools throughout 2012/2013. Extra funding will help end of the show we even had the whole school dancing, including

teachers and support staff to gain more skills to help these students reach their potential.

For more information, including a booklet to download, questions and answers, and a timeline, please go to: www.det.nsw.edu.au/ every-student-every-school.

Riding a pushbike is a great way to get from A to B and keep fit in the process. A new website dedicated to cycling - whether for fun, transport or performance \_ is available at: www.bicycleinfo.nsw.gov.au.

Here you will find info on cycle paths around NSW, keeping your bike in top condition, upcoming workshops, sharing the road and

#### GETTING INVOLVED REAPS BENEFITS

Did you know that the latest research shows the more involved parents are in their child's education, the happier their children are and the better they do at school. Being involved can include taking more of an interest in what your child is doing at school, helping out at school if you can and being supportive. Read more about this at School A to Z: www.schoolatoz.nsw.edu.au/ wellbeing/development/children-thrive-on-parental-involvement.

Library News - Thank you to all children and parents who are returning their Library books on the correct day. It is a fantastic help to ensure the smooth running of our fantastic Library.

I have registered Berowra Public School to participate in National Simultaneous Storytime in Week 5. This annual literary event involves over 170,000 children throughout Australia sharing the same story and creating an awareness of the importance of reading quality literature to our children. This year the heart warming Australian tale titled "The Very Cranky Bear" by Nick Bland has been chosen for its messages of friendship, sacrifice and learning that appearances aren't important.

During Library sessions the children will experience this wonderful story and share in some "Bear" inspired activities. To make this event even more special I am inviting all children to bring their bear friends to their Library lessons.

The Premiers Reading Challenge is underway at our school. annual event.

Have you ever heard someone say "I can't draw"? Then the story called "Ish" by Peter H Reynolds is for you.

This simple story has a powerful message and shows that everyone can draw. Just create an "ish" drawing.

The amazing children in class 2K, 2/3B and 3/4P have produced some fantastic "ish" inspired drawings. I invite you to view these on display in the Library.

#### Thank you

#### Performing Arts News - Dance News

On the last day of Term 1, the classes who have been learning dance put on a short dance presentation. They presented some of the dances they had been learning from countries around the world including China, Egypt, India and New Zealand. Congratulations to 6W, 6A, 4E and 3/4P for their fantastic efforts in dance throughout the term. They all looked amazing up on stage. At the This term 5G, 4/5C, 3M and 2/3B will be



Hornsby North Public School to audition for Sydney North Dance Festival. Both

groups auditioned well and have made it into the Festival. Well done!

Mrs Kelly Lukic Dance teacher

Drama News - Drama students are very excited because the auditions for the Sydney North Drama Festival are on next Monday 21st May for juniors and Tuesday 22nd for seniors. All drama student should have received a blue note already outlining times and costumes. Fingers crossed!

#### Mrs Liz Sheldon

Sport News - Senior Netball Game 4/5/12. Friday, 4th May, the senior netball team went to Warrawee Public School for our netball match. Sophie was our captain for the game. Warrawee got 33 goals, and we scored one goal by Tamara. The whole team played well. The goal defence and keepers managed to stop many goals and the goal attacks and shooters did really well too. We all had lots of fun and tried our best and we can't wait for the next game.

By Tia M and Hannah B

2	CLASS MERIT AWARDS
KBlue	Daniel V, Liam C, Nathaniel T, Mitchell G
KRed	Natalia G, Charlie L
KYellow	Grace H, Sam S, Anthony L, Liam N
1A	Anna O, Emma H, Ripley B, Jasper M
1P	Brooke F, Laura R
2K	Sophie V, Naomi D, Rachel W, Lindley R
2W	Tara M, Kydan O, Nene H, Jake S
2/3B	Andrew S, Mary G, Dylan C, Dan W, Francesca N
3M	Marco d, Jeremy J, Benjamin W, Mackenzie W, Amy S, Hayley S
3/4P	Liam D, Nakita B, Elly C, Tom H, Mimi L, Joshua J
4E	Aaron M, Stephanie D, Lachlan R, Tom L, Chloe M, Katie W
4/5C	Jamie C, Benjamin C, Claudia B, Aaron S
5G	Jesse C, Charlotte S, Ethan D, Nico d, Tahli W, Brigette H
6A	Amy T, Daniel H, Sandra M, Hannah B, Jacob Z
6W	Max T, Brenton S, Callum W, Matthew M, Rhian D, Liam B

Mrs Bower and the teachers, shuffling to Party Rock Anthem. Jump Rope for Heart - Over the next few weeks, your child will be learning a range of fun skipping skills and new tricks. We will emphasise the importance of regular physical activity, such as skipping, as well as enjoying healthy eating as part of a healthy lifestyle.

In an effort to promote healthier hearts into the future, we are also going to be fundraising to help the Heart Foundation with their life saving work. Your support will help fight cardiovascular disease, which includes heart disease and stroke. This disease will affect two thirds of the families in our school and is the biggest killer of both Australian men and Australian women.

Our Jump Off date is Wednesday 13th June, so start fundraising today. Your children can collect donations using the online method only as schools will not be collecting cash donations this year. A note went home last week explaining instructions.

Following is a message sent in by one of our parents.

#### Bonnie Allan

Jump Rope for Heart School coordinator

In the lead up to the Jump Rope for Heart I wanted to share with you the story of how heart disease has impacted on my family. I lost my husband David to a heart attack three and a half years ago, when my daughter Emilie (now in kindergarten) was just 18 months old and I was pregnant with our son Shane, who is now three. Dave was healthy, had normal cholesterol levels and ignored some chest pain. By the time we found out he had heart disease it was too late, but it should not have been. If we were more aware of the signs, my children might not be growing up without their dad.

The reason I am sharing this with you is to encourage you to support the heart foundation through Jump Rope for Heart. When I read that heart disease will affect two thirds of the families at Berowra Public School, I almost cried. It is just too many. If just one person benefits from the research of the Heart Foundation, or is better aware of the signs of heart disease and gets help early enough, then it is worth it. Please encourage your kids to join in and encourage your friends and family to sponsor. And please, never ignore chest pain.

#### **Rebekah Stevens**

School Support Group - Our next meeting is on next Tuesday 22nd May at 9:30 in the staffroom. Everyone is welcome, including toddlers.

Please bring in your GOOD quality 2nd hand children's clothes and 2nd hand books to be sold at the school fete. Donations can be left at the canteen or in the foyer near the staffroom.

#### Canteen News - Canteen Roster

Thursday	17/5	C Parker, F Minto
Friday	18/5	R Smith, C Jones, L Stoner
Monday	21/5	J Mihalarias, C Harriss
Thursday	24/5	J Anderson, C Bourke
Friday	25/5	M Cunningham, K Wallis
Monday	28/5	S Vaughan, H Tyler

#### Uniform Shop - General information

- Opening times—MONDAYS 9–10am and THURS 3–3.45pm.
- Cash refunds unavailable-a cheque will be forwarded.
- All returns need to have a returns form attached.

#### Uniform Shop Roster

Thursday	17/5	C Harriss, L Peltonen, C Chui
Monday	21/5	L Sharp, T Allen
Thursday	24/5	P Smith, N Steel, J West
Monday	28/5	L Stebbins, S Vaughan

#### Cantoon Mad Monday Moal Doals

Canteen Mau Monuay Mear Dears							4
21st May	Beef Burrito	- } r	neal	}			į
28th May	Butter Chicken	} v	water	}			i
4th June	Chicken and Corn Soup	} z	zinger	}	\$4.00		į
11th June	Public Holiday						i
18th June	BFC Burger (Berowra Fried Chicken)	}		}			i
25th June	surprise week	}		}			i
	-	-		-			

#### **Community News**

<u>Hornsby Library 2012 Knit In</u> - This free event will include library quizzes for students, knitting races and activities displays and light refreshments on Friday 3rd August from 9am till 1pm.

Donations of knitted squares and wraps are given to Wrap with Love representatives. Details and instructions for knitting can be found through the links at www.hornsby.nsw.gov.au/library.

Hornsby Kuring-gai PCYC Bush Dance - Come on and have some traditional Aussie Bush fun and join the PCYC in celebrating the 75th Anniversary of the founding on the NSW PCYC in 1937. It will be a great night and you don't have to be a professional dancer. Please invite as many friends as you can. When: Saturday 26th May from 7:30-10:30pm

Where: PCYC Performing Arts Centre

22 Waitara Ave, Waitara. Enter via Waitara or Park Ave
Cost: \$15 per head. U/18 \$10 must be accompanied by an adult. 20% discount for groups. BYO drinks and nibbles

Band: Mick Gallagher and the Bushrockers Bookings: 9477 2310

Berowra Netball Club - NetSetGO! is a program for 5-7 year one. olds and young newcomers to the game of Netball! As a

Come along and have some fun while finding out what it is all about. Wear comfortable clothes, sports shoes and bring a drink. Cost: \$35.00 includes backpack, ball, activity book, drink bottle Where: Warrina Street Netball Courts

When: Tuesdays 4-4:45 pm 8/5 - 31/7 (ex school holidays) Registration form is now available for download on our website.

Registration form is now available for download on ou www.berowra.netball.asn.au

Contact: Vicki Barry Ph: 9456 7667 (NetSetCo Coach)

or Julie Goudie Ph: 94564664 (Club Secretary)

<u>St Bernards Trivia Night</u> is on again! So book the babysitter and be part of what is undoubtedly a fun-filled night! Is there a better way to make new friends and run into old ones you've not seen for a while?

Held at the Berowra Community Centre on Friday 18th May at 7pm. There are some fabulous prizes up for grabs!

In the spirit of all things ridiculous, the organising committee is doing a Red Faces act. Sarah Gladman (Evans) 0412 010 555 or Ron James 9456 0104

Diary Dates					
NAPLAN for Years 3 & 5	Tues-Thurs	15-17/5			
Kindy 2013 Information morning 10am	Thurs	17/5			
Kindy 2013 Information evening 7pm	Mon	21/5			
BOOSH Choc Drive	Mon	21/5			
UNSW Computer Competition 8am	Tues	22/5			
Stage 1 Australian Museum excursion	Tues	22/5			
Combined Musica rehearsal	Wed	23/5			
Zone Cross Country	Mon	28/5			
UNSW Science Competition 8am	Wed	6/6			
Queens Birthday Public Holiday	Mon	11/6			
Jump Rope for Heart Day	Wed	13/6			
Dance Festival week	Mon-Thurs	18-28/6			
UNSW Writing Competition 8am	Mon	18/6			
UNSW Spelling Competition 8am	Tues	19/6			
K-6 Athletics Carnival at Foxglove Oval	Tues	26/6			
Last day of Term 2	Friday	29/6			
Staff Development Day	Mon	16/7			
Students return for Term 3	Tues	17/7			
Special Swim Scheme	Tues-Fri	17-27/7			
Drama Festival week	Mon-Fri	23-26/7			
Education Week	Mon-Fri				
UNSW English Competition 8am	Tues	31/7			
BPS Open Day and Book Fair	Tues	31/7			
Music Festival Matinee performance	Mon	13/8			
UNSW Maths Competition 8am	Tues	14/8			
Music Festival Evening performance	Wed	15/8			
Book Week	Mon-Fri	20-24/8			
Book Week performers	Tues	21/8			
Fathers Day stall	Tues & Wed				
Recorder group Opera House performance	Wed	29/8			
Zone Athletics Carnival	Wed	29/8			
Kindy Teddy Bears Picnic	Thurs	30/8			
Fathers Day Breakfast	Fri	31/8			
BPS shopping Tour	Sat	15/9			

#### Rotary Club of Berowra Pride of Workmanship Award

On Wednesday 2nd May, our very own School Administrative and Library Assistant, Mrs Lynne Lee, was awarded the Rotary Pride of Workmanship Award.

Lynne is extremely dedicated, efficient, competent and capable in all facets of her job at Berowra Public School. What makes her so special is that she always goes that extra mile, to do the best she can with every one of the many, varied responsibilities she undertakes. Nothing is too much trouble, or too arduous for Lynne. She will give every bit of her considerable ability to the task at hand until she gets it right, in line with her exacting standards. Lynne is always extremely generous with her time, has a caring nature towards all BPS students. She is always at school till late continuing her work, way beyond her allotted hours. The old adage "If a job is work doing, it is worth doing well" must have been written with Lynne in mind.

As well as her exemplary work ethic, Lynne is a fun person, warm and kind with a quick wit. Always with a ready smile to be of assistance. She is a great team member never asking or expecting accolades for herself. She works happily with everyone.

As a wife and mother of two sons, Lynne gives of herself to her homelife and parenting with the same unstinting generousity that she gives to her job at school. She takes on commitments for both young and old members of her family with good will and genuine concern for their well being.

Lynne plays tennis, gardens and is an avid reader. She is loved and respected by all. Over 15 years she has been an invaluable asset to both Berowra and Wideview schools. Her contribution to family, friends, her job, the Berowra Community

makes her a worthy recipient of the Rotary Pride of Workmanship Award.





Lynne with the NSW Rural Fire Service Commissioner, Shane Fitzsimmons ASFM Movement 4 Life Fitness \*\*\* Motivating & challenging outdoor & indoor Group Fitness for females \*\*\* Berowra & Asguith

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Monday - 6.30pm Berowra Public School Monday - 7.30pm Berowra Public School Tuesday - 9.30am Asquith Wednesday - 7.10pm Berowra Public School Friday - 6.30am Berowra Public School Saturday - 8.00am Berowra Public School (prices \$11.90 to \$13.90 per session for term)

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# BASHEALTH

#### OUTDOOR GROUP FITNESS SESSIONS

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> WHERE? Warrina & Berowra ovals WHO? Any fitness level

HOW MUCH? \$15 a session includes fitness, health and nutritional assessments

CALL BAS GREEN on 0416 977 963 to secure your place





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## **Asquith Girls High School**

Stokes Avenue ASQUITH 2077 Email: asquithgir-h.school@det.nsw.edu.au ABN 74 722 990 875 www.asquithgir-h.schools.nsw.edu.au



Phone (02) 9477 6411 Fax (02) 9482 2524

Principal: Jane Ferris B.A. (Hon) Dip.Ed M.Ed

### Are your children cyber[smart]?

#### Internet safety presentation helps young people stay safe online

#### Dear Parent/ Caregiver,

To help your children stay safe online, Asquith Girls high School is hosting a Cybersmart Outreach—Internet Safety Awareness presentation. Parents and teachers from Asquith Girls, Asquith Boys and local primary schools are invited to attend this event provided by the Australian Communications and Media Authority (the ACMA) as part of a national program of cybersmart initiatives.

Young people today are immersed in digital technologies. They use the Internet and mobile phones to socialise, study, exchange ideas and play. While online activity has many benefits, there are also risks.

The Cybersmart Outreach—Internet Safety Awareness presentation is thorough and non-technical. It covers a range of issues including:

- the ways children use the internet and emerging technologies
- potential risks for children online, such as cyberbullying, identity theft, inappropriate contact and exposure to inappropriate content
- tips to help children stay safe online.

The presentation is conducted by an ACMA Cybersmart trainer and is free of charge.

Asquith Girls High is committed to helping students develop appropriate behaviours when using digital technologies, both at school and home. Our program of Internet safety initiatives includes:

- workshops to help combat cyber bullying
- resilience building strategies and a strong anti- bullying policy
- promotion of responsible laptop use
- police youth liaison officer presentations and discussions with students

The Cybersmart Outreach—Internet Safety Awareness presentation will be held on:

### Wednesday 23<sup>rd</sup> May, 6.30pm – 8.00pm

#### in the Asquith Girls High School hall, Stokes Ave.

To register your attendance, please RSVP to your own school who will then forward numbers to us. Parents from Asquith Girls High School should contact us direct on 9477 6411 as soon as possible. Enrolments will also be accepted on the night, but we appreciate registrations where possible for organisational purposes.

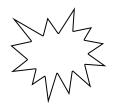
Regards,	
Renee Andrews	
Deputy Principal (Relievi	ng)

Regards Jane Ferris Principal

# **NEWS FLASH**

Information for Parents

### 2hr stop work meeting Friday 18th May 2012



If the planned industrial action goes ahead, only a minority of teaching staff at Berowra Public School will be participating.

Berowra Public School will be open and only minimal disruptions to classes will occur. Sport will go ahead as planned.

	1ST	2ND	3RD	4TH
KINDY BOYS	Jake Da S	Kamden H	Mitch G	Marcus G
KINDY GIRLS	Leisha S	Grace H	Leila S	Evie P
YEAR 1 BOYS	Matthew C	Saxon W	Ryan C	Eden S
YEAR 1 GIRLS	Monique W	Lucy B	Kiana L	Zoe V
YEAR 2 BOYS	Will P	Daniel P	Luka J	Kyden O
YEAR 2 GIRLS	Annika E	Elizabeth G	Alicia C	Tara M
8/9 YEARS BOYS	Sam P	Jett J	Alex G	Lachlan R
8/9 YEARS GIRLS	Chloe T	Mackenzie W	Jasmine M	Caitlyn R
10 YEARS BOYS	Lachlan M	Jarrod H	Sebastian E	Mitchell K
10 YEARS GIRLS	Carla S	Rachel W	Elly C	Katie W
11 YEARS BOYS	Edward B	James R	Ben B	Cooper D
11 YEARS GIRLS	Ella W	Zoe P	Hannah P	Rebecca T
12 YEARS BOYS	Jordan S	Aaron M	Max T	Samuel F
12 YEARS GIRLS	Caitlin R	Katherine T	Sandra M	Rhian D

#### 2012 CROSS COUNTRY RESULTS