

Public School

Wednesday 5th September, 2012 Term 3 Week 8

Phone 9456 1319

website - http://www.berowra-p.schools.nsw.edu.au

#### WELCOME HOME MIRIAM!

Miriam arrives home from Mt Wilga this week and we look forward to seeing her out and about soon. We are very lucky to crossing, now.

A very busy time (as always, I feel) at Berowra during the last two weeks:

- K-2 Book Parade and Trivia many thanks to Mrs Scanes for organising this event...loved all the many and varied book characters who visited us on this day, especially the Wombat Stew crew who entertained the children.
- Senior Boys Soccer Team won the grand final on Friday, 24<sup>th</sup> August. A huge success for these boys and their conscientious coach, Mrs Cacitti. The boys came in 4<sup>th</sup> overall during the season; beat Hornsby Nth (who came in 1st overall and were undefeated during the competition) and then BOUNCE BACK! defeated Warrawee (2<sup>nd</sup> overall) 3:1 in the grand final. Congratulations boys!
- Congratulations to Chelsea W. She competed at the NSW State Gymnastics Championships and won: team gold for beam, team bronze for vault, team bronze for floor, 5<sup>th</sup> place for bars and overall team ... Silver Medalists. Chelsea recorded an individual placing of 53.550 out of a possible 60.000. Wow! Go Chelsea.
- **Swim School** for two weeks lots of wet but enthusiastic swimmers (many thanks to all teachers involved).
- Congratulations to our Senior Recorder Group who performed, as part of the mass 'orchestra', on Wednesday, 29<sup>th</sup> August, at the Sydney Opera House. Congratulations to Brittany R who played a solo during the concert. Many thanks to Dr Sue Thorvaldson for her leadership, inspiration and dedication to these children and our music program.
- Hornsby Zone Athletics Carnival at Narrabeen on Wednesday 29th August saw many of our athletes attaining personal bests in many of their events. Many thanks to Claire Smylie for her great management of our team on the day - she also took many unbelievable 'action' shots of our competitors. Congratulations to:

 $2^{nd}$  in 800m and  $4^{th}$  in 200m Sam P 0

2<sup>nd</sup> in 800m Edward B Jordan S, Ella W, Carla S 5<sup>th</sup> in 800m (3) 3<sup>rd</sup> in Long Jump 0 Nicholas B 4<sup>th</sup> in Long Jump

Sam P and Edward B will be competing at the Area Carnival on Monday 10<sup>th</sup> September. Good luck boys.

- Teddy Bear's Picnic...Kindergarten went to Muogamurra for a fun filled day of environmental studies.
- Friday saw the staff cooking and serving up bacon and eggs for the fathers and their children. Happy Fathers Day to all our terrific dads and many thanks to the canteen for supplying the food, Simon Stebbins and Glenn Pritchard for organising the event and all the teachers for their hard work and support.
- Monday 3<sup>rd</sup> September, our choir performed as part of a mass choir at the Sydney Opera House, and didn't they sound like 'angels'. Many thanks, Mrs Sheldon.

## REPRESENTATIVE SHIRTS

Please ensure you have returned your 'rep' shirt to the uniform shop ASAP. All winter PSSA competitors should have returned your shirts by now. If you have lost your shirt check with the Uniform Shop as to how much you need to pay for the lost shirt.

#### SASS RECOGNITION WEEK

This week is SASS (School Administrative and Support Staff) Recognition Week. This is time for us to recognise the amazing have her husband, Mark, working on the Berowra Waters Rd work our 'SASS' team - Karen Kitchener, Vicky Rode, Lynne Lee, Fred Kitchener, Charmian Steel and Judy Watson, does for

> Every day of the school year our SASS Staff face new challenges in the running of our schools and the provision of the quality education which our children will need for life in the 21st century. They are constantly adapting to change so that our children can have the best education possible. SASS Staff are a dedicated group of professional workers who are often overlooked in the school setting. Recognition Week gives the whole school the opportunity to demonstrate to SASS Staff that they are valued members of the school community.

Unhelpful thinking makes you feel more upset. Think again. Unhelpful thinking isn't necessarily true and makes you feel worse. Helpful thinking makes you feel better because it is more accurate and helps you work out what to do.

Gently challenge self-defeating talk (e.g. I can't do this, I'm hopeless, dumb, useless) and helpless behaviour (giving up easily, expecting others to do things for them). Suggest they use helpful thinking instead...."I made a mistake but everyone makes mistakes sometimes". Encourage them to learn from their mistakes and get on with life!

#### LITERACY MEETING

On Monday, 17th September at 6:30pm we will run our next Parent Information Session. This session will outline how we teach 'Text Types' throughout the school. This will explain how children learn to write narratives, expositions, explanations, etc. Also, we will include ideas on how you can help your children improve and enhance their writing at home. All welcome. This will be held in the 6W classroom – before the P&C meeting at 7:30pm.

Our triumphant Senior Boys Soccer Team



#### **CARPENTER REQUIRED**

If there is a carpenter in our school community willing to quote on some internal alterations to one of your buildings, it would be much appreciated. Please contact the office.

#### Berowra Fete

6A is running a Second Hand Book stall at the Berowra School Fete later in the year.

We are now collecting books to sell so if anyone has any books they would like to donate to the stall, you can drop them off in the old school office fover.

All donations will be gratefully received but please no text books, encyclopaedias or ripped or torn books.

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#### THE CREST

Just a reminder that next term the Crest becomes 'paperless'. The Crest is uploaded each fortnight onto the school website and so if you have missed your copy you can always find it there. Thank you to the parents who have sent in a note or email to express their wishes on how they would prefer to receive their Crest fortnightly.

#### **UNIFORMS**

With this warmer spring weather, summer uniform is optional.

#### WHAT TO EXPECT IN HIGH SCHOOL

The transition from primary to high school often creates in kids a mix of anxiety and excitement. Two videos feature Year 7 students giving great tips about life in high school - making friends, trying out new things, getting organised and planning assignments and study. Informative and fun.

http://www.schools.nsw.edu.au/gotoschool/highschool/ Go to: index.php

Dianne Bower Principal

Head Lice - Head lice are becoming a big problem at school at the moment. PLEASE check your child's head for any signs of lice, either the sticky eggs on the hair shaft or the lice themselves. Head lice love clean hair so washing in normal shampoo only makes their life more comfortable.

You can speak to the local chemist about treatments or simply Mrs Sheldon smother the hair in conditioner and use a fine tooth comb to methodically comb out the lice and eggs. Keeping long hair tied back and not sharing hats also reduce the risk of catching lice. Everyone needs to be vigilant about head lice for the problem to be eradicated.

Library News - What an amazing day! The children and staff celebrated Book Week 2012 with enthusiasm and delight.

I was extremely proud of all the Kindergarten, Year 1 and Year 2 children who dressed as their favourite book character for our parade. All the stars were there on stage. We had visits from Harry Potter, Sponge Bob Square Pants, Cinderella, Snow White, 101 Dalmatians, Spiderman, Batman, Fairies, K-nut the Viking and many more.

We were privileged to experience and enjoy a special performance from the celebrity characters of "Wombat Stew". Thank you all the talented Stage 1 teachers and Mrs Bower who made us cry with laughter.

The finale showcased the talents of K, I and 2 with a return performance of "Wombat Wobble". Thank you to all parents, families and friends who came to support this annual event.

At 10am the children in Years 3-6 were immersed in the sets, costumes, music and magic of opera for the story of Hansel and Gretel. The children thoroughly enjoyed their taste of opera.

There was much laughter in the hall at 12pm when Stage 1 children and staff were entranced and entertained by the highly professional magician Greg in his show called "Hocus Pocus".

After lunch the whole school came together in 26 groups to test their knowledge of literature and the Olympics.

The children enjoyed the challenges and the prizes, and worked well together. Team 7 were the winners, Team 5 came second and Team 15 came third.

I would like to extend my appreciation to Mrs Beckedahl, Mr Chivers. Mrs McIntyre and Mr Pritchard for their help in setting up the outdoor stage for the parade and Mrs Layson, Mrs Pickering, Mrs Withford and Mrs Sheldon for their help with the Trivia Competition.

During Term 2, Class 6A, 5G and 4/5C listened and enjoyed the amazing story "The Invention Of Hugo Cabret" By Brian Selznick. The students were encouraged to design a promotional poster for the book in black and white. The standard of work was inspiring

and their efforts are on display in the Library.

The following students were awarded with book prizes for their sensational artwork. Amy T, Tia M, Brittany R, Hannah B, Tahli W, Sandra M, Beau J, Daniel A and Sienna O.

Thank you to Mrs Bower and Mrs Smith for entrusting the Berowra Public School Library to me since Term 2.

I have enjoyed immersing Berowra students in quality children's literature, teaching them skills in Visual Arts and helping staff with Teacher's Resources.

The smooth running of the Library depends on the dedication of a professional team. I have been extremely fortunate to work with Mrs Lee, Mrs Wood, Mrs Lukic and Library Monitors Amy, Maddie and Rhian.

Thank you and keep reading.

Mrs Scanes

### **Performing Arts News**

On Monday night, members of our Senior Choir performed as part of the Arts North Primary Choral Festival. This is the third year we have been chosen to be a part of this prestigious concert, held at no lesser venue than the Sydney Opera House. The children performed brilliantly and represented our school admirably.

And speaking of the Opera House, some of our recorder players have been busy performing there too. Special mention must go to Brittany R. who performed not only with our school, but as part of a regional Arts North group. What a tremendous array of performing arts talent we have at our school. Well done children!



# **Senior Boys Soccer Team**

Last Friday senior boys soccer played in the Hornsby Zone PSSA grand final against Warrawee, On a sunny afternoon the team played really well, working hard throughout the game and won. The score at half time was 2-0.

Shortly after half time Warrawee got a goal back, but with about 5 minutes to go with a great team move we made it 3-1.

Thankfully, to some great defending by all the defenders and some great goalkeeping by Joe P, the score remained 3-1 and we won the cup.

Goal scorers were Liam - 1 and Edward - 2.

By Edward B 6W

Diary Dates		
Dance Party	Friday	7/9
Council Elections	Saturday	8/9
Kindy 2013 Fun Day	Thurs	13/9
Musica rehearsal 9-11am	Fri	14/9
Musica performance 7pm at Community Centre	e Fri	14/9
BPS shopping Tour	Sat	15/9
Last day of Term 3	Friday	21/9
Staff and Students return for Term 4	Mon	8/10
Kindy 2013 Beginner Groups	Mon-Thurs 1	5/10-8/11
MADD Night at BPS hall	Mon	
School photo days	Mon & Tues	
Kindergarten 2013 Orientation Day	Thurs	
BPS Fete	Sat	24/11
Stage 3 Broken Bay excursion	Wed-Fri	
Twilight Concert and Carols by Candlelight	Fri	7/12
Presentation Day	Thurs	-
Stage 3 Surf Education	Friday	
Year 6 Farewell	Mon	17/12
Stage 2 & 3 Picnic Day	Tues	18/12
Last day of Term 4	Wed	19/12
Staff Development Days	Thurs & Fri	20-21/12
Staff return for 2013	Tues	29/1/13
Year 1-6 students return for 2013	Wed	00, ., .0
Kindergarten 2013 Best Start testing	Wed-Fri	30/1-1/2
Kindergarten 2013 start school	Mon	4/2/13

School Support Group News - Thanks to everyone who helped at the Father's Day stall. I hope all the dads had a lovely day and enjoyed their presents.

Thanks also to everyone who baked for the book parade. There was a great selection of cakes.

We have a couple of things coming up this weekend. Firstly, the disco this Friday night. Tickets are still available. Secondly, we are holding a BBQ and cake stall on election day this Saturday. All donations of cakes will be greatly appreciated. They can be dropped off at the canteen on Friday evening when kids are picked up from the disco or on Saturday morning.

### Bus Shopping Trip - Saturday 15th September

There are still a few seats left on the Shopping Trip bus. It is a fun day out and we stop at some great outlets. Lunch is included at St George Rowers Club and the cost is only \$59.00. Contact Bronwyn Mills 9456 3962 if you are interested.

Canteen News - There will be a canteen meeting on Monday 17th September at 2:30pm in Mrs Bower's office. All welcome. The canteen donated the food for the Father's Day breakfast which was a great success. Thanks to the teachers for cook-

Tuesday 18th September is Pizza Day. Order forms will be sent out next week.

#### Canteen Roster

G Smith, P Smith Thursday 6/9

Friday 7/9 L Peltonen, V Eliasson, T White

Monday 10/9 M Triebel, R Persson Thursday 13/9 C Stone, H Stephenson

G Gates, K Last 14/9 Friday Monday 17/9 J Mihalarias, C Harriss

### **Uniform Shop** - New uniform items

Black fleece jackets - worn with or without grey jumper/jacket New skort (girls)

Dance pants (girls)

Uniform Shop AGM

If you are interested in becoming involved with the school, become a member of the Uniform Shop Committee. Join us at our annual general meeting to be held at the P&C meeting in October. All positions will be available.

#### **General information**

- Opening times—Monday 9–10am and Thursday 3–3.45pm.
- Cash refunds unavailable—a cheque will be forwarded.
- All returns need to have a returns form attached.

## Uniform Shop Roster

Thursday S Horner, H Anstice, J Clayton 6/9 Monday 10/9 V Eliasson, J McKendrick Thursday 13/9 S Williams, R Stoner, G Smith Monday 17/9 T Allen, A Lucas, S Van Rossum



# Berowra RSL Youth Swimming Club

Registration for 2012/13 Season Saturday 15/9/12 10:am—2:00pm Berowra Heights IGA or Online at www.berowrarsIswimclub.org

Registration fees - \$70 for an individual or \$120 for a family Pool entry is \$4.00 per person or \$15 for family of four or more

The season starts on Sunday 7<sup>th</sup> October, 9:00am – 11:30amAbbotsleigh Aquatic Centre

Any queries please contact Michael McAlister on 0403 750 900 or Elizabeth Russell on 9456 0195.

For further information and to download the registration form please visit our website at www.berowrarslswimclub.org



#### On sale before school from 8:50 to 9:20

Legacy badges, wrist bands and pens will be on sale before school in the playground on Thursday and Friday this week and Monday, Tuesday and Wednesday next week.

**Badges** \$1, \$2, \$5, \$10, \$20 & \$50

Wrist bands Pens

# Glass Hand Prints Glass by Moore

Bring your kids, family, friends and have your hands / feet immortalized in glass at our studio in Gosford. Make great gifts.

To book please contact Suzanne Moore glassbymoore@yahoo.com Ph 0405 ART ART Unit 7/411, Manns Rd, Gosford.







### **KIDS PRINTS 3YRS/16YRS**

1 hand \$30, 2 hands \$50, 2 hands 2 feet \$110 **ADULTS PRINTS 17YRS +** 

1 hand \$40 2 hands \$70 2 hands 2 feet \$150 Prints can be framed.

Please see Suzanne at school pick up to see samples

# Great for Gifts



# **Action Indoor Sports Mt Kuring-Gai**

New Indoor Sports Centre and Learn to Swim Pool
Junior/Senior Soccer, Netball, Cricket Birthday Parties
Opening October 2012

7 Gundah Rd, Mt Kuring-Gai www.aismtkuring-gai.com.au

Email: info@aismtkuring-gai.com.au Ph: 9875 2144 or 0434 300 872



## CREATIVE BEROWRA MARKET

Join us for spring celebrations Sunday 9th September 9am – 2pm

Gourmet Food, Live Music, Fresh Produce, Arts, Crafts, Clothing, Sustainable /Fair Trade Goods & much more.

Kids & toddlers jumping castle, face painting, FREE drumming circle

Celebrate creativity in our local community. www.creativeberowra.com.au





# Children's Meditation, Relaxation & Yoga Class

## Wednesday's 4pm at Mt Kuring-gai

Kids learn muscle relaxation, simple yoga poses and breathing techniques to help with everyday life, disturbed sleep, anxiety and more.

Book a place for Term 4 starting 10<sup>th</sup> October. www.movingbodiescentre.com.au

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