

Berowra Staff News

Congratulations to **Mrs Elizabeth Beckedahl**. Mrs Beckedahl was successful in her application for Assistant Principal at Berowra Public School. She is now 'officially' Assistant Principal at BPS.

Mrs Beckedahl has been an exceptional leader and teacher during her time here as relieving Assistant Principal and we are indeed fortunate to have her here permanently. Welcome to BPS, Mrs Beckedahl.

Congratulations to **Mrs Sally Till**. Mrs Till has been 'seconded' to Ryde DEC office in the capacity of Best Start Literacy Consultant. She will be there for the rest of this year, working with other schools in a leadership capacity. Good luck in your new role, Mrs Till.

Mr Adam Spencer, from Hornsby South PS, will be relieving Assistant Principal for Stage Three, and teach 5/6T, for the remainder of the year. Welcome to BPS Mr Spencer.

Hornsby Music Festival

Monday 12th August and on Wednesday, 14th August, the Hornsby Music Festival for nine community schools was held. These concerts showcase the talents and skills of students and teachers across the Hornsby District. Berowra featured many items (Concert Band, Girls and Boys Dance Groups, Junior Choir, Bellbirds Recorder Group and Opera House Choir) and I congratulate the students on their performances. All our children shone! Their behaviour, as always, was exemplary also. Congratulations to Ella T and Aaron S (our school captains) who compered the festival.

Without any bias, I thought the Berowra students stood out and were amazing! I know many parents and grandparents attended the concert and were impressed with the performances. Many thanks to Mrs Layson, Mrs Sheldon, Mrs Lukic, Dr Thorvaldson and Mrs Amanda Gillard, – who trained/taught/conducted/accompanied/choreographed these groups. Many thanks to Liz W who transported all the music stands and larger instruments in her car to and from the festival.

Also, we are extremely fortunate at BPS where we have such exceptional teachers who organise these events and groups. Many thanks to Liz Sheldon, who also conducted the combined choir, for all her leadership in putting this event together for our school.

Sydney Symphony Symposium

Last Thursday I was lucky enough to be invited to attend the Band Sydney Symphony Symposium Excursion. We caught the train to and from the city and I was so proud to have a few commuters comment on our well behaved students. One man also stated that he sees many schools on the trains and he was amazed at how settled, responsible and courteous our children were. Well done, children, you are positive ambassadors for BPS.

Fun Run

Just a reminder that our Fun Run is on Friday, 6th September. Everyone is welcome to come and cheer the students in this exciting venture.

Swim School

A very fortunate group of our students will be attending swim school next week. How amazing is contemporary school life. The importance of the experience relates to the purpose of Water Safety Education which is primarily concerned with the prevention of drowning. Since 1954, the NSW Department of Education School Swimming Scheme continues to be an intensive learn to swim program, which develops water confidence and provides students with

MONEY COLLECTION DAYS

Please note that money collection days at Berowra Public School are **Tuesdays** and **Thursdays only.**



For security of payments it would be appreciated if money <u>only</u> be sent to school on these days in a signed payment envelope.

We have only two days a week allocated to receipt money so please remind your child to give it <u>to</u> <u>their teacher in the morning</u> as receipting and banking are completed during the day. Correct money is appreciated as the office is unable to hold change.

Please do not hand payments in after school. Handing money into the office may result in confusion and your child's name not being marked off as paid for sport, excursions and activities.

Any payments for the choir, drama, interschool sport or extra curricular activities as well as P&C or Support Group fundraisers can also be handed to the class teacher.

Thank you for your cooperation.

basic skills in water safety and survival. We hope our attending students enjoy the program and become better equipped to survive in the water.	We need your votes to help us win \$5,000 to improve our school!
Congratulations to Riley B (3B) who was 9 th in Australia and 37 th in the World in the Hall of Fame for Mathletics this Monday. Year 3B was also 9 th in Australia, thanks to his efforts!	Last call for your votes to help us win \$5,000 to improve our school!
Essay writing structure Structuring an essay is easy when you know how. There are many	There's just a few days left to vote for our school to win \$5,000 in this year's CUA Community Care pro- gram.
different types of essays (or responses) and they can have many purposes, but the basic structure is the same. This fact sheet let's you in on the secret. Find out more: https://www.det.nsw.edu.au/eppcontent/glossary/app/resource/ factsheet/4116.pdf	The votes have been coming in fast, which is great but we still need many more. Thank you to every- one who has already voted and if you haven't voted yet, please do. Voting closes on 23 August.
Benefits of under-scheduling your child With the very best of intentions, when you're rushing to fit in soc- cer training, swimming and music lessons, it can be hard to keep hold of the magic stare-into-space, muck-about moments in chil-	A reminder on how to vote: register your vote at <u>www.cuacommunitycare.com.au</u> or go to the local CUA branch in Hornsby Westfield (near Woolworths). Don't forget – you can make a vote once online and once in the branch.
dren's lives. Find out more: http://www.schoolatoz.nsw.edu.au/wellbeing/ health/benefits-of-underscheduling-your-child	We're up against other schools in the area and it's down to who gets the most community votes. So, please ask your friends and family to give their sup- port and place a vote as well! Thank you once again for your support. We'll keep
Staying private on Facebook Do you know how to untag photos and keep your Facebook page	you posted on how we go.
private? Read this and share with your kids. Find out more: http://www.smh.com.au/digital-life/consumer- security/how-to-stay-private-on-facebook-20130730-2qvn1.html	ENROL NOW FOR KINDERGARTEN 2014
Reading to your child in your home language Parents who have a language background other than English and who read to their children in their native tongue are giving them a valuable gift. Find out more: http://www.schoolatoz.nsw.edu.au/homework- and-study/english/english-tips/how-shopping-can-help-your-child- to-read/reading-to-your-child-in-your-home-language	school next year make sure they are enrolled. Our orientation programs begin this term and
Di Bower Principal	For more information contact the school office on 9456 1319.
BAND - Congratulation to the Concert Band who performed at the Hornsby District Music Festival - what a great start to a fantastic concert!	Student Parliament
Our excursion to hear the Sydney sinfonia was a wonderful experi- ence. The orchestra played several pieces and the band learned about the orchestra. All band members were extremely well be- haved on the train. A credit to Berowra Public School. The combined Musica rehearsal on Tuesday was very well attend- ed. There were about 80 musicians playing. Well done everyone! Sepecial thanks to all the parent s for their support and assistance. Any questions or quieries?	On Thursday 8th August, Berowra Public School held their second parliament sitting for term 3. One out of three motions was passed. It was that Mrs Clayton should stay for tem 4. This went to the Minister for Education. The other two motions that didn't pass were: we should have shelter over all the paths and to buy tongs and buckets to pick up litter. That was parliament this week.
Amanda Gillard 9456 2908 bpsband@hotmail.com	Tamara B—Secretary

LIBRARY NEWS - **BOOK WEEK IS HERE!!** As we celebrate "Read Around the Universe", the theme for Book Week 2013, our Berowra students will be engaged in a wide variety of Literary events to make the week an enjoyable, fun-filled learning experience for all!

Book Week author TINA MATTHEWS will visit our school on THURSDAY 22ND at 9.20 am for Kindy and years 1 and 2. She will introduce the children to her books and they will get to meet a "real live author" for a fun and exciting step inside the world of books. She is very talented and comes highly recommended with her interactive show. She may even bring her guitar! Please remember to pay **\$5.00** by Thursday.

GREG HUDSON'S "HOCUS POCUS" show enthralled the year 3 to 6 students. I know I will have to stock up on more Magic Trick books for the library after the children were treated to an amazing variety of all things magnificently magic! Thank you Greg!

THURSDAY 22ND is our BOOK CHARACTER PARADE... 12.00 noon in Hall. Years Kindy, 1 and 2 are very excited! For Kindy it is their first Parade and they have been talking about it for weeks! Years 3 to 6 are invited to join in the fun if they come as a group of characters from a novel, eg "The Lion, Witch and Wardrobe", "Wizard of Oz" or any novel they have enjoyed. Parade should finish after lunch.

THURSDAY LITERARY TRIVIA. The WHOLE school is involved in questions about all things literary as the children battle to be the 2013 Trivia Champs! Hopefully the weather will be nice enough to have our groups outside the Library.

COLOURING IN COMPETITION due in this week . Please leave in the Library. Thank you to our wonderful Parliamentary committee of Communications and Research who organised this event. Well done girls!

Looking forward to a fantastic week. Thankyou parents, teachers and children for getting into the spirit of things.

LIBRARY BOOK DONATIONS ... are ready to be given out this week and next. Thank you again parents, grandparents and friends for your wondrous generosity of 100 new books for our Library!

Jennie Smith Librarian



Drama groups at school after Dress Rehearsal.

Tired but happy performers who did an wonderful job at NIDA this year.

We are very proud of them



CANTEEN LUNCHTIME SPECIAL DAYS				
Tues 3rd September	Boscaiola Pasta Day	Pasta with bacon, onion & mushroom served with or without garlic bread\$4.00 with garlic bread\$3.50 without garlic		
Tues 17th September	Hot Dog Day	Hot dog with a choice of cheese, mustard and sauce	\$3.00 each	
**** As the canteen has to order for special days, <u>no late orders can be accepted</u> **** after the closing date on order forms				

SPORT NEWS - The Hornsby Winter PSSA has now finished for 2013. Berowra Public School was proudly represented by boys and girls in soccer, netball and AFL. Each team achieved excellent results while demonstrating outstanding sportsmanship and an obvious enjoyment for their sports.

Final placings for the soccer and netball teams were:

<u>Netball</u>		<u>Soccer</u>	
Junior	8th	Junior	5th - narrowly missing the finals by 1 point!
Senior	10th	Senior	4th
		Girls	5th

Congratulations to the Senior Boys' Soccer Team for qualifying for the semi-finals. Their performance against Hornsby North Public School last Friday was inspirational. The boys conceded a goal in extra time with the final kick of the game to lose 1-0.

A big thanks to Ms Griffin, Mrs Bower and Mrs Beckedahl for all of their coaching and umpiring this season.

Taran Jones Sports Coordinator

MUSIC NEWS - Amped Up's Open Day Performance - Amped Up had their first performance for the year at the school's open day on the 30th July. I was a bit nervous for them as progress had been a little slow so I assisted slightly, hiding off stage but I needn't have bothered. They played brilliantly and sounded great performing April Sun in Cuba, Proud Mary (a band favourite), Boogie Shoes, I'm Yours and I'm a Believer. The entire school hall crowd got right behind them at the end with an encore of I'm a Believer getting everyone up and dancing, teachers included. Vanessa and I are very proud of the band and we are now preparing to represent the school by invitation from the president of Wahroonga Public Schools P & C at their fete on 7th September.

Mike

Amped Up Band Director

UNIFORM SHOP - Pixie hats are on sale!

Uniform Shop General Information

- Opening MON 9–10am & THURS 3–3.30pm
- No cash refunds available, cheque only (Uniform Shop cheques will be cancelled if they are not presented within 12 months of the date of issue)
- All returns need to have a returns form attached

COMMUNITY NEWS

The annual <u>'Bushland Festival'</u> is being held on 15th September in Fagan Park, Galston. A massive country style festival with stalls, rides, show ring entertainment and music from Golden Guitar winners; there's heaps to do for the whole family. Visit Hornsby.nsw.gov.au for more details.

Uniform Shop Roster

P Smith, N Steele, J Bliss

R Walton, J Ludlow, T Andis

C Jones, K Murphy, B Jones

L Peltonen, S Parker, H Anstice

Thursday 22/8

Monday 26/8

Thursday 29/8

Monday 2/9

Sunshine Transition to Work Info Session - Join us at one of two info sessions for parents, students & teachers.

When:	Thurs 29/8	Thurs 5/9
Time:	6:30-7:30pm	10:30-11:30am
Where:	Hornsby Library N	1ain Meeting Room

RSVP: by Monday 26/8/13 Erica Jackel, transitiontowork@sunshinelgd.org.au or 0408 529 641 or 9479 6013

<u>Positive Partnerships Workshops</u> - free two day workshop and information sessions for parents/carers of school age students on the autism spectrum.

When: Tues 10/9 & Wed 11/9

Time: Day 1—9am-4.30pm Day 2– 9am-3.30pm

Where: Hornsby RSL Club, 4 high St, Hornsby

Online registrations preferred at www.positivepartnerships.com.au Info line: 1300 881 971

Each week <u>Single with Children</u> provides fun and exciting activities for single parents and their children with many activities being subsidised or free. It's a great way to meet and get to know people in your area.

To find out more and get a FREE copy of our social calendar, call us today on 1300 300 496 or check out our web site: www.singlewithchildren.com.au

NOTES YOU MAY HAVE MISSED					
Sent Out	Subject	Distribution	Response		
20/2	Classroom resources	K-6	9/4	KB	Abigail C, Alex M, Cayleigh H
8/5	Voluntary School Contribution	K-2	ASAP		
24/7	Life Education	K-4	15/8	KP	EmilyC, Annaliese S
31/7	Fun-a-thon	K-6	5/9	KY	Zeke J, Charlotte S
7/8	Book Week	K-6	13/8	1C	Drew S, Anthony L
7/8	Teddy Bears Picnic	К	22/8	4K	Tamara W, Joshua A, Francesca N
7/8	Fun-a-thon sponsorship	K-6	-		
7/8	CUA Community Care program	K-6	-	5/6G	Charlotte S, Nick B, Freya S
21/8	Canteen Special Days—Pasta	K-2	30/8	5/6T	Maham H, Kirstyn S, Clarie M
21/8	Mougamarra	Year 1	10/9		1

ELECTION DAY Sausage Sizzle & Cake Stall Saturday 7th September 2013

нi	everyone
1 11	everyone

Berowra Public School Support Group and BOOSH Cottage are once again teaming up to hold a Fundraiser Sausage Sizzle & Cake Stall on Election Day. The amazing Berowra APEX guys will again, give their support and provide their BBQ and fun hard working selves and cook sausages for us. We are so lucky to have them on board.

We would appreciate the help of parents in providing cakes to sell at the cake stall. Plus, and equally as important, we will need lots of help on the day. If you are able to spare an hour or two when you come up to vote and help out please complete the timetable below and return to the school office or BOOSH Cottage ASAP.

Cakes will be accepted from Friday 6th September and can be delivered to the Canteen or BOOSH Cottage and/ or onsite throughout Saturday.

BOOSH Cottage will be open from 6.30am and the canteen will be open between 9am and 3pm on Friday 6th September.

Your help and support is very much appreciated. Thank you

BPS Ele	ction Day Sau	sage Sizzle & (Cake Stall	Saturday 7 th Septer	ber 2013
NAME:		CHIL	.DS NAME:		CLASS:
CONTACT No					
I am able to help or	ı the day and would	like to request the f	ollowing shift. (Ple	ease tick as many boxes as	you wish)
6am – 8am (Set-up)	8am – 10am	10am – 12 noon	12pm – 2pm	2pm – 4pm (Pack-Up)	Other Specify longer or shorter

А	Approximate Term 3 Expenses			
Kindy \$16 Teddy Bears Picnic				
	\$11	NAIDOC		
	\$5	Book Week event		
	\$10	Life Education		
Year 1	\$14	Muogamarra excursion		
	\$11	NAIDOC		
	\$5	Book Week event		
	\$10	Life Education		
Year 2	\$14	Muogamarra excursion		
	\$11	NAIDOC		
	\$5	Book Week event		
	\$10	Life Education		
	\$78	Special Swimming Scheme		
Year 3	\$11	NAIDOC		
	\$5	Book Week event		
	\$10	Life Education		
If attending	\$78	Special Swimming Scheme		
Year 4	\$11	NAIDOC		
	\$5	Book Week event		
	\$10	Life Education		
If attending	\$78	Special Swimming Scheme		
Year 5	balance	Canberra/ski excursion		
	\$11	NAIDOC		
	\$5	Book Week event		
If attending	\$78	Special Swimming Scheme		
Year 6	balance	Canberra/ski excursion		
	\$11	NAIDOC		
	\$5	Book Week event		
If attending	\$78	Special Swimming Scheme		

	Diary Dates
August	
19 - 23	Book Week
Thurs 22	Book Week event for K-Year 2
Thurs 22	Book Week Character Parade
Thurs 22	Book Week Trivia Competition
26 - 6/9	Special Swimming Scheme
28 – 2/9	Life Education visiting
Tues 27	Fathers Day Stall
Thurs 29	Kindy Teddy Bears Picnic, Muogamarra
Fri 30	Kindy Teddy Bears Picnic, Muogamarra
Fri 30	P&C Fathers Day breakfast
Septembe	r
Tues 3	Canteen Pasta Day
Fri 6	BPS Fun-a-thon
Sat 7	Federal Election - sausage sizzle & stalls
9 - 11	Stage 3 Canberra/ski excursion
Fri 13	Berowra Musica at Community Centre
Mon 16	Years 1 & 2 Muogamarra excursion
Tues 17	Canteen Hot Dog Day
Wed 18	Kindy 2014 Fun Day
Thurs 19	Years 1 & 2 Muogamarra excursion
Fri 20	Last day of Term 3
October	
Tues 8	First day back for Term 4 students/staff
14 - 24	Kindy 2014 'Ready-Steady-Go' program
Sat 19	Family Portraits
Mon 21	M.A.D.D. Night
November	r
Wed 13	Kindy 2104 Orientation Day
Thurs 28	Twilight Concert
December	
Tues 10	Stage 1 Christmas Concert
Thurs 12	Presentation Day at Community Centre
Mon 16	Celebration of Learning Assembly

Mon 16

Tues 17

Wed 18

Thurs 19

Fri 20

Year 6 Farewell

K-6 Picnic Day

Last day for students

Staff Development Day

Staff Development Day



Waratah Pre School

12 Waratah Road Berowra NSW 2081 Phone: 02 9456 3434 <u>Waratahpre_school@bigpond.com</u> www.waratahpreschool.com.au



Long Day 7:30am ~ 5:30pm Short Day 8:30am ~ 3:30pm Children aged 2 ~ 6years, Accredited Centre Experienced and Qualified Staff Extra programs: Music, Creative Dancing,

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GUITAR LESSONS in Berowra



EXTENSIONS & NEW HOMES



HOME DESIGNS & PLANS FROM CONCEPT TO COMPLETION!

- Innovative, functional designs to suit your lifestyle and budget
- · Experienced with your local council
- Increase the value of your home & improve your lifestyle



www.lifestylehomedesigns.com.au

ASQUITH BOYS HIGH SCHOOL

Scholarship opportunities are being offered to acknowledge, encourage and extend students showing academic distinction or demonstrated excellence in creative & performing arts





Money collection days are Tuesdays and Thursdays only. Please do not send money to 🖌 school any other day.

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Language of resilient schools & families

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Michael Grose

"Man up, girls!"

This is one of the terms used by teachers in an Australian girls' school to encourage girls to step up when things get tough. As the school head readily admits, it's not quite politically correct gender-wise, but this doesn't deter teachers, nor her, from using it.

The term has an impact because the narrative of persistence and striving that it represents is understood by teachers, students and parents.

Resilient schools develop their own words and phrases to help students get through the inevitable tough times that they experiences. The language of resilience is generally built around the following seven areas:

1. Coping

Resilient children use a variety of simple coping strategies such as humour, relaxation, normalisation and acceptance when they experience social or personal hardships.

Language of coping: "You've got to laugh!" "You will get through this!" "Some things you just can't change!' "Everyone feels that way sometimes."

2. Courage

Resilient children and young people take learning and social risks, and know that things won't always go their way. Rejection and failure aren't taken personally.

° W Language of courage: "What's the worst thing that can happen?" "Take a smart risk." "You got to develop the courage to be imperfect."

3. Persistence

The ability to keep persevering in the face of difficulty is a characteristic of resilience that leads to success in the classroom, on the sports field or other fields of endeavour, in the schoolyard and beyond. Language of persistence: "Have another go." "Hang tough!" "Push through the hard stuff to get the rewards."

4. Relationships

Resilient kids are able develop and maintain strong relationships with a number of peers over time. They are supportive of others ; they can handle common conflict situations and don't take rejection personally. Language of relationships: "Is that how a good friend acts?" "Who have you spoken to about this?" "It's not all about you!"

5. Thinking

Children may not be able to control a situation, but they can control how they look at, and think about an event. Resilient kids look for the positive side in negative situations, and see negative events as temporary. Reframing, remaining flexible and using realistic language are common resilience traits. Language of resilient thinking: "Look on the bright side." "Let's look at this another way?" "It's not a disaster. It's just unpleasant!" "Where does this fit on the disaster scale?"

6. Problem-solving

Resilient children and young people have feelings of personal competence that come from resolving their problems and challenges. This develops the expectation that they can overcome fresh challenges, just as they have in the past.

Language of problem-solving: "How can you work this out?" "What's the first step?" "Let's set some goals together."

7. Learning

Resilient children and young people learn from negative situations, and importantly develop greater awareness of their own strengths. Self-knowledge is perhaps the best knowledge of all that we can impart to children.

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Father's Day Stall Tuesday 27th August This year we will be holding the stall on Tuesday 27th August. Gifts will range from \$1.50 to \$9.00 Your child can purchase gifts for Dad, Uncles and Grandpas etc. There will be a wide choice available. Please remember to give your child money and a **bag** to put the gift in on the day. Thank you School Support Group FURG andar Art/Photo Calenders \$11.00 each Greeting Cards \$13.00 Mouse Mats \$13.00 each Diary \$15.00 iPhone covers \$15.00 each Every child has completed an artwork in class (no obligation to buy) A single or family photo can be used if preferred, or in addition to the artwork (landscape only) Collages of photos are also acceptable Makes a practical, yet very personal Christmas present for family and friends Cheap to post overseas for Christmas presents Great present for grandparents More than one calendar/card pack can be ordered All original artwork and photos will be returned with finished Return order form, full payment and photos no later than **Tuesday 17th September 2013** Please make cheques payable to BPS School Support Group Sample calendars and greeting cards can be viewed in the office noticeboard and sample calendars in most class rooms. Your child's artwork can be viewed at school Wednesday 11th & Friday 13th September at benches/tables by BOOSH in the afternoon 3.10pm - 3.40pm Calendars will be sent home during term 4. If you have any queries, please contact Sarah Williams (School Support group) 0412999101