



# Berowra

## Public School

# The Crest

Wednesday 10th December 2014  
Term 4 Week 10

Phone 9456 1319

website - <http://www.berowra-p.schools.nsw.edu.au>

It's hard to believe that we are at the final weeks of Term 4. School organisation for the beginning of 2015 is well under way. At this stage we are anticipating 16 classes in 2015. This is decrease of one class to our school.

Now that assessments have concluded, our teachers have prepared Semester 2 reports and we are working on establishing 2015 class lists. We would like to begin the new school year on day one with our students in their new classes. There are many considerations when creating classes. These include student work habits, friendships, class dynamics, teachers' qualities and numbers per class. Much thought and consideration goes into this process to ensure the right combinations of children are placed together.

Tomorrow, 11<sup>th</sup> December we will be holding our annual **Presentation Day Assembly**. This special event for the whole school allows us to celebrate student achievement and announce our student leaders for 2015. Whilst all children have made progress and achieved success during 2014, not all will be individually recognised on this day. Those parents whose children are receiving awards will have received a letter regarding this achievement. We look forward to seeing you.

I would like to say thank you to our parents who have given us marvellous support this year whether it be at BBQs, as reading helpers, as P&C members, the list goes on. Where would we be and what could we do without you. Your support is greatly appreciated.

Also a big thank you and farewell to Liz Thompson and Erik Thorvaldson, who have led the school bands this semester; they will finish up at the end of this term and we thank them for their dedication and leadership of our bands.

I must take this opportunity to publicly acknowledge the work done by our teachers. They inspire, drive, motivate, correct, and demand the highest standards of their students. Their dedication, expertise and willingness to go the extra mile have provided a sure foundation for our students' successes and I commend them to you.

Our office staff, teacher's aides and general assistant ensure our school runs 'hiccups' free. These people are the 'backbone' of our school and continually guarantee the smooth running of BPS. The office staff is always approachable, supportive and happy to help with any enquiry.

The **Year 6 Graduation Dinner** is on Monday 15<sup>th</sup> December, at Asquith Golf Club. It is a time to celebrate your years together at Berowra Public School. It's a time to share those memories from Kindergarten, to remember that "favourite" teacher or event and to share your thoughts about the future. We hope that you will leave BPS with the skills needed to ensure a successful start to high school and the next phase of your life. Remember school is a two-way thing – you will only get out of it what you put in. You will have new "favourite" teachers, one of whom may inspire you the way I'm sure your Kindergarten teacher did. Sometimes you will start to think about what you will do for the rest of your life. So start high school with your best foot forward.

My message to you at this time is simple – "Dream the impossible, then make it possible". Set yourselves goals and work towards them. Don't be put off, strive to get there and you will succeed. Good luck in all you do and live a happy and fulfilling life. Don't forget to visit and share your successes no matter how small. Your teachers at Berowra will always be glad to hear what you are doing and celebrate with you!

**Wednesday, 17<sup>th</sup> December** at 3pm there will be a short final assembly in the hall, followed by the 'farewell arch' to say goodbye to our students who are leaving.

### K-2 Christmas Extravaganza

This was entertaining and brought a tear to many eyes...especially mine. Again I was so proud of our children and teachers. This 'professional' performance was an absolute joy to watch. The children loved every moment of their performance as did their parents! Many thanks to all our teachers for their dedication to your children's love of learning and performing.

On behalf of all the students, staff and parents I would like to thank **Mrs Sheldon** for all her amazing contributions to BPS. As I am sure you have heard, Mrs Sheldon has gained a promotion to Assistant Principal and will begin her new 'journey' at Gordon West PS next year. We are so happy for Mrs Sheldon but it will be very sad to say 'farewell' on the last day.

Mrs Sheldon has inspired so many of our children to follow their dreams and to be the best they can in what they attempt; whether in the classroom or musically. Her love of anything musical has inspired many children to enjoy music, singing and dance...you just need to watch the children while she conducts or teaches them.

### **NAIDOC Wall**

Our NAIDOC wall is now finished and I would like to thank Ms Wade for all her efforts and talents. Most of this wall was completed in her own time that she has volunteered to our school. Again, another example of the true dedication from all our teachers. Thanks so much Ms Wade, we all appreciate all you do for our school.

### **Classes for 2015**

- |                |                               |                            |                 |
|----------------|-------------------------------|----------------------------|-----------------|
| • Kindergarten | KRed - Mrs Butler             | KBlue - Mrs Layson         |                 |
| • Year 1       | 1F – Mrs Fenton/Mrs Wilkinson | 1C – Mrs Cabral            | 1T – Mrs Tonkes |
| • Year 2       | 2P – Mrs Pickering            | 2C – Mrs Cacitti/Mrs Smith | 2R – Ms Roberts |
| • Year 3       | 3A – Mrs Withford/Mrs Clayton | 3P – Mr Parkinson          |                 |
| • Year 3/4     | 3/4P – Mr Pritchard           |                            |                 |
| • Year 4       | 4W – Mr Wright                |                            |                 |
| • Year 5       | 5B – Mrs Bolger               | 5K – Mrs Kempe             |                 |
| • Year 6       | 6B – Mrs Beckedahl            | 6G – Miss Griffin          |                 |

I wish you every happiness for Christmas and the New Year and have a safe and happy holiday. I am looking forward to seeing you all back, refreshed and rejuvenated after the holidays, which hopefully will be warm and sunny!

*Di Bower*

Principal

**LIBRARY NEWS** - Happy Christmas and a safe and joyful holiday. Thank you to all the children who have returned their books. We still have quite a few outstanding books so please return them ASAP especially Year 6! Happy holiday reading!

Jennie Smith  
Librarian

**PERFORMING ARTS** - **Drama** - Junior Drama (Years 3 & 4) will present their Christmas play next Monday. They have been so busy this term and have done a great job getting the play "Christmas Decorations" ready.

Thank you everyone for your support of the Drama Groups this year. The children have learned so much. They are such a talented and creative bunch.

Auditions for the 2015 Drama Groups will take place in February next year.

Happy Christmas and holidays everyone.

Jennie Smith

**Amped Up** are playing at Hornsby Westfield from 12noon on Friday 19th December. Come along and support the kids if you can. We would love to see you there.

**Amped Up Auditions** - Amped Up are looking for new members so call Mike on 0413 034 080 for more information.

Mike Gordon

**SCHOOL BANKING** - The last day for school banking for this year was Tuesday 9th December. Banking will recommence on Tuesday 10th February (week 3) from 8:50am at the canteen.

If you would like more information about school banking please see Samantha on a Tuesday morning.

**UNIFORM SHOP - IMPORTANT NOTICE** - With the end of term fast approaching, the uniform shop needs to carry out a stock take. As a result our last 'open' day was Monday 8th December. We will be closed on Thursday 11th and Monday 15th for stock take. If you can't get to the uniform shop before we close, please fill in an order form and credit card form and give to the office. We will fill out the order and deliver it to your child's class or BOOSH. We will be open again on Tuesday 27th January from 12noon and Thursday 29th January from 3pm. Have a safe and happy holiday! See you in 2015!!!

Our roster for the first term will be available on our facebook page and we will also email it to all the volunteers.

Thank you to everyone who has supported us throughout the year. We would like to take this opportunity to wish everyone, students, teachers and parents alike, a very Merry Christmas and a safe and happy New Year.

Regards  
Steph, Katherine and Jo.

**LOST PROPERTY** - There are a number of items in the lost property area (outside the uniform shop). Any items that are labelled clearly are now in boxes, sorted alphabetically by last name. There are also items not labelled, but some are quite distinctive. Please come and collect any of your items before the end of term. Thank you.

**COMMUNITY NEWS** - It's a great time to try Hockey! Northern District Hockey Association will run a "Hookin2Hockey" program over 2 consecutive mornings in the LAST week of the SUMMER school holidays

When: Thursday 22<sup>nd</sup> & Friday 23<sup>rd</sup> of January 2015 Time: 9:30am – 11:30am

Venue: Pennant Hills Park Hockey Field, Britannia Street, Pennant Hills

Enquiries: Robert Nicoll 0438-119-729 [hookin2hockey@ndhockey.com.au](mailto:hookin2hockey@ndhockey.com.au). Online registration [www.ndhockey.com.au](http://www.ndhockey.com.au)

Year 2 was lucky enough to have the **Berowra Fire Fighters** and their two fire trucks come and visit us on Friday 5th December. They told us all about being a fire fighter and that it is more than just putting out fires that they do to help us stay safe.

We learnt some very important things including our emergency number **000**, **STOP DROP and ROLL** and **GET DOWN LOW AND GO, GO, GO!**

We got to go in the fire truck, see a full fireman outfit with tanks full of air and even use the fire hose! Thank you to the friendly fire fighters from Berowra Fire Station who came to visit and who keep our community safe.



Year 2



On the 11<sup>th</sup> of November I travelled to Brazil to play in the Danone Nations Cup. This football tournament for 12 year olds involved 32 countries from around the world including Brazil, Italy, Portugal, Chile and Spain.

Our team finished 15<sup>th</sup> out of the competing nations, beating Italy in a penalty shootout. We also beat China and Portugal but lost to Germany and Russia. It was an amazing experience and a thrill to see so many talented and skilful players from around the world.

**Sam P (Year 6)**



### NOTES YOU MAY HAVE MISSED

Sent Out	Subject	Distribution	Response before
26/11	Signature Bears	Year 6	4/12
26/11	Year 6 Farewell	Yrs 5 & 6	9/12

**Most notes are on the BPS website under 'Our School' tab—'Missed a Note?'**

### Diary Dates

#### December

Thurs 11	BPS Presentation Day 10am
Mon 15	Celebration of Learning Assembly Year 6 Farewell
Wed 17	Last day of term
18-19	Staff Development Days

#### January

Tues 27	Staff return Uniform Shop open from 12noon
Wed 28	Students return for 2015

#### February

4 - 6	SRC Leadership Camp
Thurs 19	BPS Swimming Carnival

#### March

Mon 2/3	Asquith Girls High School Open Night
Tues 3/3	Asquith Boys High School Open Night
Sat 7/3	Asquith Girls High School Enrichment Test Asquith Boys High School Enrichment Test

#### April

Thurs 2	Last day of Term 1
Tues 21	Students return for Term 2
Mon 27	ANZAC Day public holiday

#### May

Thurs 7	School photos - winter uniform
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### Class Awards 24 Nov - 5 Dec

<b>KB</b>	Lucy H, Daniel F, Hannah H, Taj G, Isabel N, Reuban S, Hannah C, Locke T
<b>KP</b>	Shane S, Dorian T
<b>KR</b>	Jade V, Finn M, Chais M, Zahlee O
<b>1A</b>	India N, Jaida K, Ayden M
<b>1C</b>	Joshua W, Zoe D, Anna P, Isabella C, Ava A, Harry B, Eric H, Harry B, Scott T, Omar D, Aimee H, Chloe C
<b>2C</b>	Lara T
<b>2P</b>	Luke M, Rachel D
<b>4P</b>	Naomi D, Tara M, Daniel W, Sophia V
<b>5K</b>	Ty W, Dylan C, Jasmine M
<b>5W</b>	Eddie R, Tahnee B, Liam D
<b>6B</b>	Rianna S, Alexandra W, Rianna S, Katrina T

### Pennant Awards

Lucy B 3P, Mikayla S 3/4, Dayna B 4P, Polly V 4P, Rachel W 4P, Peter M 5/6J, Jack B 6B	<b>August</b>
Zarli V 3/4B	<b>September</b>
Eden S 3/4B, Isabella G 6B	<b>October</b>
Harry D 4G, Liam D 5W, Lachlan M 6B	<b>November</b>
Jake D, Stephanie D 5/6J, Katrina T 6B	<b>December</b>

## Are you returning to school next year?



To help with our class planning for 2015, please indicate below if your child / children will not be returning to Berowra Public School next year, and return this slip to the office or class teacher as soon as possible.

Alternately, phone the school office on 9456 1319 or email to [berowra-p.school@det.nsw.edu.au](mailto:berowra-p.school@det.nsw.edu.au)

Student Name/s .....

2014 class : .....

Parents Name : .....



# Berowra Public School

## Celebration of Learning



You are invited to join the whole school at our  
Celebration of Learning Assembly being held in our  
school hall on –

**MONDAY 15<sup>th</sup> DECEMBER 2014**

***Kindergarten – Year 2 at 9:45am***

Performances by:

- Recorder Ensemble

***Year 3 – Year 6 at 11:45***

Performances by:

- String Ensemble



To BPS school community,

Merry Christmas and best wishes for the New Year.

We will see all returning students refreshed and back at school on Wednesday 28th January.

From the staff at Berowra Public School  
– the principal, teachers, administration, learning support and general assistant



**Congratulations** to Sean McArdle who is a long-time friend of our school on his recent mention in Parliament and meeting with the Prime Minister at the recent opening of the Hornsby Pool. Sean and his wife Kerrie have done wonderful work in raising the profile of those in our community suffering with Schizophrenia. Thank you, to Sean for also frequently mentioning our school on radio!



## Music Lessons

Music lessons are available at school in 2015 for all BPS students wanting to learn **clarinet, saxophone or flute.**

For enquires please call or text **Vicki Harris** on **0402 000 757**, or email **vickileigh@live.com.au**

As some of you might know I have some special neighbours, Mr and Mrs McArdle who have been helping in the community for years. Through great dedication and hard work both Mr and Mrs McArdle have been working in the community to help people understand about mental illnesses. Mr McArdle regularly features on 2GB talkback and lately has been lucky enough to have greeted the Prime Minister Tony Abbott before the official ceremony at Hornsby Swimming Pool. I just wanted to say well done to the McArdles because they have and still are always helping and working hard for people with mental illness.

Mackenzie W 5K



## GUITAR and BASS Lessons

School Rock Band "Amped Up" Music Director

**MIKE GORDON**

is available for tuition at the school in 2015

& also at his home on Saturdays

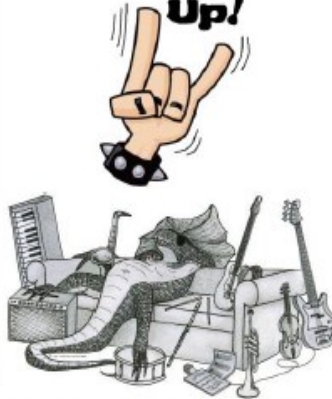
Kids (ages 8 and up) and adults welcome.

For more info call 0413034080 or

email [ampedupband@musician.org](mailto:ampedupband@musician.org)



**Amped Up!**



Lessons are also available at Mike's School

**The Learning Lounge** at Turrumurra

9488-9970

All instruments and styles taught!

# LEARN TO SWIM

IN THE JANUARY HOLIDAYS!



**INDOOR HEATED POOL**

**LESSONS FOR PRIMARY AGED CHILDREN, PRESCHOOLERS AND BABIES**

**5 day courses start Mon 5, 12 + 19 Jan**

**Also Saturday classes in January**

**TERM 1 STARTS TUES 27 JANUARY 2015**

**DENIS PONTIN'S SWIM SCHOOL**

**PH 9489 4771 • [pontinsswimschool.com.au](http://pontinsswimschool.com.au)**

**48 TENNYSON AVE, TURRAMURRA**

**BOOK NOW FOR HOLIDAYS AND TERM 1**



## Geoff Spotswood Cricket School Holiday Clinics

*Multisport clinic also available for children looking for a variety of sport experiences (cricket, soccer, softball, Aussie rules & netball)*

**dfield – Lindfield Oval, Tyron Rd**

**15 – 18 December (4 days)**

**12 – 14 January (3 days)**

**19 – 21 January (3 days)**

**Moore Park – Sydney BH, Cleveland St**

• 13 – 15 January (3 days)

**CRICKET**

• 20 – 22 January (3 days)

*(5-16 yrs girls & boys)*

*Includes SCG Tour, SCG & SBHS net sessions*

**North Sydney Oval No. 2**

**MULTI-SPORT** (boys & girls) (5-13 years)

• 14 – 16 January (3 days)

• 21 – 23 January (3 days)

**St. Ives, Hassell Park, Mona Vale Rd**

• 21 – 23 January (3 days)

Contact Geoff

9am – 2pm

**401 382409**

**[geoff@cricketcoachingclinics.com.au](mailto:geoff@cricketcoachingclinics.com.au)**

**Book Online [cricketcoachingclinics.com.au](http://cricketcoachingclinics.com.au)**

# TAEKWONDO

## KUKKI

**FREE**  
TRIAL LESSON

**FREE**  
UNIFORM  
\*CONDITIONS APPLY

Call:  
**9477 6204**  
or  
**0412 369 874**



## "Act. Create. Communicate."



*The difference is dramatic...*

**Boost your child's creativity, confidence, communication skills & self-development through drama.**

NEW TERM STARTING SOON  
**STUDENTS AGED 3-17**

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Information in the advertisement is entirely the responsibility of the advertiser.

## THE ATHLETE'S FOOT HORNSBY

REWARDS PROGRAM IS A PROUD SUPPORTER OF BEROWRA PS

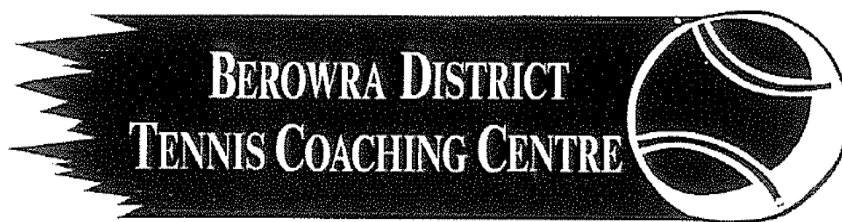
The School Rewards Program is a great fundraising opportunity with \$5 from every pair of shoes purchased being donated back to your school. This applies to the whole family across our fantastic range of school, sports, work and casual shoes. Ask one of our friendly staff in store for more details.

**\$5 FROM EVERY PAIR OF SHOES PURCHASED IS DONATED BACK TO YOUR SCHOOL**

**SCHOOL REWARDS PROGRAM**  
The Athlete's Foot

LOWER GROUND FLOOR  
WESTFIELD SHOPPINGTOWN





ABN NO. 87690456080

3,DUNOON ST, BEROWRA HTS, 2082

**B.D.T.C.C. TENNIS CAMPS 2015**

***Week 1:*** Monday 12<sup>th</sup> January – Friday 16th January: \$140

***Week 2:*** Monday 19<sup>th</sup> January- Friday 23rd January: \$140

***Time:*** 9-3pm [even if wet]

***Friday is Party Day!***

***Cost:*** Daily rate: \$35. Half day: \$20.

***Wednesday is Icecream Day!***

***Also... NEW! Gilly and Trevor's Elite Tennis Training Camp.***[squad level]  
[Bookings are essential: subject to nos.]

***Extended Before & After care available: 7.30-5.30pm [book in early]***

***Cost:*** \$10 per session. [after 4.30: \$5 for every extra ½ hour.]

***Location:*** Berowra Tennis Club, Boundary St, Berowra.

***Enquiries:*** Please phone Trevor: 0408977787. or Gilly: 9456 0704.

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***B.D.T.C.C. Camp Application Form January 2015***

***Name:*** ----- ***Age:*** -----

***Phone No:*** -----

***Week 1:*** ----- ***Week 2:*** ----- ***Childcare:*** am:----- pm:-----

***Method of payment:*** ----- [cash\cheque] ***Amount:*** \$-----

***Any relevant medical conditions:*** -----

***Signed:*** -----



## **K-2 Christmas Concert – “Christmas with the Aliens”**

On Tuesday, 9<sup>th</sup> December, K-2 children presented their Christmas Concert “Christmas with the Aliens”. It was a fantastic day and the children looked wonderful in their colourful costumes. Congratulations to all the children and especially to those children with speaking parts. You were all amazing!!!









## Enrich your home with a WEP exchange student arriving in July 2015!

World Education Program (WEP) is looking for caring families who wish to experience another culture in their own home by becoming a volunteer host family. Browse through student profiles, and select a student who you think will fit best into your family and life-style!



**Who are the students?** Read over their profiles below:

**Olivier (17) from Belgium** loves getting outdoors and exploring nature. He is incredibly fond of animals, and tells us that snakes, spiders and crocodiles were part of his motivation for choosing Australia as his exchange destination. He also tells us that he is very social, and can't wait to meet his new host family and share new experiences with them.

**Marta P (17) from Italy** is an athletic student, participating in Viet Vo Doa (a martial art). She also enjoys, reading, listening to music, cooking Italian dishes and playing the guitar. Marta is fascinated and excited to learn about Aussie culture, animals, nature and habits. She can't wait to cook up an Italian feast to share with her host family.

**Cassie S (16) from the USA** enjoys reading, cooking, camping and canoeing. It has been a dream of Cassie's to come to Australia for a long time, she can't wait to experience new things, meet new people and spend time with her Aussie host family. "It would be an experience I would always remember and I want to learn of other cultures."



For further information, please contact Sylvia Kelly (WEP Inbound Manager) on 1300 884 733, by email on [info@wep.org.au](mailto:info@wep.org.au) or by visiting our website [www.wep.org.au](http://www.wep.org.au).



Hornsby, Ku-ring-gai & Hills District  
Cricket Coaches' Association (HKHDCCA)  
in partnership with  
Northern District Cricket Club (NDCC)



## School Holiday Cricket Clinic for junior Girls

HKHDCCA has organised another special cricket clinic in January 2015 for girls aged 6-14 years of all standards, including beginners, club players and representative standard players.

**VENUE** – Mark Taylor Oval, Waitara Ave or Park Ave, Waitara

**DATES & TIMES** – Thursday, 15<sup>th</sup> & Friday 16<sup>th</sup> January 2015 9.00 am to 12.00 pm



HKHDCCA has a proven record over five years in conducting successful junior cricket clinics in north-western Sydney. We have planned an enjoyable program of games and activities designed to introduce new female players to cricket, while further developing the skills of more experienced girls.

There will be a junior boys' clinic taking place at Waitara on the same days, however we plan to form 2 – 3 separate girls groups with experienced accredited coaches, depending on numbers.

**The girls will be given a free clinic t-shirt and cap** and a certificate of participation. Some awards will be presented on the Friday at the end of the clinic. Drinks and sunscreen will be provided (please bring a drink bottle). Attendees should bring a morning tea snack.

All necessary gear will be supplied and the majority of activities will be using soft balls, so protective equipment won't be required. This is a fantastic opportunity to learn new skills in a fun environment and receive coaching from leading HKHDCCA and NDCC coaches with Level 1 & 2 qualifications.

We are hoping to have a special guest appearance from a member of the Cricket NSW Breakers female team (subject to availability).

Online registration is easy via the following link: <http://eepurl.com/83Ew5>

**Cost:** \$50 if registration and payment received by 8-Jan-2015. \$60 for late regos after that date.  
**Discounts:** – \$10 off registration fee for second and subsequent members of the same family.

1. Preferred method of payment – **Electronic Funds Transfer (EFT)**, please make payment via your internet banking into the following account: Bank: Westpac (HKHDCCA bank account)  
Account Name: Hornsby Ku-ring-gai & Hills District Cricket Coaches' Association (HKHDCCA)  
BSB: 032 376 Account No.: 303428 Detail required with deposit: Your daughter's name.
2. If paying by **cheque**, make cheques payable to HKHDCCA and post to the HKHDCCA Treasurer, PO Box 95, Berowra NSW 2081. Registrations will be confirmed by email.

**Enquiries** – Josh Miller (HKHDCCA Secretary) [josh.673@hotmail.com](mailto:josh.673@hotmail.com) 0434 820 806  
Bruce Wood (HKHDCCA President) [bwood@optusnet.com.au](mailto:bwood@optusnet.com.au) 0412 688 629

## RECREATIONAL HOLIDAY GYMNASTICS



Hornsby RSL Youth Club Gymnastics  
1 Ashley Lane Hornsby NSW 2077  
Phone: 9476 6689  
Email: [hornsbyrsl@gymnastics.org.au](mailto:hornsbyrsl@gymnastics.org.au)  
Website: [www.hornsbyrsl.gymnastics.org.au](http://www.hornsbyrsl.gymnastics.org.au)

**JANUARY 2015**

Our popular recreational holiday gymnastics program will be running again throughout the January school holidays for all children aged 5 – 12 years (no experience necessary). The days are fun filled, fast moving and exciting and include use of all the gymnastics apparatus. Children have the opportunity to learn new gymnastics skills, participate in games, circuits, group activities, mini competitions and much, much more!! Classes are run by fully accredited Gymnastics Coaches, holding Senior First Aid Certificates. Bookings are essential. Class numbers are limited, so hurry and get your friends together so you don't miss out!

### PROGRAM DETAILS:

Time: 9am – 3pm each day  
Cost: Members Price\* – \$38 per day  
Non Members Price\* – \$43 per day  
What to bring: Morning tea, lunch and a drink. No nuts permitted.  
What to wear: Suitable gymnastics clothing. No skirts, dresses, jeans or jewellery.  
Cancellations: Please note that refunds or credits are not permitted.

\* A member is a person who was registered for term time gymnastics classes in 2014

### PROGRAM DATES:

- January 2015
- Wednesday 7<sup>th</sup>
  - Friday 9<sup>th</sup>
  - Monday 12<sup>th</sup>
  - Wednesday 14<sup>th</sup>
  - Friday 16<sup>th</sup>
  - Monday 19<sup>th</sup>
  - Wednesday 21<sup>st</sup>
  - Friday 23<sup>rd</sup>

### BOOKINGS AND PAYMENT:

Bookings are essential and must be accompanied with full payment. Please refer to the attached fees policy for more detail.

1. Drop your booking form and payment into the blue fees box at the gym. This box can be found outside the office.
2. Mail – please post your forms and payment to: Hornsby RSL YC Gymnastics, 1 Ashley Lane Hornsby NSW 2077.
3. Email – please email the gym at [hornsbyrsl@gymnastics.org.au](mailto:hornsbyrsl@gymnastics.org.au) and provide a copy of your internet transfer.

### PAYMENT METHODS:

1. Internet transfer (preferred method) – please attach a copy of your transfer with your booking slip  
BSB No: 062 181 Account No: 0090 4912 Account Name: Hornsby RSL YC Gymnastics
2. Cheque – please make cheques payable to Hornsby RSL YC Gymnastics
3. EFT – Over the phone or in our office

### Hornsby RSL Youth Club Gymnastics RECREATIONAL HOLIDAY GYMNASTICS - BOOKING SLIP

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Phone: \_\_\_\_\_ (1) \_\_\_\_\_ (2)

Medical conditions and/or medication: \_\_\_\_\_

Please circle the days in **JANUARY 2015** which you would like to book into:

Wed 7<sup>th</sup> Fri 9<sup>th</sup> Mon 12<sup>th</sup> Wed 14<sup>th</sup> Friday 16<sup>th</sup> Monday 19<sup>th</sup> Wednesday 21<sup>st</sup> Friday 23<sup>rd</sup>

Amount payable: \$ \_\_\_\_\_ Payment method (please circle): Internet transfer / cheque

Signed: \_\_\_\_\_ (Parent / Guardian)

**Berowra students performing  
at the Berowra Musical Society  
Christmas Pantomime**





# The simplest way

...to make healthy Santas.

This Christmas, get your kids eating strawberry Santas – they're cute to look at, and delicious to eat!

Follow these instructions to keep your Christmas fun and healthy:

1. Wash your strawberries, dry, then slice off the tip
2. Spoon/pipe reduced-fat ricotta or cream cheese on the larger half, then put the 'hat' on top
3. Top hat with a little more of the cheese to make a pom pom
4. Cut a small amount of sultanas up for the eyes and place on gently.



Merry Christmas from all of us at *Eat It To Beat It!*

For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)

**Eat It To Beat It**

# The simplest way

...to be SunSmart!

Showing children that you wear sunscreen is the best way to teach them about our harmful UV rays.

Children imitate adult behavior – both good and bad. When it comes to sun protection, setting the best example is important for teachers and parents.

What should you do?

- Wear a sun safe hat.
- Wear a shirt with a collar and sleeves.
- Apply sunscreen before going outside, and then at regular two hour intervals throughout the day.



Be SunSmart and your children will follow your lead. Enjoy the holidays!

For more information visit  
[www.sunsmartnsw.com.au](http://www.sunsmartnsw.com.au)  
or call 9334 1761

**SUNSMART**

