

November 16th, 2016 Term 4 Week 6



The Crest

Respect

Responsibility

Personal Best



Berowra

Public School



Phone

9456 1319

Website www.berowra-p.schools.nsw.edu.au **Email**

berowra-p.school@det.nsw.edu.au

proud member of the: KEERAWALL COMMUNITY OF SCHOOLS

School Fair

After the tumultuous downpour early in the morning of Saturday we were so fortunate with the weather for the fair. The school was a hive of activity from sunrise and continued until Saturday evening. This was an amazing day.

This was one huge feat – **congratulations to Lisa and her committee** for their amazing organisation. I know this just didn't happen and many, many parents have been working tirelessly for at least eighteen months to put this together.

The feeling during the day was so positive and I am so proud to be part of this community. Our community works so well together – students, teachers, parents, extended family and our BOOSH 'family'. It was so good to see so many grandparents working in the stalls. Some were even here all day.

Many of our teachers gave up their time to attend the fete; many helping on stalls and teachers even being used as target practise!

Thanks to the students who gave of their time to perform during the fair – either in bands, dance groups or as part of the Stage 3 Flash Mob (choreographed by Mrs Kelly Lukic).

To all parents who organised stalls, set up or packed up, worked all day or organised entertainment – we thank you all. Thank you also to the organisation of the silent auction and the amazing artworks by our students.

I know we were supported by many of the local businesses and I also thank them for their support and kind donations.

Overnight Excursions

This week and over the next few weeks, on various days, our Years 3-4 teachers will be going on overnight excursions with our students. I would like to thank all these teachers who give of their time to ensure that our BPS students receive the best possible education and experiences in their time at primary school. Many schools have stopped overnight excursions due to lack of commitment by the teachers who do not want to leave their families and be on duty 24 hours a day.

As a parent, I always loved waving goodbye to my child when they were away for a few days, but loved having them back when they were so exhausted from all their activities. I loved hearing about the great experiences they had lived through during their excursions. As a teacher, I was able to empathise and appreciate all the efforts of their teachers. Unfortunately, sometimes I forgot to thank them.

I would again like to thank all our great teachers who give of themselves and their time so willingly to ensure the best experiences are shared by our students.

Congratulations:

- · Alex H (4G), Mitchell G (4G) and Mac T (4G) selected into HK and HDCA (Cricket) Representative teams
- Nathan W (1S-Recorder), Fiona T (5B-Recorder and flute), Katrina D(3A -Violin) and Matt S (2C - Cello) who performed at the Suzuki Graduation Concert at the Opera House on Sunday.
- · Matt S also graduated level 3 cello.
- · Miss Brittani Lloyd who 'wowed' audiences over the last two weeks in "A Murder is Announced" at the Berowra District Hall.
 - Miss Lloyd played Julia and she was outstanding. We have a star in our midst!

School Support Group

Many thanks to the School Support Group who donated 14 chrome books to the school in the last month. The teachers and students are very excited to have access to more laptops in the classrooms. These laptops are in great demand and we thank the SSG for this generous donation.

Di Bower

Principal

Don't forget The Crest is also available on the school website: www.berowra-p.schools.nsw.edu.au

Click on the Newsletter tab.

Parent Online Payments can also be made here using the 'Make a payment' tab.

Social Media

Are you aware it is not legal for a child to have a social media account on most systems until they are at least 13 years old or 18 years old; and on some others unless under the guidance of a parent?

Are you really aware of what your children are doing with technology?

A few years ago there was a 12-year-old who jumped to her death after enduring a year of cyberbullying from two girls, both under 12 years old. What's been largely overlooked is that the victim and the two perpetrators were under the minimum age required to use the social media sites (Facebook, Ask.fm, Kik and Instagram) where some of the bullying took place.

The minimum age to open an account on Facebook, Twitter, Instagram, Pinterest, Tumblr, Kik, and Snapchat is 13. For Vine, Tinder and Yik Yak it's 17. YouTube requires account holders to be 18, but a 13-year-old can sign up with a parent's permission. Despite these clearly stated and published age restrictions, large and growing numbers of children 12 and under are using social media networks, often with their parent's knowledge and consent.

- Children under 13 don't have the hardware upstairs to make smart decisions online. Just because kids seem tech-savvy at increasingly younger ages, doesn't necessarily mean that their brains are developing at the same rate as their digital acumen. Research shows that it takes children about 12 years to fully develop the cognitive structures that enable them to engage in ethical thinking. Before 12 it's difficult, if not impossible, for a child to fully grasp the impact of their actions upon others, online or otherwise. Yet our children are increasingly joining social networking sites, sometimes even putting themselves in harm's way by becoming victims of online harassment, solicitation, and cyber-bullying before they are ready to respond appropriately.
- Lying is just plain wrong. Living in a civilized society means we have some implicit agreements: we take turns, play fair, stop at red lights, and hold the door open for old ladies. And we tell the truth. Sure, giving a fake birthdate to Facebook seems like a harmless white lie, but it's a lie nonetheless. I'd like to believe we can all agree that honesty and truthfulness, online and off, is important.

What are some ways to assist children and young people in social networking? Please remember that to assist your child to be safe on social networking sites you must:

- Ensure that they comply with the age restrictions (DO NOT let them on Facebook under 13 years of age)
- Ensure that they understand how the privacy and security settings work
- Ensure that they can change their passwords and they know how to report a problem
- Ensure that they understand the house 'rules' about where they can go, who they talk to and what they post
- Ensure that they know where to go if they have an online issue
- Set up an account yourself and be your child's friend (this is not going to ensure safety but is part of what is expected of you as a parent)
- Know your child's password
- Have house rules about what your child can post and when they can add new 'friends' (must ask you first).

To keep your children safe, it's best that you monitor their phone. Look through their apps, texts and pictures. They may feel that you're invading their privacy, but let's be honest..... you're paying the phone bill, so you can do whatever you want! So, as you monitor your kid's phone, keep an eye out for apps you may not be aware of, that in police and expert opinion are very dangerous.

Please keep your child/ren safe.

<u>LIBRARY NEWS</u> - Early in 2017 we are implanting a new library administration system called 'Oliver". The implementation process has begun already, so we are closing the library for borrowing at the end of this week—Friday 18th November. Could you please help us by locating any library books borrowed as well as the overdue books that children may have at home and return them to the library by next week.

Thank you
Jennie Smith - Librarian

<u>DRAMA NEWS</u> - Both senior and junior drama groups will be performing their plays for some of the classes in two weeks time. We have all enjoyed creating our plays called :-

"The Vegetable Patch" - senior drama

" Pirates" - junior drama.

<u>DANCE NEWS</u> - On Tuesday 29th November KB, 1S, 1T and 3A will be performing some of the dances they have been learning this term during dance lessons with Mrs Lukic. You are all welcome to come along and watch the concert which starts at 2.50pm in the hall.

Dance auditions for the 2017 dance groups will be held on Thursday 1st December at lunchtime. Boys who are currently in Year 2, 3, 4 or 5 are invited to come and try out. Girls who are currently in Year 3, 4 or 5 may also audition on this day. A second audition will be held on Thursday 8th December. Students must come along to both.

Our Talent Quest will be held on Thursday 15th December. It is open to solo or group acts in Years 3-6. Whatever your talent is—dance, singing, magic, musical instrument or drama, we would love to see you perform. Auditions will be held on Tuesday 6th December. We will also audition on Tuesday 13 December for those who are absent. All items MUST be 2 minutes or less. Please bring your music, instrument or props with you on Tuesday 6th December.

Kelly Lukic - Dance Coordinator

<u>OFFICE UPDATE</u> - On the last page of The Crest you will find parent consent slips. Please copy these and keep at home.

If you are paying via the Parent Online Payment (POP) system, permission is often still needed. You could <u>either</u> send an empty permission envelope stating that you paid online or just complete and send in one on these consent slips. If still paying by cash, cheque or credit card, permission envelopes are still the most convenient and secure way to send payment to the class teacher.

<u>SCHOOL SUPPORT GROUP</u> - Don't forget the last school <u>Disco</u> for the year is <u>Friday 2nd December</u>. The theme is 'Christmas'. Notes will be sent out soon.

Remember there is the option of paying online directly to the Support Group bank account, as well as cash or cheque. Details are on the form. If you pay online, please return a copy of the receipt along with the signed permission slip.

ENROL NOW FOR KINDERGARTEN 2017

Enrolments for Kindergarten are well underway.

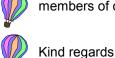
If your child or you know of a child ready to start school next year make sure they are enrolled.

Kindergarten Orientation Day is on Thursday 24th November.

For more information contact the school office on 9456 1319.









Principal

Jan Layson

Early Stage 1 Coordinator

































Thank you Morning Tea

The staff at Berowra Public School cordially invite the many parent and community helpers who have assisted at the school throughout 2016 to a "Thank You" morning tea.

Hall COLA (outside the canteen) Where: When: Wednesday 7th December 2016

from 11:30am

This is our opportunity to acknowledge the valuable contribution you have made to our school.

If you have helped in any way e.g. reading, parent committees, school events, transport, Scripture, fundraising, maintenance, classroom activities we would love to see you there.

The Principal & Staff of B.P.S.

Beginner Recorder Ensemble 2017

The recorder ensembles at Berowra Public School offer students a wonderful opportunity for quality music education at the low cost of \$50 per term.

Students from year 1 – 6 are welcome to join the

beginner recorder program. Beginner lessons are taught in classes. Students have the chance to perform together at school and community events during the year. Lessons are taught by an accredited recorder teacher and include technique building games, music reading, and group playing. Different learning styles are catered for. Lessons will be held on Tuesday mornings before school in the school library.

Joining the beginner recorder program at BPS gives students a head start in music education, providing a solid basis for learning other instruments and for taking part in the many exciting higher level recorder activities available to students at BPS. Highlights for advanced BPS recorder students in 2016 include Opera House Concerts, Sydney Schools Recorder Camp, Suzuki Graduation, and a student selected as a solo performer on tin whistle at the Arts Alive Combined Schools Choral Concert.

To register your child, or if you have any questions or queries, please contact me at sue.thorv@gmail.com. Please register by 8th December.

Sue Thorvaldson (BPS recorder ensemble director).

BPS String Ensemble 2017

The BPS String Ensemble is looking for new members for 2017. Students who are learning violin, viola, cello or double bass are encouraged to join us.

In 2017 the string ensemble will cater for players from beginners to more advanced students. A highlight for 2017 will be the chance to play on the stage of the Sydney Opera House in The Festival of Instrumental Music.



For more details or to register please contact me at sue.thorv@gmail.com. Please register by 8th December, 2016 if you wish your child to be involved in The Festival of Instrumental Music.

🕽 Sue Thorvaldson (BPS string ensemble director).

	01
	Class Awards
	3 Nov - 15 Nov
	3 1400 - 13 1400
****	- -

YOUR AWARDS

Timeka C, Zane D, Cameron P, Max T

A reminder that the <u>cut off date</u> for certificates, pennants and medals which are handed into the office, is <u>FRIDAY 25TH NOVEMBER</u>. This date is after the last K-6 Assembly.

There are NO exceptions, even for Year 6.

2L

Any awards received after this date will be processed next year.

NOTES YOU MAY HAVE MISSED					
Sent Out	Subject	Distribution	Response before		
23/3	Classroom Resources	K-6	Overdue		
20/7	Yr 1 Gymnastics Term 3	Year 1	Overdue		
21/9	Kindy Gymnastics Term 4	Kindy	Overdue		
12/10	PSSA Sport	PSSA Reps	Overdue		
12/10	Christmas card fundraiser for Vegetable Garden	K-6	ASAP		
16/11	BPS Disco	K-6	ASAP		
16/11	K-2 Christmas Concert	K-2	-		

Most notes are on the BPS website under 'Our School' tab—'Missed a Note?'

Upcoming Events					
NOVEMBER					
Wed 16	P&C meeting 7.30pm in staffroom				
Thurs 17	Y5 high school experience day				
21-22	Yr 4 Gibberagong camp				
22-23	Yr 3 Gibberagong camp				
Wed 24	Kindy 2017 Orientation Day				
28-29	Yr 4 Gibberagong camp				
Wed 30	Christmas Scripture Service in the hall				
DECEMBER					
Fri 2	BPS Disco				
Tues 6	K-2 Christmas Concert 10am and 12pm Year 7 High School Orientation Day				
Wed 7	Presentation Day K-2 10am, 3-6 12pm Helpers Morning Tea 11.30am				
Fri 9	Christmas Carols at BPS				
Mon 12	Year 6 Farewell				
12-13	Yr 3 Gibberagong camp				
Fri 16	Students last day of term				
19-20	Staff Development Days				
JANUARY					
Thurs 26	Australia Day holiday				
Fri 27	Staff return				
Mon 30	Students in years 1-6 return to school				
FEBRUARY					
Thurs 2	Kindergarten 2017 start school				



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Good morning,

Being a kid is so much better than being an adult. I've watched adults for some time and it looks a bit boring, hard work and kind of yuck. Being a kid is the exact opposite of that. It is fun, relaxing, and easy. In this speech I will convince you that being a kid is better than being an adult. I will talk about the chores adults have to do, birthday parties kids have and getting old.

The first and most important reason that being a kid is best iscleaning. Adults have to clean up the backyard and the front yard and clean up the house. They have to pick up dog poo and change smelly nappies and cleaning up dead rats and animals. Kids have to do chores but their chores are less gross and hard.

The second reason that being a kid is best is birthdays. Kids have the best birthdays. Birthdays are fun. It's the adults that make birthdays fun. They make the cakes. They make breakfast. They pay for the presents. When it's the adults birthday they don't get what we get. They get fewer presents, they have to go to work, they have to clean up. Sometimes they don't even get a day to themselves. An adult's birthday isn't as much fun as a kid's birthday.

The third reason that being a kid is great is that you aren't as old as adults. Adults all have wrinkles on their faces. They tell bad jokes and they shrink. Take my mum for example, she has wrinkles and she's really short and my dad said he thinks she has a case of the shrinks. Adults are also slow. I am so much faster than my mum.

In this speech I've given you three good reasons why being a kid is better than being an adult. I plan never to become an adult or at least not an adult with wrinkles and who shrinks.

Alex

Not returning to Berowra Public School next year??

If you know your child is not returning to BPS for 2017 (except year 6), please inform the school in writing (or email) as soon as possible.

Likewise, if your child is taking an extended summer holiday and returning after Monday 30th January.

These preparations help with the 2017 planning of classes

INTERSCHOOL SPORT

Friday 18th November 9.30am

Semifinals Friday 25th November 9.30am

vs Waitara

Berowra Oval

to be advised if BPS is successful

Warrina Street Oval PSSA Cricket Montview Oval & **PSSA Softball/T-ball** Rofe Park

PSSA League Tag

Foxglove Oval

KISS AND RIDE ZONES

<u>Kiss and Ride Zones</u> are for your child's safety, your convenience and to reduce congestion and confusion

Kiss and Ride rules

- Kiss and Ride zones and "No Parking" operate under the same conditions
- Drivers may stop to drop off or pick up children for a maximum of 2 minutes
- Drivers must remain in or within 3 metres of their vehicle
- · Zone applies only during hours of operation
 - MINIMUM PENALTY \$177 & 2 DEMERIT POINTS





Remember:

Do not leave your vehicle

To assist with traffic flow, drivers should remain in the car whilst children get in and out. Children should travel with bags in the car and not the boot

Child Safety

Ensure children get in or out of the vehicle on the kerb side. The back seat is the safest seat for children to travel in, regardless of the make of your vehicle. Ensure children have their restraints securely fastened before driving off

No U-Turns

Do not do U-Turns in busy and congested school zones. It's dangerous and places young children at serious risk

Don't cut the queue

Don't push in the queue. Drop off or pick up your child close to the top of the zones allowing vehicles following you to enter the zone in an orderly manner

Kiss and Ride Zones need cooperation to remain effective and safe. Please drive carefully around our schools and protect all children.



Children must exit the car from the safety door - the rear footpath-side door.

It is unsafe to allow children to jump out of the car into the path of oncoming traffic.

SCHOOL ZONE PARKING OFFENCES

Increased penalties for School Zones. Current as at 1 July 2016



Means that in the area in the direction of the arrow, you must NOT STOP your vehicle at any point on the road or kerb, unless there is a medical or other emergency.

Maximum Penalty

\$433

+ 2 Demerit Points





Means that you have no more than 2 minutes for drop-offs or pick-ups of passengers or goods and the driver must stay within 3 metres of your vehicle. Penalty

\$180

+ 2 Demerit Points

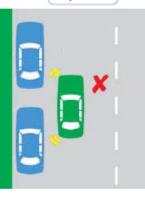




Means that in the direction of the arrow or arrows you are not allowed to stop your vehicle unless you are driving a bus. Penalty

\$325

+ 2 Demerit Points



DOUBLE PARKING

You are **NOT PERMITTED** to stop or park your vehicle alongside another vehicle that is already parked parallel to the kerb.

Penalty

\$325

+ 2 Demerit Points

- STOP in a NO STOPPING zone: \$325 + 2 Demerit Points, or STOP on or near a Children's or Pedestrian Crossing: \$433 + 2 Demerit Points
- STOP on path/strip in built up area: \$180 + 2 Demerit Points
- STOP or Park in a Disabled Marked Area without a permit: \$541

<u>Please Note:</u> fines subject to change without notice. Current to 30 June 2017. These penalties apply to offences in school zones during posted school hours.



Ann Leslie's Music Studio Piano Lessons

Berowra Location, Musicianship and Piano Lessons available.

Phone: 0425 821 290

Email: aeleslie@hotmail.com

www.annlesliesmusicstudio.com

LEARN TO SWIM

IN THE CHRISTMAS SCHOOL HOLIDAYS!



INDOOR HEATED POOL

LESSONS FOR PRIMARY AGED CHILDREN, PRESCHOOLERS AND BABIES

Holiday Courses – 4 & 5 day courses start Mon 19 Dec & 3, 9, 16, 23 Jan Also Saturday classes in January TERM 1 STARTS MON 30 JANUARY 2017

TURRAMURRA LEARN TO SWIM

PHONE 9489 4771
48 TENNYSON AVE, TURRAMURRA
turramurralearntoswim.com.au

BOOK NOW FOR HOLIDAYS and TERM 1

Motivating & challenging Group Fitness Exercise sessions for females in Berowra and Asquith.

This is a unique opportunity to have a personal training style session with a small group of like-minded females all striving to achieve their own health and fitness goals.

Sessions are mostly held outdoors

- covered areas used when raining. Evenings are outdoors during daylight savings and indoors as needed

Prices start from \$12.90 per group session. Individual Personal Training is also available for girls and guys, programs are tailored to suit.

Group Training Timetable

Monday 7.10pm - Berowra Tues 9.30am - Asquith Wednesday 7.10pm - Berowra Friday 6.10am - Berowra Saturday 8.00am - Berowra



MOUEMENT 4 LIFE FITNESS

Contact Tracey: 0421 319 135 M4LFitness@gmail.com **Disclaimer:** Advertisements placed in THE CREST do not reflect an endorsement or otherwise by Berowra Public School of that product or service.

Information in the advertisement is entirely the responsibility of the advertiser.



DISCO

It's Berowra Public School Disco time! Friday 2nd December 2016

Theme: "Christmas" Infants 6.00 - 7.15pm Primary 7.30 - 9.00pm

Tickets \$10 (ticket price includes chips, ice cream and water)

There will be no ticket sales at the door so please be sure to return your permission note and payment to your class teacher by Thursday 1st December. Please provide correct payment as School Support Group is unable to give change. Do not include disco payment with other school payments, we can't accept credit card payments for disco.

12 volunteers per session are required to run the disco. If you are able to help supervise on the night please call Chris on 0449255168, Tracey 0417509422, Leanne 0407481561 or Jamie on 0416268981 prior to the disco. A school Working with Children Check is required of all volunteers.

Rules

- Students are expected to behave responsibly and follow directions given by disco volunteer supervisors. The guardian of any student not following rules will be contacted and asked to take the student home.
- Only current Berowra Public School students may attend.
- No bags to be brought into the hall. Do not bring valuables we take no responsibility for lost or damaged property.
- All volunteers must first complete a working with children check with the school prior to volunteer work. There are no exceptions to
 this rule and only the volunteer supervisors allocated for the night are allowed to be present at the disco.
- Children are to be collected promptly by their legal guardian (adult over 18yrs) collection instructions will be given and guardians are
 expected to follow this direction.
- Appropriate clothing to be worn, shoes on at all times.
- Once in the disco students are not permitted to leave. Only food/drink provided by disco is to be consumed during the disco and only in the cooling area not inside.
- Any child that requires medical items such as an Epipen or Ventolin must provide this with name, class and allergy plan.

Surname as reference, attach a printed bank confirmation with permission slip.

Any student not following these rules and school rules will not be permitted to attend a BPS dance disco for 12 months.

give permission for my son / daughter attend the Berowra Public School Dance Disco on Friday 2 nd Deceml	her 2016 with the understan	ding that all
rules and conditions stated above on the disco note are adhered to		and and an
A separate permission slip is required for each child.		
Guardian name:		
Contact number:		
Guardian Signature:		
Ficket Payment Methods		
Cash Cheque - payable to Berowra School Support Group		

Account Number: 10010818



Invitation to

Tinsel and Tea-Towels K-2 Christmas Concert





The K-2 children and teachers would like to invite you to watch our 2016 Christmas Concert. Everyone is welcome to attend and morning tea will be available to purchase at a small cost.

When: Tuesday 6th December

Times: 10:00am and 12:00pm

Where: Berowra Public School Hall

Please be respectful when sharing photos and video footage of children other than your own on social media and other public domains. Thank you.

We look forward to seeing you there.

K-2 children and teachers

THANK YOU

Thank you to everyone who has paid for their children's student pack as well as the voluntary school contribution.

Every student received a student pack which could consist of things such as :- Mathletic, Spellodrome and Reading Egg licences, exercise books, scrap books, school magazine or show me student whiteboards and markers. Every year is different.

These resources are used in the classroom every day by your children and we appreciate your help.

If you are unsure if you have paid for the student pack or school contribution, please contact the school office.

BORROWED CLOTHING

From time to time students need to have a change of clothes during the day.

The office holds a small amount of clothing which we lend to the students.

If your child has come home with different clothes and a note from us, please wash the items and return them to the school office, or classroom, as soon as possible so they will be available for use again.

Thank you





Milo in2Cricket (5-8yrs) | Juniors (8-16yrs) Seniors Saturday Competition (all abilities)





Greetings from the Salvos at Hornsby!
Will you join us this year in filling the
Christmas Stockings and pantries of
the needy in our local area?

Your donations of NEW toys and/or non-perishable pantry items can be delivered to 29 Burdett Street, Hornsby. Or, to book a driver just ring 9477 1133.

We would appreciate it if donations were made before

<u>Wednesday 14 December 2016</u>so that we have sufficient
time for preparation and distribution.

All toys are checked prior to distribution, so unwrapped gifts are best.

[Some people kindly donate paper and ribbon along with the toys so that
the recipient family can wrap and label the gifts personally].

Please accept our grateful thanks in anticipation of the **joy** your gifts will bring!

David and Kim Hawke (Majors)



School Travel Update 2017 Applications

School Student Transport Scheme Applications open 10 October 2016

From Monday 10 October 2016 parents, guardians and students over 16 years, will be able to apply for 2017 School Student Transport Scheme (SSTS) travel pass by visiting www.transportnsw.info/school-students

Information for parents and students

School travel passes only need to be updated when a student:

- · changes address, or
- changes school or campus.

A new application is required when:

- applying for an SSTS pass for the first time,
- · enrolling in Kindergarten,
- progressing from Year 2 to Year 3,
- progressing from Year 6 to Year 7, or
- requesting an additional pass as a result of a new shared parental responsibility situation.

For more information on planning your school travel, visit <u>www.transportnsw.info</u> or contact your local operator.

Passes for 2017 travel

Opal network: Please remind ALL students to keep their School Opal cards for travel in 2017. These cards will be automatically deactivated for school holidays and then reactivated for school travel in term one. Current School Opal cards can be updated with changes of school, home address or operator.

Rural and regional travel: Student's travelling with operator issued passes will receive a new pass in the new school year.

Transdev Lost Property

Transdev advises:

If you or someone in your group leaves belongings on our bus, please contact us as soon as possible.

All lost property enquiries should go direct to our Bankstown Depot 02 8700 0555 or via our website www.trandevnsw.com.au.

We encourage you to make your enquiry as soon as possible to help speed up the recovery process.



What is a School or Child/Youth Opal Card?

The School Opal card is a free travel or discounted travel Opal card to help eligible students to get to and from school. It is only valid for approved travel on school days between your home and

school with restricted hours, on the mode(s) specified in the original application.

For travel outside of school, for personal travel or if ineligible for a School Opal card, students should use a **Child/Youth Opal card**, a concession fare Opal card for customers aged 4/15 (inclusive), or customers 16 years or older who hold a NSW/ACT Senior Secondary School Concession Card. The card must have **sufficient balance** on it for the intended travel.

Tap on and off, every time to validate your trip

At the start of each trip, tap on by placing your Opal card on an Opal card reader located at the entrance of the bus.

At the end of the trip, tap off by placing your Opal card on an Opal reader again.

Opal card holders must always tap on and off for each trip and each transport mode used during their journey.

If an error message displays when tapping on or off, students must take notes of the error code and contact Opal Customer Care for assistance.

No tap on and off, no bus services

Although some might have a free pass, all students must tap on and tap off, so we understand customer travel patterns and can adjust the services provided if necessary.

If students don't tap on and off, services may be withdrawn due to the lack of recorded patronage, or redirected to other schools where the demand is higher.

Any lost, stolen, faulty or damaged Opal card must be **reported online immediately**. While waiting for a replacement card, students must use a Child/Youth Opal card to travel.

Your Opal Customer Care useful contacts

Call 13 67 25 (13 OPAL) or visit opal.com.au (24 hours, 7 days):

- ⇒ Access Opal School or Opal Child/Youth eligibility criteria,
- \Rightarrow Apply for an Opal card,
- ⇒ Register a Child/Youth Opal card, view balance or top-up credit,
- ⇒ Report an Opal card error message when tapping on/off,
- ⇒ Update a student profile if details have changed (e.g.: school, home address),
- ⇒ Report a lost/stolen, faulty or damaged Opal card,
- ⇒ Order a replacement Opal card.

Alternative contacts:

National Relay Service (NRS) 133 677 – for deaf, hearing or speech impaired customers, Translating and Interpreting Service (TIS) 131 450 – for non-English Speaker.





The simp√est woy

...to understand UV radiation.

What is UV?

Ultraviolet (UV) radiation, emitted by the sun, is the main cause of skin cancer. UV radiation can be dangerous even on cool and cloudy days.

Did you know?

Ultraviolet (UV) radiation can damage skin when it reaches levels of 3 or above.



Staying safe when the UV is three or above:

-Download the SunSmart app or use the online widget (www.sunsmart.com.au/uv-sun-protection/uv/uv-widget) to find out the exact hours to use sun protection.

-Generally, the UV levels will be above 3 throughout the day from October to March. So minimise time outside

from 11am - 3pm (DST) and use sun protection when outdoors (Slip, Slop, Slap, Seek, Slide).



To help keep your kids safe in the sun, check your schools SunSmart status by heading to www.sunsmartnsw.com.au





Nutrition Snippet

The simp√est woy

...to plan the week's lunches.

The year is almost over - that's a lot of lunches you've had to pack!



Finding the time and inspiration to create a

healthy lunch box five days a week can be a chore. Planning ahead can ease the pain.

Make it even simpler and head to the "for parents" section of **eatittobeatit.com.au** for ideas for five healthy lunch boxes.

Make them all, or pick and choose the items your child will love to eat.

Just remember to include a combination of breads and cereals, meat and alternatives, veg and salads, fruit, dairy and a drink of water.

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit



BEROWRA PUBLIC SCHOOL PARENT/CAREGIVER CONSENT



I give permission for my son/daughter Name:	Class
to attend the excursion/incursion	Date
I understand that the excursion is approved by the Principal and	I involves travel by:
BUS / TRAIN / WALK / PRIVATE CAR / FERF	RY
I have made an online payment. My receipt number is:	
Signed:	Date:
×	
BEROWRA PUBLIC SCHOOL PARENT/CAREGIVER CONSENT	Berowra Public School
I give permission for my son/daughter Name:	Class
to attend the excursion/incursion	Date
I understand that the excursion is approved by the Principal and	involves travel by:
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