



29<sup>th</sup> March, 2017  
Term 1 Week 10



# The Crest

*Self*

*Respect  
Others*

*Community*



# Berowra

## Public School



Phone 9456 1319  
Website [www.berowra-p.schools.nsw.edu.au](http://www.berowra-p.schools.nsw.edu.au)  
Email [berowra-p.school@det.nsw.edu.au](mailto:berowra-p.school@det.nsw.edu.au)



## Staff Development Day

Just a reminder – Monday, 24<sup>th</sup> April is a pupil free day. Term Two commences for students on Wednesday 26<sup>th</sup> April.

To fit in with our professional learning for teachers this year we have been able to book Andrell Education for Friday, 30<sup>th</sup> June (last day of Term Two). This is to complement the Big Writing Program in our school.

I was unable to book them on one of our Staff Development Days so we need to swap our days.

**Friday, 30<sup>th</sup> June** will be a pupil free day and students will return to school on **Monday 17<sup>th</sup> July**.

## NAPLAN

The National Assessment Program - Literacy and Numeracy: (NAPLAN) is conducted each year for all students in Years 3, 5, 7 and 9 in all government and nongovernment schools. This program, which has the support of all State and Territory Education Ministers, will assess the literacy and numeracy learning of students in all Australian schools. Please note these dates in your diary. Unless there is sickness, no Yr 3 or Yr 5 child should miss this assessment.

Tuesday 9<sup>th</sup> May – Language Convention test (Spelling, Punctuation and Grammar) and a separate Writing test.

Wednesday 10<sup>th</sup> May - Reading test. Thursday 11<sup>th</sup> May - Numeracy test (Number, Algebra, function and pattern, Chance and data, Measurement and Space)

## Bullying

The National Safe Schools Framework defines bullying as **repeated** verbal, physical, social or psychological behaviour that is harmful and involves the misuse of power by an individual or group towards one or more persons. Cyberbullying refers to bullying through information and communication technologies, e.g. the internet or mobile devices.

Conflicts or fights between equals and single incidents are not defined as bullying. Bullying of any form or for any reason can have long-term effects on those involved, including bystanders.

In short, bullying is a repeated pattern of harmful verbal, physical or social behaviour which involves the misuse of power. Cyberbullying is bullying through the internet or mobile devices.

Our advice to children when being faced by bullying behaviour is to put your hands out in front of you, say **“STOP”** in a loud voice; say **‘I don’t like that’** and then **leave them and walk away**. Always tell a teacher if you feel another child is mean, nasty or intimidating towards you.

The legal age limit for Facebook, Kik, Instagram and Twitter is 13 years and above; for Snapchat it is 18 years and older.

Never leave computers, laptops, tablets, ipods or mobile phones in bedrooms as this can cause lack of sleep due to interruptions/texts or other media notifications. Always ensure that as a parent you have access to your children’s passwords and logons, so that you can monitor their activities and ensure they are not being bullied or on inappropriate sites. Remember that if you don’t allow certain children into your house to play with your children – do not allow them into your house via the internet!

## Jensen G

Congratulations to Jensen G (5/6B) – 11 years boy champion at the Sydney North Area Swimming Carnival – he is now off to the State Carnival.

I wish you all a happy Easter and a safe a relaxing break.

*Di Bower*

**Principal**

## HAT PARADE

We invite parents, grandparents and friends on Thursday 6<sup>th</sup> April to come along to our school hall for our annual hat parade. This year the students will be making their hats at home.

We look forward to seeing your wonderful creations. Students will come to school in their school uniform and bring the hat for the parade. Don’t forget your school hat too.

We will begin in the hall at 10:30am. Kindergarten will sing some Easter songs followed by a few pieces performed by the recorder groups.

After the hat parade we will draw the winners of the Easter Raffle. Tickets will be available to purchase on the



day. We would love our visitors to stay behind and be entertained by the school training and concert bands. You will be able to purchase tea/coffee and a hot cross bun.

### DANCE NEWS

Congratulations to 1S, 3R, 5/6E and 5/6B for your wonderful dance performances last Tuesday.



### SUPPORT GROUP NEWS

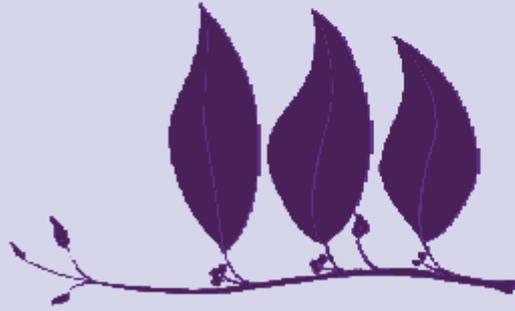
Thank you everyone who helped with the Book Fair from bringing books from the container, donating books, baking, sorting or selling the books and then helping to pack all the books away again. It was a combined effort with BOOSH Cottage. The Book Fair raised approximately \$2000, half of which will go to BOOSH and the other half will be given straight back to our wonderful school towards funding technology.

Our first disco of the year has been a big success. Most of our cute Kindergarten students joined in. DJ Shane played lots of games at the infants session and had disco music running the whole time for the primary session. Thank you everyone for supervising the disco especially all the new Kindy mums and dads. Hope you had as much fun as the kids!

Chris Chu

# Respect

**Self**  
**Others**  
**Community**



## Harmonious Stage 2

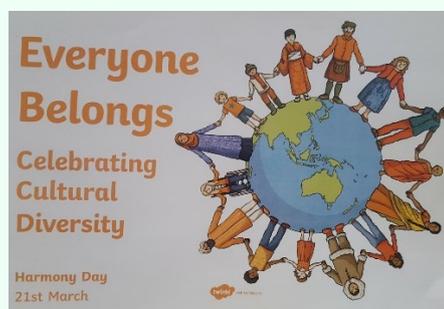
The whole of Berowra Public School celebrated World Harmony Day on Tuesday 21.3.17. Classes combined with their buddy classes to enjoy a wide range of harmonious activities.

The stage 2 students participated in fun, meaningful and engaging activities like group dancing, chain paper craft with people linking their hands together, singing songs like 'What a Wonderful World' and 'Don't Worry be Happy', 'Everybody Belongs', Chinese songs and writing, poetry acrostics with words like CELEBRATE, RESPECT, DIVERSITY and BELONGING. Students made window fish with the message, *we are all different, but swim in the same SCHOOL*. Artworks titled *Footprints have no colour, we walk together in harmony*. Some classes had lunch with their buddy class.

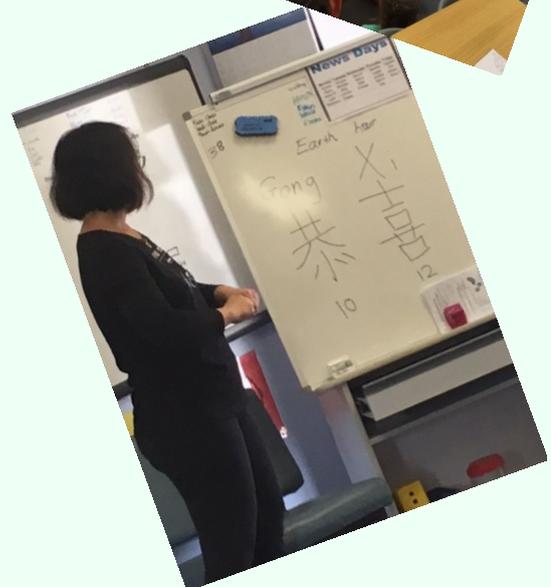
The metaphor, "a butterfly flapping its wings in a rain forest in Brazil can create a tsunami in Texas. If the butterfly had not flapped its wings the tsunami would not have happened." A similar principle occurs in schools with random acts of kindness. Our children are taught that every interaction with people, no matter how large or small, impacts on others in many different ways. It's often those simple little things which add up to one big happy learning environment, actions like saying please and thank you, helping out a friend who may be feeling down or waiting to let the scripture teacher enter the classroom first.

Through the Positive Behaviour and Learning lessons our children have been studying about friendship, anti-bullying, being responsible, kindness and supporting others, honesty, many hands sharing make light work and the fact that it's alright to be different. Most importantly our students are learning to "walk a mile in someone else's shoes." To empathise can be a difficult concept to grasp for some of our students and it shows maturity and a sense of belonging and respect for the students to understand and implement. Through teaching these specific skills, we are preparing the children for the future, through working and growing together for life.

Kind regards,  
Glenn Pritchard  
Assistant Principal



Harmony Day  
21st March



What does PBL at Berowra Public School cover?

**Behaviour management in the playground**  
Teaching how to behave positively.  
Communication of incidents across the school.

**Behaviour management in the classroom**  
Teaching positive behaviour choices so students can maximise their engagement and learning.

**Awards**  
Awarding positive behaviour. May be done verbally or with Gotchas, Merit Awards etc.  
**Reminder- the 'white' merit certificate has replaced both the previous yellow/ purple certificates.**

**Responding to problem behaviour**  
How teachers (and students) respond to problem behaviour in the playground and in the classroom. Identifying and addressing behaviour concerns.



When is PBL taught?

PBL is taught **throughout the year**. Students are reminded of the Berowra Public School expectations of **Respect- self, others and community** every day. They may be referred to when following classroom procedures, changing activities or as a reminder before going out for recess or lunch.

At the start of the year, all teacher taught their classes the procedures and routines for their own classrooms (for example, how to return home readers, or where to put their lunch boxes).

R	E	S	P	E	C	T
Relationships	Emotions	Set goals and stay focused	Play fair	Ensure safety	Courage	Think first
- getting along with others	- identify and manage emotions	- growth mindset - doing your best	- supporting others	- taking care - resilience	- courage	- appreciate others

The above table represents the order of the 'units' or **focus topics and lessons** across the year. These units are based on the *Bounce Back! Wellbeing and Resilience Program*. The program focuses mainly on the teaching of coping skills to help children and young people respond positively to the complexity of their everyday lives. Teachers may also use additional resources or programs to suit the needs of the students in their classes.

**Berowra Public School**

## Hat Parade

*Please come and join us in celebrating*



# Easter

Dear families and friends,

Come and celebrate **Easter** with the children and staff. There will be singing, a hat parade, music by the school bands and recorder groups, an Easter raffle and morning tea to buy. Start getting crafty and creating your wonderful hats for the parade.

**When: 10:30am, Thursday 6<sup>th</sup> April, 2017**

**Where: BPS School Hall**

Don't forget The Crest is also available on the school website:

[www.berowra-p.schools.nsw.edu.au](http://www.berowra-p.schools.nsw.edu.au)

Click on the Newsletter tab.

Parent Online Payments can also be made from the BPS website using the 'Make a payment' tab.

## MAKING SCHOOL PAYMENTS

Please note that money collection days at Berowra Public School are **Tuesdays and Thursdays only.**

For security of payments it would be appreciated if money only be sent to school on these days in a signed payment envelope. This includes any payments for the choir, drama, sport or extra curricular activities.

We have only two days a week allocated to receipt money so please remind your child to give it to their teacher in the morning as receipting and banking are completed during the day. Correct money is appreciated as the office is unable to hold change.

**Please do not hand payments into the office after school.**

Handing money into the office after banking has been completed may result in confusion for the teacher and your child's name not marked off as having paid for an excursion, sport or an activities.

Any payments for the P&C or Support Group fundraisers and the canteen special lunch days can also be handed to the class teacher, but please include these in separate envelopes and with separate payment. Do not include with school payments.

You can make multiple payments for multiple students with the one cheque or credit card if you like. Just make sure all details are included and permission is forwarded.

Don't forget that you can also pay online. However, signed permission envelopes are still required to go to the teacher for excursion. Just mark on it that you paid online.

Please also be aware that when using the Westpac Parent Online Payment system, all payments processed after 6pm will not be seen at the school until the second business day eg payments made after 6pm on Monday evening will be on the Westpac report on Wednesday morning, payments made after 6pm Friday will be seen on Tuesday morning.

Thank you for your cooperation.



## **BPS Music Easter Raffle**

It's time for the annual **Easter raffle!**

We are compiling some yummy **Easter baskets** which can be won in our Easter Raffle! The Music Program is raising funds to buy music and attend the Berowra Musica 2017. Easter Baskets will be made up from Easter Eggs and soft toy donations from parents and students. **If you would like to donate Easter Eggs for our raffle, please send them to school and leave in Mrs Withford's room 3A.**

Easter baskets will be on display in the office very soon.

Please support the Music Program by purchasing tickets. We will be selling tickets before and after school from the 23rd March - 5th April outside BOOSH Cottage.

**Tickets are \$1 each.**

The raffle will be drawn at the Hat Parade on Thursday 6th April.

Thank you for your support and have a Happy Easter,





# **Berowra Public School**

## **KINDERGARTEN 2018 INFORMATION SESSIONS**

**7:00pm Monday 8<sup>th</sup> May 2017**

**or**

**10:00am Thursday 18<sup>th</sup> May 2017**

**Please join us in the Kindergarten rooms**

**These sessions are designed to assist you in enrolling your child in kindergarten for 2018.**

**You will hear about the programs Berowra Public School has to offer, how we cater for individual needs and how we provide a balanced education for all students. You will also hear about our student welfare policy, our buddy system and positive steps to providing a happy and safe learning environment for your child.**

**This is the first part of our extensive Kindergarten Orientation Program during which we welcome you and your child to Berowra Public School.**



Upcoming Events	
<b>MARCH</b>	
Thurs 30	BPS School Photo day
Fri 31	PSSA winter comp commences
<b>APRIL</b>	
Wed 5	Easter service in BPS hall
Thurs 6	Hat Parade
Fri 7	Last day of term 1
Fri 14	Good Friday
Mon 17	Easter Monday
Mon 24	SDD—staff return to school
Tues 25	ANZAC Day public holiday
Wed 26	All students return for term 2
Fri 28	Year 2 commence gymnastics
<b>MAY</b>	
Tues 2	Mothers Day stall
Thurs 4	BPS Cross Country Carnival
Mon 8	Kindy 2018 Information session 7pm
9-11	NAPLAN Testing for Year 3 & 5
Thurs 11	Year 2 Bobbin Head excursion
Wed 17	P&C meeting 7.30pm in staffroom
Thurs 18	Kindy 2018 Information session 10am Year 1 Bobbin Head excursion
Tues 23	UNSW Digital Technology competition
Mon 29	Zone Cross Country
Tues 30	UNSW Science competition
<b>JUNE</b>	
Fri 9	Area Cross Country
Mon 12	Queen's Birthday public holiday
Tues 13	UNSW Writing competition
Wed 14	UNSW Spelling competition
Thurs 15	BPS Athletics Carnival
Wed 21	P&C meeting 7.30pm in staffroom
Thurs 29	Last day of term 2
Fri 30	Staff Development Day
<b>JULY</b>	
Mon 17	All students return for term 3

**Class Awards**  
**Week 8 and 9**

<b>KB</b>	Zoe P, Erin P, Seren D, Lachie M
<b>KY</b>	Lachlan L, Nikolai M, Luca R, Benjamin C
<b>1D</b>	Ashleigh J, Nate C, Matthew T, Rachael H
<b>1S</b>	Ethan n, Harper G, Brady M, Sierra B, Ruby B, April A,
<b>1T</b>	Billy Y, Lauren B, Emma W, Poppy C, Zali H, Ellie L, Annika S, Ruby N
<b>3A</b>	Eloise S, Dorian T, Lily P, Raiph C, James F, Madeleine T, Archie R
<b>3R</b>	Chloe L, Hayden F, Finn M, Farrah P, Alana A, Preston B
<b>3/4P</b>	Annaliese S, Alex L, Chantelle C, Corey P, Omar D, Jacob B, Matthew A, Jack J
<b>4C</b>	Nicole J, Emily P, Annabelle H, Aimee H, Alex J, Katrina D, Kate W, Ava A, Julian C
<b>4P</b>	Elisa D, Harry M, Tiana P, Scott T, Harrison B, Jed W, Dylan D, Anna P
<b>5/6B</b>	Daniel V, Alisha M, Jensen G, Ella M, Leela S, Jasmine C, Pearl M
<b>5/6K</b>	Ollie G, Alex H, Isabella A
<b>5/6S</b>	Emily L, Katie C, Elisa O

## MOBILE PHONES AT SCHOOL



Parents and students are reminded that mobile phones are not to be brought to school except in exceptional circumstances.

Then the mobile phone must be left at the school office before school and collected at the end of the school day.

# MindQuest 2017

## Glenwood High School

Cnr Forman Ave & Glenwood Park Dr  
Glenwood 2768

**Saturday 20th & Sunday 21st May 2017**

For Gifted & Talented Primary Students Years 1-6

Students can participate in over 36 exciting, fast paced courses in the two day program, including chemistry, earth sciences, drama, lego robotics, chemistry and much more.  
The cost of the weekend is \$195 (including GST).

It is anticipated that many of the courses will be full before the closing date so send your applications in early to avoid disappointment.

Entry forms and information available at BPS school office  
Closing Date Friday 7th April 2017

Courses fill fast so get in early.

## BECOME AN ETHICS TEACHER

- The Stage 2 Ethics class is full — I need another teacher please!
- Ethics classes run on Wednesday morning.
- Grandparents or community members are very welcome to apply!

Contact the Ethics Coordinator, Jess, on [jess@farrownorris.com](mailto:jess@farrownorris.com)  
or 0478 221155 to find out more

Or, apply directly via <https://primaryethics.com.au/volunteer/ethics-teacher/>



## Wu's Style Tai Chi

Kung Fu from the royal palace in China since 1850's

### Wu's Style Tai Chi lineage of our instructor

Wukaihala Chuan-Yau (1824-1902)  
Imperial guard of royal palace  
in Qing-Dynasty in China

Wu Chien-Chuan (1870-1942)  
Eldest son of Master Chuan-Yau

Wu Kung-Yi (1900-1970)  
Eldest son of Master Chien-Chuan

Wu Tai-Kwei (1923-1972)  
Eldest son of Master Kung-Yi

Master Eddie Wu Kwong-Yu (1946-)  
Eldest son of Master Tai-Kwei

Our instructor: Jacky Chan  
Student of Master Eddie Wu  
BENG (Electronics), MBA, MSc (Logistics)

Join us and become the next generation of Wu's Style Tai Chi



Students Special!! \$40 per month, 4-5pm Monday to Friday. Book Now!!

### Taichi Qigong Reiki Centre

Suite 3, 43A Florence Street, Hornsby, NSW 2077  
Phone: 0490 327 566, Email: tqrc108@gmail.com  
Website: [www.taichiqigongreikicentre.com.au](http://www.taichiqigongreikicentre.com.au)



## PIANO / KEYBOARD LESSONS!

Beginners to Advanced  
(including HSC and Tertiary)

Sue Norrington BA (Mus), Grad. Dip Ed

Over 30 years' experience of excellence in teaching

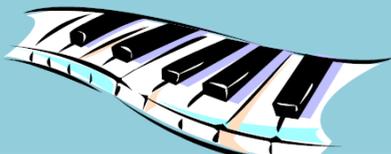
Limited Vacancies for 2017

Learn to play piano in a relaxed and caring  
environment!

Learn for leisure, optional AMEB exams,  
Musicianship, Annual Concert.

Phone: 9456 3752

[www.musicteacher.com.au/sue-norrington/berowraheights/](http://www.musicteacher.com.au/sue-norrington/berowraheights/)



## 2017 DANCE CLASSES:

ENROL NOW

JAZZ

HIP HOP

AMERICAN

BARRE ATTACK

ACRO

PENNANT HILLS

BEROWRA

ASQUITH

VERY REASONABLE FEES

FROM 2 ½ YEARS TO ADVANCED

PH: 9456 2638 0408 473 803

BALLET

MODERN

LYRICAL

TAP



# FREE Kids Gardening Classes

11am

Mon 10 - Thurs 13 &  
Tues 18 - Fri 21 April

Kids under 5 must be accompanied by an adult



**Flower Power**

For more gardening advice,  
visit [flowerpower.com.au](http://flowerpower.com.au)



Nutrition Snippet

## The simplest way

...to try healthy Easter treats.

Before the kids get too crazy on chocolate, why not mix up the Easter treats with some fun but healthy festive fare?



**Egg-cellent surprises:** fill brightly-coloured plastic eggs with the kids' favourite fruit and veg.

**Breakfast bunny:** add fruit adornments to pancakes to create a "you-beaut" bunny.



Or try carrot pot plants and fruity chicks.



For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)

**Eat It To Beat It**

Healthy • Active • Happy • Kids

"It's so wonderful to have my active, happy, motivated and confident 10 year old boy back."  
Go4Fun Parent.

**GO4FUN IS A FREE TEN WEEK HEALTHY LIFESTYLE PROGRAM FOR KIDS AGED 7-13 YEARS WHO ARE ABOVE A HEALTHY WEIGHT.**

Sessions run once a week for two hours after school, during school term.

The program is run by a trained and qualified health professional.

**WHY JOIN GO4FUN?**

- Get expert advice on healthy eating
- Get active playing fun games
- Make new friends
- Build confidence
- Make changes as a family
- Get support on goal setting
- All for FREE!

WHEN	WHERE
<p>Tuesdays 4.30pm-6.30pm Starts 2nd May 2017</p>	<p>Hornsby PCYC (Performing Arts Centre) 22 Waitara Ave, Waitara</p>

**REGISTER NOW**      FREECALL 1800 780 900  
OR [GO4FUN.COM.AU](http://GO4FUN.COM.AU)

Health  
Northern Sydney  
Local Health District

**PRESCHOOL EDUCATION (3-6 YEAR OLDS)**

NOT FOR PROFIT COMMUNITY HUB

RATED 'EXCEEDING' THE NQS

OPEN 8:15AM TO 3:45PM

**FEES \$43 PER DAY FOR 2 DAYS FOR 4 YEAR OLDS**

[www.norwoodcommunitypreschool.org.au](http://www.norwoodcommunitypreschool.org.au)

**02 9477 2258**

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# Cash back on the school run



# School Drive Subsidy



If you live a long way from public transport and need to drive a student to a public transport pick up point or to school, you may be able to get financial assistance.

The School Drive Subsidy provides eligible parents and guardians twice-yearly payments to help cover some of the expenses of getting children to school.

To find out if you're eligible, and to apply online, visit [transport.nsw.gov.au/schooldrive](http://transport.nsw.gov.au/schooldrive)

### Can't get online?

Ask about the School Drive Subsidy at your school, or call **131 500**.

OP560/PWC/DL/1D-009-11/2016



**FRIDAY 7<sup>TH</sup> APRIL**

**WARRINA STREET OVAL, BEROWRA**

BROUGHT TO YOU BY:



**GATES OPEN AT 5PM, MOVIE AT 6.15PM**

**+ JUMPING CASTLE, SAUSAGE SIZZLE, POPCORN & MORE**

**FREE EVENT**

# RECREATIONAL HOLIDAY GYMNASTICS



**Hornsby RSL Youth Club Gymnastics**  
 1 Ashley Lane Hornsby NSW 2077  
 Phone: 9476 6689  
 Email: [info@hornsbysrslgymnastics.com.au](mailto:info@hornsbysrslgymnastics.com.au)  
 Website: [www.hornsbysrslgymnastics.org.au](http://www.hornsbysrslgymnastics.org.au)

**BOOK NOW**

**APRIL 2017 PROGRAM**

Our popular recreational holiday gymnastics program will be running again throughout the Easter school holidays for all children aged 5 – 12 years (no experience necessary). The days are fun filled, fast moving and include use of all the gymnastics apparatus. Children have the opportunity to learn new gymnastics skills, participate in games, circuits, group activities, mini competitions and much, much more!!  
 Classes are run by fully accredited Gymnastics Coaches. Bookings are essential via our website.

**PROGRAM DETAILS:**

Time:	9am – 3pm each day	
Dates:	Monday 10th April	THEME: CRAZY SOCKS
	Wednesday 12th April	THEME: EASTER MADNESS
	Wednesday 19th April	THEME: WACKY WEDNESDAY
	Friday 21st April	THEME: SOMETHING BEGINNING WITH "G"
Cost:	Members Price* = \$40 per day	Non Members Price* = \$45 per day
	* A member is a person who has paid the annual fee for that year (1 <sup>st</sup> January–31 <sup>st</sup> December)	
What to bring:	Morning tea, lunch and a drink. No nuts permitted.	
What to wear:	Dress to suit the theme for the day!! Please ensure clothing is suitable for gymnastics or the dress up items can be removed for the activities!! **Children must have bare feet prior to entering the floor area	
Cancellations:	Please note that refunds or credits are not permitted.	
Bookings:	More information and to book visit our website <a href="http://www.hornsbysrslgymnastics.org.au">www.hornsbysrslgymnastics.org.au</a>	

**VISIT OUR WEBSITE FOR MORE GREAT HOLIDAY GYM OPPORTUNITIES:**

- ✓ Tumble, Tricks and Flips sessions (8 years plus)
- ✓ Advanced Gym sessions
- ✓ Senior Gym sessions (High school students)

**BOOK ONLINE NOW:**  
[www.hornsbysrslgymnastics.org.au](http://www.hornsbysrslgymnastics.org.au)



Nutrition Snippet

## The simplest way

Smoothies are a great way to add a fruit or veg boost to your morning and are a great breakfast on the go.

**Banana Smoothie**  
 Serves 2.



**Ingredients:**  
 2 cups reduced fat milk  
 1 ripe banana  
 1 tsp cinnamon  
 ½ cup natural yoghurt  
 1 tsp honey (optional)

**Method:**  
 Mix in a blender until smooth.

**Top tips:**

- Store chunks of over-ripe banana in zip-lock bags in the freezer, ready to use when needed in a smoothie.
- Smoothies can be frozen to keep cold and fresh in the lunch box.

For more information visit  
[www.eatittoBeatit.com.au](http://www.eatittoBeatit.com.au)  
 or join us at [facebook.com/eatittoBeatit](https://www.facebook.com/eatittoBeatit)



## THE ATHLETE'S FOOT HORNSBY

REWARDS PROGRAM IS A PROUD SUPPORTER OF BEROWRA PS

The School Rewards Program is a great fundraising opportunity with \$5 from every pair of shoes purchased being donated back to your school. This applies to the whole family across our fantastic range of school, sports, work and casual shoes. Ask one of our friendly staff in store for more details.

**\$5 FROM EVERY PAIR OF SHOES PURCHASED IS DONATED BACK TO YOUR SCHOOL**



LOWER GROUND FLOOR  
 WESTFIELD SHOPPINGTOWN



**HORNSBY BEROWRA EAGLES**



**Auskick 4 – 7 yrs  
 Juniors U8 – U17  
 Girls U12, U15, U18**

Looking to play a sport with your mates?  
 Come and play Aussie Rules with the 2009, 2011, 2012, 2013 & 2016 Northwest Club of the Year.

AFL footy is one of the fastest growing sports in the Country, with the Hornsby Berowra Eagles being regarded as one of the best clubs in Sydney.

Offering Footy from Auskick for 4 – 8 year olds, Grade Footy for Under 9 – Under 17 and dedicated Girls Footy being introduced this season!

For more information and registration head to our website at:  
[www.hornsbtoberowraeagles.com](http://www.hornsbtoberowraeagles.com)  
 Or contact our president Paul at [president@hornsbtoberowraeagles.com](mailto:president@hornsbtoberowraeagles.com)

**Come and Try Day:**  
 The Hornsby Berowra Eagles will be hosting a Come and Try Day.  
 Date: Sunday 5<sup>th</sup> March  
 Location: Rofe Park, Hornsby Heights  
 Time: 9.00 – 11.00am

# The simplest way

...to make a mezze plate.

A mezze plate is a great snack or starter and perfect for sharing.



It is ideal hands-on food for kids, and junior chefs can help prepare it too.

Options are limited only by imagination. Just remember to include plenty of veg! Our plate, pictured above, includes:

- Baba ghanoush and Middle Eastern bean dip (or try hummus and tzatziki).
- Dolmades (vine leaves stuffed with rice and herbs).
- Olives.
- Cucumber and carrot sticks (capsicum sticks, green beans and baby corn work well too).
- Flat bread cut into wedges.
- Tabbouleh.

For more information visit [www.eatittobeatit.com.au](http://www.eatittobeatit.com.au) or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)



## 2017 Registrations Now Open!

Registrations are now open for the 2017 season with Brooklyn United Soccer Club\*. Family discounts are also available.\*\*

Register online now at [www.myfootballclub.com.au](http://www.myfootballclub.com.au) to come and play with Brooklyn. Our prices are some of the cheapest around!



Age Group	Club Fee	Age Group	Club Fee
Under 6	\$140.00	Under 12	\$175.00
Under 7	\$140.00	Under 13	\$175.00
Under 8	\$150.00	Under 14	\$175.00
Under 9	\$150.00	Under 15	\$175.00
Under 11	\$160.00	Girls U12/U13	\$175.00

Jerseys are loaned for the season.  
Shorts and socks are also available for purchase.  
Shorts are \$30 and socks are \$10.

### Contact Details

w: [www.brooklynssoccer.org.au](http://www.brooklynssoccer.org.au)  
e: [secretary@brooklynssoccer.org.au](mailto:secretary@brooklynssoccer.org.au)  
p: 0419 696 239

\* Online Registrations close Sunday March 6 2017. Manual payment option available so no credit card required. EFTPOS machine available on the registration and pre-season training days.

\*\* The family discount of 25% applies to the second and each subsequent member of the same family. Player 1 is the player with the highest fee.

# SCHOOL ZONE PARKING OFFENCES

Increased penalties for School Zones. Current as at 1 July 2016



Means that in the area in the direction of the arrow, you must **NOT STOP your vehicle** at any point on the road or kerb, unless there is a medical or other emergency.

## Maximum Penalty

**\$433**

**+ 2 Demerit Points**



Means that you have no more than 2 minutes for drop-offs or pick-ups of passengers or goods and the driver must stay within 3 metres of your vehicle.

Penalty

**\$180**

**+ 2 Demerit Points**

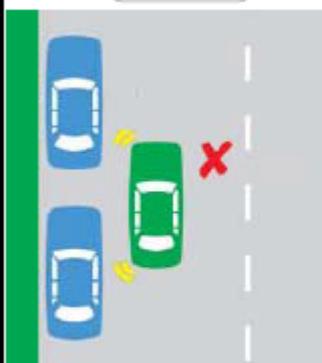


Means that in the direction of the arrow or arrows you are not allowed to stop your vehicle unless you are driving a bus.

Penalty

**\$325**

**+ 2 Demerit Points**



## DOUBLE PARKING

You are **NOT PERMITTED** to stop or park your vehicle alongside another vehicle that is already parked parallel to the kerb.

Penalty

**\$325**

**+ 2 Demerit Points**

- STOP in a NO STOPPING zone: **\$325 + 2 Demerit Points**, or STOP on or near a Children's or Pedestrian Crossing: **\$433 + 2 Demerit Points**
- STOP on path/strip in built up area: **\$180 + 2 Demerit Points**
- STOP or Park in a Disabled Marked Area without a permit: **\$541**

Please Note: fines subject to change without notice. Current to 30 June 2017.  
These penalties apply to offences in school zones during posted school hours.