

20th September, 2017
Term 3 Week 10



The Crest

Self

*Respect
Others*

Community



Berowra
Public School



Phone 9456 1319
Website www.berowra-p.schools.nsw.edu.au
Email berowra-p.school@det.nsw.edu.au



Issues/Concerns

There have been a few incidents lately where parents are taking to social media to express their concerns or dissatisfaction with something that has happened at school or that the school has organised. I am very disappointed that these parents do not come first to the school or me. As a school and as the principal we have always been open to listen to parents' concerns and discuss these.

Unfortunately, when you express these concerns on social media you do not give us a chance to explain how, why or when decisions were made or how we handled a certain situation.

When an excursion is planned there are many steps that we have to complete to ensure that the best and safest experience is planned for your children. We also ensure that the experience is within the budget of families. Keeping costs down for families is our second priority.

I would request that from now on if you are dissatisfied, concerned or even don't understand a reason for anything we plan or do, please email or ring me. Remember, when you air your grievances/concerns on social media you will never get the whole truth or even the best solution to your concern.

Uniforms

Officially we change into summer uniform next term. Please remember to check the weather and dress your children appropriately – whether summer or winter- comfort is the key!

Congratulations:

- Dean G (4C) – Sydney North Area Athletics – 11th Sept
- Alex R and Alex Mc (4C) – presenting Year 4's project at the Cultivating Cultures of Excellence – 7th Sept
- Girl's Dance Group – State Dance Festival – 12th Sept
- Berowra Musical Festival – Bands and string group – 15th Sept

Wishing you all a safe and happy holiday – enjoy.

Staff and students return on Monday 9th October when year 2 commence the Special Swim Scheme.

Di Bower

Principal

THANK YOU

Thank you to everyone who has paid for their children's classroom resources (student pack) as well as the voluntary school contribution.

Every student received a student pack which could consist of things such as :- Mathletic, Spellodrome and Reading Egg licences, exercise books, scrap books, school magazine or show me student whiteboards and markers. Every school year is different.

These resources are used in the classroom every day by your children and we appreciate your help.

If you are unsure if you have paid for the student pack or school contribution, or any of the extra curricular or excursions please contact the school office.

ENROL NOW FOR KINDERGARTEN 2018

Enrolments for Kindergarten are well underway.

If your child or you know of a child ready to start school next year make sure they are enrolled.

Beginners Group starts week 2 next term and Kindergarten Orientation Day is on Thursday 23th November.

For more information contact the school office on 9456 1319.



Canteen Volunteers urgently needed

Any amount of time on a Wednesday, Thursday or Friday that you can spare would be greatly appreciated. Lunch provided.

Call Teresa on 0402 855 941, see her in the canteen any Wednesday, Thursday or Friday between 9.00am - 2.30pm or leave your details at the office.

Dance News

Congratulations to all of the students who performed at our end of term dance performance. K Red, K Yellow, 2P, 3/4P and 5/6K you were fabulous! Look out for their photos in The Crest.

Well done to Isabella J, Isabella C, Ava A, Farrah P, Skye T, Tatiana R and Marcus Z who represented our school in dance at the Sydney Dance Company dance workshops. They had a wonderful day participating in many styles of dance including jazz, musical theatre, contemporary and hip hop.

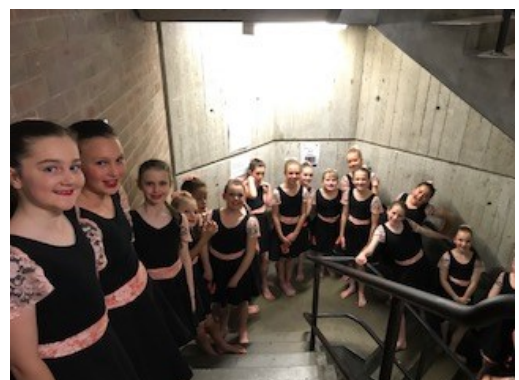
Some of our local preschools came along to experience a Kindy Dance lesson with Mrs Lukic this term. Kids in the Sky and Goodstart visited our school. Our Kindergarten students loved showing off what they had been learning and helping the preschoolers learn some new dance moves. Look out for their photos in The Crest.

Last Tuesday our girls dance group performed at the State Dance Festival at the Seymour Centre. They were one of only a select few schools who were chosen to be a part of this elite festival. Congratulations to the girls for their hard work and dedication. Their performance was outstanding on the night. The back stage manager told the girls that they were the best behaved school, rewarding them with a lolly! Well done girls, you are a credit to our school.



Don't forget to buy your tickets to watch this year's Schools Spectacular. This year we have some of our dancers and singers in the show. Even if you don't have any children in the show it is still an event to remember. There are four shows over two days on Friday 24th and Saturday 25th November. Get online now and purchase your tickets to this amazing show!

Search Ticketek or go to : <https://premier.ticketek.com.au/shows/show.aspx?sh=SCHLSPEC17>





Library News

We have had a very busy term in the library with Education Week Book Fair, Book Character Parade and Literary Trivia. The children are enjoying reading under The Reading Tree and in the different spaces we are creating in the library. Last week our new Smartboard was installed in the library so next term we will be able to incorporate this technology into library lessons. Our chrome books and ipads are in constant use and now we have access to not only the Smartboard but to Connected Classrooms as well.

REMINDER OVERDUE BOOKS

We still have many books overdue and notices were sent home last week. Could you please help children to return their library books when they have read them. The borrowing period is for 2 weeks but books can be returned to the library and renewed for a further 2 weeks. The children will be able to borrow extra books to read over the holidays.

The donated library books from the Book Fair will begin to be sent home with your child this week. Thank you so much again for your generosity.

We hope you have a safe and happy Spring holiday,

Jennie Smith. Kelly Lukic , Amanda Wilkinson
Teacher Librarians

You are invited to our

BPS M.A.D.D. night!



In a celebration of Performing Arts at Berowra Public, we are having
a **Music and Dance and Drama** night.

Every performance group in the school will have the opportunity to perform, as well as some very talented soloists. The program looks fabulous and it is a night not to be missed!

Monday 23rd October

7pm



Berowra Public School Hall

(more information to come home next term)



Spring into Reading

Children in kindergarten and years 1 and 2 helped to create our Spring into Reading picture in our reading corner in the library. It really felt like Spring on Wednesday.



Town Hall Choir

On Tuesday 8th August, Mrs Clayton and I had the pleasure of taking our Arts Alive choir (Town Hall Choir) to perform in the Festival at the Sydney Town Hall. We had a wonderful day, and the children sounded beautiful in the Town Hall. The children have practiced each week on Monday mornings to learn 10 songs. Half the children had the Soprano part to learn and half the Alto part. They all did very well learning their part.

Fiona T and Shamaya VR in year 6 are also part of the Arts Alive Regional choir as well and sung two extra songs with this choir during the evening. (They are missing from our group photo below as they were still busy rehearsing for these songs!)

Well done to all the children on their commitment to learning the songs both in the school practice, as well as in their own time at home. I was also very proud of their behaviour throughout the day, both on the train and during the rehearsal and concert at the Town Hall. Thank you to all the parents for their continued support for this part of our school music program.

Next term I will be asking for expressions of interest from children in years 3, 4 and 5 (2018 – 4,5 and 6) to begin with. The choir is predominantly made up of our more Senior students. If you think your child might be interested in this wonderful opportunity keep your eye out for information in the newsletter regarding expressions of interest and auditions which will be at the beginning of 2018.

Our next performance opportunity will be at MADD night on Monday 23rd October.

Alison Withford
Choir Teacher



Class Awards Week 8 and 9 term3

KB	Zoe P, Jordan D, Sophie Y, Chloe W, Darwyn F, Harrison C
KY	Benjamin C, Vari Y, Dillon K, Gabby B, Isaac A, Sam L, Cooper B
1D	Chloe S, Kane R-E, Kaelan J, Jessica C, Noah F
1S	Amelia R, Benjamin F, Samantha F, Summer W, April A
1T	Poppy C, Bethany W, Lauren B, Luke V, Harry D S, Maddie B
2C	Sam Y, Holly R, Ruby S, Aryou Z
2P	Elle R, Rubin L, Maddi H, Grace M, Ivy U, Kenney T, Callum L, Harper S, William N, Jack W, Josh B, Nathan W, Olivia F
3A	Dominic H, Madeleine T, Archie R, Eloise S, Luke E, Tara T
3R	Finn M, Otis H, Matt S, Megan D, Chloe L, Cooper L, Oliver M, Spencer L, Zane D, Ethan P
4C	Kate W, Aimee H, Alex J
4P	Emily C, Harry S, Chloe C, Benjamin O'C, Isabella C, Joshua W
5/6B	Jasmine C, Zoe V, Pearl M, Kian S, Jasper M, Danielle P
5/6K	Abbie C, Rachel D, Sophia H, Emalee P, Benjamin B D, Mischa M
5/6S	Zoe A, Emma H, Samuel S

Pennant Awards Term 3

Nathan G	Kiana L	Marcus Z	Term 3
Charlie L	Leela S	Ivy U	
Danny C	Megan W	Max D	
Oliver G	Grace M	Liam C	
Baylin G	Pearl M	Danielle P	
Emma H	Haylee S	Joshua R	
Skye T	Anna O	Lincoln V	


Nutrition Snippet

The simplest way

...to pack a healthy lunch box.

Everyone should aim for 2 serves of fruit and 5 serves of vegies, every day for good health. Sounds hard? It's easier if you include fruit and veg across the day. Try these simple ideas:

- **Pack vegetable sticks** – try carrots, celery, capsicum and cucumber – with hummus and vegetable based dips (like pumpkin, beetroot, spinach or red bean).
- Add a **small 150g tin of baked beans** to your child's lunch box (decant into a container your child can open).
- **Leftovers** are an exciting lunch box addition: try packing fried rice, a veggie stir-fry or some veggie frittatas – they all taste great cold!



For more information visit
www.eatittobeatit.com.au
 or join us at facebook.com/eatittobeatit



Does your child require medication during the school day?

If your child needs to take any prescribed medication during school time, the office can administer it for you.

The medication must be handed into the office in the morning together with a completed 'Medication Request Form'. This form can be located on our website under 'Our School' tab then 'Missed a Note?' or completed at the office.

Only prescribed medication in original packaging can be accepted or over the counter medication with a doctor's note.

Please do not give medication to children to self administer during the day for their safety and the safety of other children.

The only exception is Ventolin for asthma.



Upcoming Events

SEPTEMBER

Fri 22	Last day of term 3
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OCTOBER

Mon 9	Staff and students return for term 4
Fri 13	Kindergarten commence gymnastics on Fridays
16-18	Year 3 Gibberagong Camp
Wed 18	P&C meeting in the staffroom at 7.30pm
Sat 21	Family Portrait
Mon 23	MaDD Night -Music Dance and Drama from 7pm. Performing Arts night
Tues 24	Student Parliament Mufti Day
Fri 27	BPS Disco
Tues 31	Grandparents Day 12:45-2:00pm—visit and have picnic lunch with children

NOVEMBER

Tues 14	Fair Mufti Day
Wed 15	P & C meeting in the staffroom at 7.30pm
Thurs 16	Asquith HS Experience Day for year 5 students
Thurs 23	Kindy 2018 Orientation Day 10.00-11.15 in the hall

DECEMBER

Tues 5	K-2 Nativity Concert 10am and 12noon
Wed 6	Presentation Day—3-6 at 10am, K-2 at 12noon
Fri 8	Band Christmas evening
Mon 11	Year 6 Farewell at Asquith Golf Club
Wed 13	Surf Awareness Program at Collaroy Beach for Year 5 and 6
Fri 15	Last day of term for students

Don't forget The Crest is also available on the school website:

www.berowra-p.schools.nsw.edu.au

Click on the 'Newsletter' tab.

Parent Online Payments can also be made from the BPS website using the 'Make a payment' tab.

Looking for lost notes? Click 'Our School' tab then 'Missed a Note?'

Upcoming events are under the 'Calendar'.



ELECTION DAY Sausage Sizzle & Cake Stall



**B.P.S - School Support Group and BOOSH Cottage Say
THANK YOU!!**

The Best One Yet!!



Together we raised just over \$4600.00.

Many thanks to the Berowra APEX team for your continuous support and hard work. You guys always turn up with a smile on your faces and fun attitude. You certainly take a 'load off' the hard work involved with cooking all those sausages, steaks and bacon and eggs to feed the masses.

Thank you to Stephen and Mick, parents who barbequed all day on the school BBQ.

Thank you to all our volunteer helpers on the day. Some of you got up really early to come and give us a hand and it is very much appreciated. It was great to see some BPS students, past and present, come and join in the fun too. You all worked very hard especially during set-up and pack-up.

We need to give EXTRA thanks to Belinda Faught and Ian Meadows who pretty much spent all of the day setting up, selling and sorting and packing up all the books. This is a mammoth (and not at all glamorous) job involving lots of heavy lifting and many trips back and forth to the container. I hope you were able to have a nice soak in the bath when you got home to ease your weary bones.... You deserved it! J

Thank you to everyone who donated cakes, slices, biscuits and other yummy (naughty) goodies. The cake stall looked amazing and everything sold really well.

Special thanks to IGA - Bobbin Head Rd, North Turramurra, who donated 72 loaves of bread, 10 kilo of bacon. 30 dozen eggs and all the sauces as well as delivering all the goods. Without doubt the main reason we had such a successful day. We really appreciate your generosity and support.

As always it was a fun day and once again the weather was on our side.



Looking forward to seeing you all at the next one

Kind Regards

BPS - School Support Group and BOOSH Cottage

BORROWED CLOTHING

From time to time students need to have a change of clothes during the day. The office holds a small amount of clothing which we lend to the students.

If your child has come home with different clothes and a note from us, please wash the items and return them to the school office, or classroom, as soon as possible so they will be available for use again.

To assist with this process it would be helpful if Kindy parents packed spare underwear in their child's school bag.

Thank you

MAKING SCHOOL PAYMENTS

Please note that money collection days at Berowra Public School are
Tuesdays and Thursdays only.

For security of payments it would be appreciated if money only be sent to school on these days in a signed payment envelope, not plastic bags. This includes any payments for the choir, drama, sport or extra curricular activities.

We have only two days a week allocated to receipt money so please remind your child to give it to their teacher in the morning as receipting and banking are completed during the day. Correct money is appreciated as the office is unable to hold change.

Please do not hand payments into the office after school.

Handing money into the office after banking has been completed may result in confusion for the teacher and your child's name not marked off as having paid for an excursion, sport or any activities.

Any payments for the P&C or Support Group fundraisers and the canteen special lunch days can also be handed to the class teacher, but please include these in separate envelopes and with separate payment. Do not include with school payments.

You can make multiple payments for multiple students with the one cheque or credit card if you like. Just make sure all details are included and permission is forwarded.

Don't forget that you can also pay online. However, signed permission envelopes are still required to go to the teacher for excursion. Just mark on it that you paid online.

Please also be aware that when using the Westpac Parent Online Payment system, all payments processed after 6pm will not be seen at the school until the second business day eg payments made after 6pm on Monday evening will be on the Westpac report on Wednesday morning, payments made after 6pm Friday will be seen on Tuesday morning.

Thank you for your cooperation.



Cowan Public School Presents

Cowan Twilight Markets

Friday 27th October 5-7pm

cowantwilightmarkets@gmail.com

9456 1065

A wide variety of market stalls
including arts, craft, fashion,
fresh produce, Christmas item,
plants and much much more



Entertainment by local musician
Kids entertainment—sand and balloon art
Food—Café, and BBQ
Entry is Free so come along for some food,
entertainment and family fun!

MOBILE PHONES AT SCHOOL



Parents and students are reminded that mobile phones are not to be brought to school except in exceptional circumstances.

Then the mobile phone must be left at the school office before school and collected at the end of the school day.

Berowra Beginners Group for Kindergarten 2018

Berowra Beginners Group is for those children who will be attending Kindergarten at this school next year. This has proven to be a most beneficial orientation program to the school.

Sessions will be one morning a week for three weeks between 16th October and 3rd November 2017. Your child has a choice of attending Monday, Tuesday or Thursday. The sessions start at 9.30am and finish at 11.10am.

Please complete the below form and return to the school office by Friday 18th August. Cost is \$45.00.

Kindergarten Orientation Day is Thursday 23rd November 2017 from 10.00am to 11.15am.



BEROWRA PUBLIC SCHOOL Berowra Beginners Kindergarten 2018

Child's name:

Carer's name:

Phone no: Home..... Mobile.....

Please nominate first and second preferences by circling and writing 1 and 2 next to your preferred days and return to the school office.

Monday

Tuesday

Thursday

Assemblies



ORDER FORM



Helping Aussies fundraise for over 15 years



**place
your
order
today**

Child's name: _____

Parent's name: _____

Parent's phone: _____

Classroom name/number: _____

Return to school with payment by: 19th Sept

☐ Photo sent via www.submitphoto.com.au

Submitphoto invoice number: _____

Photos and Artwork to be submitted by the date above please.

Please make cheques payable to your school.

	Art Qty	Photo Qty	Unit Pricing	Total \$
Calendars			\$15	
Family Planners			\$20	
Greeting Cards			\$15	
Sketch Pads			\$20	
Diaries			\$20	
Notebooks			\$20	
Pillowcases			\$25	
Tea Towels			\$25	
iPhone Cases	4/4s		\$20	
	5/5s			
	6/6s			
	6+/6+s			
	7			
	7+			
total amount				

Calendars

- A cherished reminder of your child's artistic achievement featuring one laminated artwork or photo, wire bound with 12 tear off months on quality silk paper.
- School term and public holiday dates, activity stickers along with plenty of room for noting special occasions.
- Name and age as created by the artist is printed under the artwork along with the School/Centre name and/or Logo - photo calendars do not show name or age.
- Single or dual photo option.
- Printed artwork or photo A4 (300 x 210mm) with A4 calendar attached below.

"every child is an artist"

PABLO PICASSO

Family Planners

- These distinctive planners display one piece of your child's artwork or photo, wire bound with 12 tear off months on quality paper.
- Each day of the month has 5 columns to record that event or appointment.
- Name and age as created by the artist is printed under the artwork - photo planners do not show name or age.
- School term and public holiday dates along with activity stickers.
- Single or dual photo option.
- Printed photo or artwork A4 (300 x 210mm) with A3 (300 x 420mm) planner attached below.

Greeting Cards

- Beautifully presented quality A6 (155 x 110 mm) cards featuring your child's artwork or photo per pack of 8 cards.
- Name and age as created by the artist is printed on the back of art cards along with the School/Centre name and/or Logo - photo greeting cards do not show name or age.
- Blank inside for your personalised message.
- Shrink wrapped in packs of 8 including red envelopes.

Diaries, Notebooks & Sketch Pads

- Convenient A5 (210 x 150mm) featuring your child's artwork or family photo printed and laminated on a hard cover wire bound book designed to lie flat and stay open.
- Diaries have a view of the week at a glance, each double sided page displays a full week and includes public holiday and school term dates along with a year planner.
- Notebooks have 150 ruled pages.
- Sketch Pads have 150 blank pages.

Pillowcases

- Quality pillowcase featuring either an individual artwork or that special family photo.
- Pillowcases are 750 x 450mm with the image size up to 300 x 200mm digitally printed on 50% cotton/50% poly.
- Name and age as created by the artist is printed under the artwork.

Tea Towels

- Fantastic tea towel featuring either an individual artwork/photo or group artwork/photo.
- Tea towels are 700 x 500mm with the image size up to 500 x 400mm digitally printed on 100% cotton.
- Name and age as created by the artist is printed under the artwork.

iPhone Cases 4/4s - 5/5s - 6/6+ - 6s/6s+ - 7/7+

- Clip on clear cases with your child's artwork or photo printed and laminated on the outside of the case.
- Please note we do not make cases for the iPhone 5c.

How to submit a photo.

- Submit your digital photo and add text e.g. "Amy & Jack at the beach" via www.submitphoto.com.au
 - click "School Orders" and then click "Submit Photos" and select your product
 - you will receive a confirmation email - please include a copy of the invoice number with your order
- Or send a CD / DVD / Memory Stick with the photo in .jpg format 300kB or larger.
 - label or include a file with name of child, school, class and quantity ordered
- Only send a printed photo (5x3 or larger) if you cannot send in digital format.
 - home printed photos are often not suitable for scanning and/or enlarging

FOR MORE INFORMATION FREECALL 1800 141 239

www.crazycamel.com.au



HORNSBY GIRLS HIGH SCHOOL



Hornsby Girls High School would like to invite Year 5 students and their Parents/Caregivers to our **Open Day on Thursday 12 October 9am – 11am.**

The morning activities include the Principal's address, tours of the school, performances by the school band and information regarding extra-curricular programs.



Hornsby Girls High School is a Selective High School. Enrolment enquiries should be directed to the Selective Schools Unit: <https://education.nsw.gov.au/selective-high-schools-and-opportunity-classes>

Hornsby Girls High School

Edgeworth David Avenue, Hornsby

02 9476 5711



NORMANHURST BOYS HIGH SCHOOL

An academically selective school for gifted boys



Open Day for Prospective Students for Year 7 2019

Principal's Address and Small Group Tours

Friday 22 September from 9.30 am to 11 am

Please see the school website or call 9489 1077 for further details

www.normanhurst-h.schools.nsw.edu.au/

Proudly providing the opportunity for boys to maximise learning potential within a holistic and caring educational environment since 1958

Pennant Hills Road
Normanhurst
NSW, 2076



Education
Public Schools



DOWN THE MOVEMENT

FRIDAY
24 NOVEMBER

11.00AM MATINEE
7.30PM PERFORMANCE

SATURDAY
25 NOVEMBER

1.00PM MATINEE
7.00PM PERFORMANCE



TICKETS AVAILABLE FROM TICKETEK.COM.AU OR CALL 132 849
PLUS ALL OUTLETS WWW.SCHOOLSSPECTACULAR.COM.AU

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THE ATHLETE'S FOOT HORNSBY

REWARDS PROGRAM IS A PROUD
SUPPORTER OF BEROWRA PS

The School Rewards Program is a great fundraising opportunity with \$5 from every pair of shoes purchased being donated back to your school. This applies to the whole family across our fantastic range of school, sports, work and casual shoes. Ask one of our friendly staff in store for more details.

\$5 FROM EVERY PAIR OF SHOES
PURCHASED IS DONATED
BACK TO YOUR SCHOOL



LOWER GROUND FLOOR
WESTFIELD SHOPPINGTOWN

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LEARN TO SWIM

IN THE SCHOOL HOLIDAYS!



INDOOR HEATED POOL

LESSONS FOR PRIMARY AGED
CHILDREN, PRESCHOOLERS AND BABIES

Holiday Courses – 4 & 5 day courses start

Mon 25 Sept & Tues 3 Oct

TERM 4 STARTS 9 October 2017

TURRAMURRA LEARN TO SWIM

PHONE 9489 4771

48 TENNYSON AVE, TURRAMURRA

turramurralearntoswim.com.au

BOOK NOW FOR HOLIDAYS and TERM 4

KISS AND RIDE ZONES

Kiss and Ride Zones are for your child's safety, your convenience and to reduce congestion and confusion

Kiss and Ride rules

- ❖ Kiss and Ride zones and "No Parking" operate under the same conditions
- ❖ Drivers may stop to drop off or pick up children for a maximum of 2 minutes
- ❖ Drivers must remain in or within 3 metres of their vehicle
- ❖ Zone applies only during hours of operation
 - ❖ **MINIMUM PENALTY \$177 & 2 DEMERIT POINTS**



Remember:

- **Do not leave your vehicle**

To assist with traffic flow, drivers should remain in the car whilst children get in and out. Children should travel with bags in the car and not the boot

- **Child Safety**

Ensure children get in or out of the vehicle on the kerb side. The back seat is the safest seat for children to travel in, regardless of the make of your vehicle. Ensure children have their restraints securely fastened before driving off

- **No U-Turns**

Do not do U-Turns in busy and congested school zones. It's dangerous and places young children at serious risk

- **Don't cut the queue**

Don't push in the queue. Drop off or pick up your child close to the top of the zones allowing vehicles following you to enter the zone in an orderly manner

Kiss and Ride Zones need cooperation to remain effective and safe. Please drive carefully around our schools and protect all children.



WANTED!

MUSICIANS TO PLAY IN COMMUNITY BAND



Are you in Year 6 and thinking about continuing playing in a Band next year? Currently in a band but wanting to add to your musical experience?

Berowra RSL Sub-Branch Youth Club Band [Conductor: Grant Hughson] is looking for experienced musicians to join its wind band. The Band is for musicians aged from senior primary school age up to 24 years with at least 3 years experience who are looking to have fun and perform at local community events such as the RSL Sub-Branch commemorative services, school fetes, community markets and fairs.

Rehearsals are held on Tuesday afternoons from 5.30-6.30pm (term time only) at the Berowra Community Health Centre, 123 Berowra Waters Road, Berowra Heights.

For information go to our facebook page, email us on rlsyouthclubband@gmail.com or phone Christian Langeveldt mob: 0415465894

Screen ON THE Green



MOVIES



FOOD



PEOPLE



POPCORN

FREE MOVIES

HORNSBY PARK

**22 SEPTEMBER
FRIDAY NIGHT**
10 THINGS I HATE
ABOUT YOU.

**23 SEPTEMBER
SATURDAY NIGHT**
SING!

— GATES OPEN 5.30PM | MOVIES START 7PM —

DON'T FORGET TO BRING YOUR PICNIC RUG!

#movieshby
hornsby.nsw.gov.au/movies



SUPPORTER



SUPPORTER



BEROWRA CRICKET
CLUB INC.



**Affordable, family orientated &
community minded.**

Junior Cricket - Boys & Girls Aged 5 - 16 (all abilities)
Call Tristan Jones 0411 044 828 or bccjuniorinquiries@gmail.com

Senior Cricket - Ages 14+ (all abilities)
Call Will Fiedler 0402 043 524 or will.fiedler92@gmail.com

Online registration opens 17th July

Connect with us: www.berowracricket.org

BEROWRA RSL

New members
can try free for
2 weeks



SUB-BRANCH YOUTH
SWIMMING CLUB

We swim on
Sundays at
Hornsby Pool

2017/18 REGISTRATION DAY

BEROWRA VILLAGE SHOPPING CENTRE (OUTSIDE BAMBINOS TOO)
Saturday 16th September 2017, 10am - 2pm

We welcome all swimming levels. Swimmers are grouped according to ability with handicapping used to promote close racing.

There is also an opportunity to compete at Zone and State levels.

AGES FROM 4 to 24

www.berowraswimclub.org or find us on Facebook

SEPTEMBER / OCTOBER SCHOOL HOLIDAY EVENTS



HOLIDAY STORYTIME

Hornsby Library

Thursday 28 September
10am

Pennant Hills Library

Thursday 28 September
6.30pm

Berowra Library

Friday 29 September
10.30am

Join us for stories, songs, craft and refreshments.

All ages welcome.

Cost: \$2.00 per child for children 18 months and over.

No bookings required.

Payment at door.



STARR'S PLANETARIUM

Berowra Library

Tuesday 3 October
10.30am

In this engaging and awe-inspiring Earth & Space science experience, children will take a trip through the Solar System.

They'll explore the planets, stars, lunar cycles and travel to the very edge of our galaxy.

\$12.00 per child. Ages 5-12.

Pennant Hills Library

Wednesday 4 October
10.30am

\$12.00 per child. Ages 5-12.



NUTTY SCIENTISTS

It's new, it's messy, it's gooey, and the kids are going to love it. The Big Messy Science Demo is an interactive science show brought to you by *Nutty Scientists Sydney*. It features the Nutty Professors' favourite explosive experiments including elephant toothpaste, flubber, playing with non-newtonian fluids and dry ice experiments. The real WOW of Science! Come prepared to make some mess!

Hornsby Library

Wednesday 27 September
2.30pm

\$8.00 per child.

Ages 6+ years.

Interactive Workshop (Hornsby Library)

Thursday 28 September
2.30pm

\$15.00 per child.

Ages 7-12 years.

Berowra Library

Thursday 5 October
2.30pm-3.30pm

\$8.00 per child.

Ages 6+ years.

Pennant Hills Library

Monday 25 September
10.30am

\$8.00 per child.

Ages 6+ years.



TICKETED EVENTS

Bookings essential. Booking information hornsby.nsw.gov.au/library
Children 7 and under must be accompanied by an adult.

New Facility located @ 1 Park Lane Waitara 2077



Gymnastics!

PCYC Hornsby Ku-Ring-Gai is offering gymnastics for all ages and abilities with state of the art gymnasium with Olympic sized trampolines!

Classes offered for primary school athletes include!

Gym Fun & Gym Skills
Tramp Fun & Tramp Skills
Competitive Gymnastics,
Teamgym & Trampoline
Parkour
School Holiday Camps!

ALL CHILDREN ARE ASSESSED FOR FREE!

Gymnastics is
a component
of the PDHPE
syllabus!



Call now
to reserve
a spot!
9477 2130

Please see office staff for more information about fees and any questions you may have.

Find us on
Facebook

pcycnsw.org.au

Email Chloe - clagarde@pcycnsw.org.au more information

BUSH SCHOOL LEARN TO SWIM

Swimming lessons for children 4 years to 12 years (Year 6, 2017) taught by our qualified and experienced instructors at the Bush School pools on Saturdays, November – March
Season Cost: 30 min lesson
 \$105 for 1 child,
 \$175 for 2 children,
 \$230 for 3 or more children (plus \$21.00 insurance per child 8 yrs and over)
Enrolments: Online at our website
Grading: Saturday 28th October 2017 at 1:00 pm – 2:30 pm (or on later Saturdays from November) at the Bush School pools.

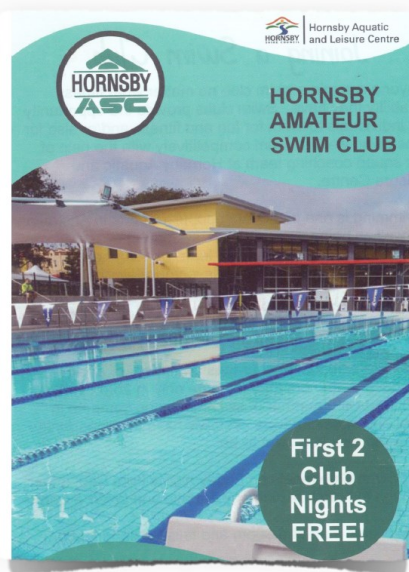
Enquiries:

Frances Simpson-Lee 9489 1579

Carolyn Cross 9489 2415

Liz Wright - bushschoolts@gmail.com

Website: www.bushschoolts.org



Bring on Summer at Hornsby!

The new swim club season is just around the corner. Hornsby Amateur Swim Club meets every Friday night at Hornsby Aquatic and Leisure Centre from 6.30 to 8.30pm leaving your weekends free!

We cater for all ages and abilities with 25m, 50m, 100m, 200m, 400m and relay race events.

Come along on **Friday October 6** to register or 'test the waters' before joining (pool entry applies).

Contact the HSC Committee for more information
hornsbyswimteam@gmail.com
 or visit our website
<http://hornsbyswimming.org.au>

and like Hornsby Swim Club on Facebook!



Nutrition Snippet

The simplest way

...to increase your fruit and veg intake.

Myth

Frozen and canned fruit and vegetables don't count towards your daily intake of fruit and vegetables.



Fact

- Frozen or canned fruit and vegetables are great alternatives when fresh varieties are out of season, unavailable or more expensive.
- Frozen and canned vegetables are usually packed shortly after picking, so there is little nutrient loss.
- Varieties with no added sugar or salt are the best choice (look for tinned fruit in natural juice rather than syrup and tinned vegetables with no added salt).

For more information visit
www.eatittobeatit.com.au
 or join us at facebook.com/eatittobeatit



RECREATIONAL HOLIDAY GYMNASTICS



Hornsby RSL Youth Club Gymnastics

1 Ashley Lane Hornsby NSW 2077

Phone: 9476 6689

Email: info@hornsbysrlygymnastics.com.au

Website: www.hornsbysrlygymnastics.org.au

BOOK NOW

SEPTEMBER 2017 PROGRAM

Our popular recreational holiday gymnastics program will be running again throughout the September school holidays for all children aged 5 – 12 years (no experience necessary). The days are fun filled, fast moving and include use of all the gymnastics apparatus. Children have the opportunity to learn new gymnastics skills, participate in games, circuits, group activities, mini competitions and much, more!! Classes are run by fully accredited Gymnastics Coaches. Bookings are essential via our website.

PROGRAM DETAILS:

Time:	9am – 3pm each day	
Dates:	Monday 25th September	Theme: CRAZY COLOURS
	Wednesday 27th September	Theme: TREASURE ISLAND
	Friday 29th September	Theme: OUTBACK ADVENTURES
Please note: No holiday programs running in the 2nd week of the school holidays due to NEW equipment being installed.		
Cost:	Members Price* = \$40 per day Non Members Price* = \$45 per day * A member is a person who has paid the annual fee for that year (1 st January–31 st December)	
What to bring:	Morning tea, lunch and a drink. No nuts permitted.	
What to wear:	Dress to suit the theme for the day!! Please ensure clothing is suitable for gymnastics or the dress up items can be removed for the activities!! **Children must have bare feet prior to entering the floor area	
Cancellations:	Please note that refunds or credits are not permitted.	
Bookings:	More information and to book visit our website www.hornsbysrlygymnastics.org.au	

VISIT OUR WEBSITE FOR MORE GREAT HOLIDAY GYM OPPORTUNITIES:

- ✓ Tumble, Tricks and Flips sessions (8 years plus)
- ✓ Advanced Gym sessions
- ✓ Senior Gym sessions (high school students)

BOOK ONLINE NOW:

www.hornsbysrlygymnastics.org.au