

# The Crest

Self

Respect  
Others

Community

Term 1 Week 4 19th February 2020



## Berowra Public School Newsletter

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Hillcrest Rd, Berowra NSW 2081

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berowra-p.school@det.nsw.edu.au

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(02) 9456 1319

### IMPORTANT DATES

- Swimming Carnival
- Matilda the Musical
- Zone Swimming Carnival
- Rainbow Mufti Day

Dear Parents and Carers

It has been a busy return to school and with the recent storm damage our students and teachers have displayed outstanding flexibility with the ongoing movement of classes.

The water damage has been assessed and we are currently waiting on repairs. As a result 3P will continue to be relocated until repairs to the roof and replacement of the carpet is complete.

Our scope of works is currently continuing with the internal painting of learning spaces almost complete. External work on the BOOSH building is due to commence once the internal work is complete.

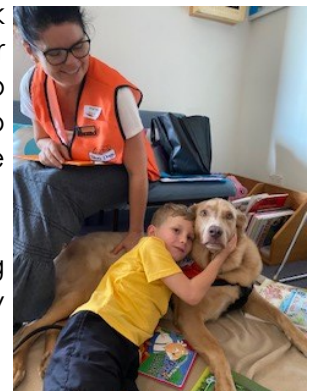
Our playground equipment will be replaced. An application to AMU (Asset Management Unit) has been submitted but has yet to be approved. AMU will manage this job and no timeline has been provided. Further delays are expected as repairing bush-

fire and storm damage to schools will be a priority for the department.

The Welcome Back BBQ held on Friday 14 February was a lovely occasion. We had great weather, great company and a positive atmosphere. The children enjoyed a sausage sizzle, ice-blocks and playing with friends while parents had the chance to chat and catch up with other parents. A huge thanks to the P & C for organising such a valuable community event.

Many parents had the opportunity to meet and greet the class and stage teachers at Meet the Teacher sessions held on Monday 17 February. Organisational information for each stage was shared and hopefully all of your questions answered. Working closely with our parents is important to help us to support your children the best we can. We thank those who provided us with feedback which will be used to adapt our sessions in the future so that they are more relevant and valuable to parents. If you missed the Meet the Teacher session and would like to find out what information was covered please contact your child's stage supervisor.

Our Story Dog, Doug has started visiting our school and will be reading with six Year 2 children each week. It is so exciting to have such a friendly visitor in our school and I know the kids and staff absolutely love him!



A proud member of the

KEERAWALL COMMUNITY OF SCHOOLS



# Health and Safety is everyone's responsibility.

## Your Child's Medical Needs

Information about allergies, asthma, diabetes and medical procedures in the last 12 months helps us support your child's health and wellbeing. Please provide relevant information to the school.

**Please note: Information you provide will only be used or disclosed in order to support your child's health needs or as otherwise required by law.**

Our teachers have been working hard to ensure a smooth start to the year for all of our students. Staff are starting for their first twilight session on Wednesday 19 February to complete CPR and anaphylaxis training.

You may have also noticed staff wearing some new high visibility vests on the playground. This is a measure to improve H&S and ensures that teachers can be easily identified while on playground duty.



## Attendance

### Parent tips to improve attendance

#### ◆ Routine

Setting up a routine is fundamental, so it ensuring there is family-discipline to keep it going. Give your child a set of tasks to complete every morning before school and every afternoon when they return. (eg be out of bed by 7am, have breakfast and pack school bag, get dressed, brush teeth and be out of the door by 8am.)

#### ◆ Planning an organising

Achieving a sense of calm in getting ready for school or any other outing can only occur through planning and organising the family. This might include:

- Keeping a family schedule
- Knowing what's required for each day for each child
- Having a central place for processing information and notices
- Placing the information on the family schedule for all to see
- Going over the family schedule the night before
- Getting things ready the night before whenever possible—clothes, lunches, school bags packed—everything ready to go so you can save precious time when trying to actually get out the door

#### ◆ Involvement and responsibility

Unless you get the children involved and taking some responsibility, you still won't get the children to school on time. Try these tips to get their involvement:

- Make it fun
- Give them a couple of simple and clear tasks
- Time their activities and encourage them to beat the clock
- Make them responsible for the items they need each day, like clothes and equipment

#### ◆ Support

Get support whenever you can. This might include:

- Linking into school or community programs such as homework centre, after school activities
- Sharing tasks within the local community, family and friends, such as taking it in turns to walk the children to the bus, sharing pick up and drop off days.

### ♦ Rewards

There's no doubt that parents can at times be left wondering whether all the effort is worth the potential stress of trying to get the family moving, but the accumulated effect of keeping on top of the family requirements can produce great outcomes such as these. Natural rewards will occur for the whole family

- Parents are less stressed
- Children react more positively, knowing what is expected of them
- Boundaries are outlined
- Good habits are developed

## Road Safety Education



Never call to your children from across a road – teach them to wait until you cross and come to them.

Kind regards

Vicky Wallace  
Principal

### **CANTEEN NEWS**

Canteen Lunch Special Day is Thursday 5th March. There will be a yummy Veggie Noodle Stir Fry available. Every child would have received an order form so please order by Friday 28th February as we can not accept any late orders on the day. The only other lunch order available will be sushi.

Flexischools orders cut off time is 9.30am. Please have your order in by this time to ensure your child receives their lunch.

Volunteer roster is now online. We are in need of some amazing volunteers in the canteen on a regular basis. Two shifts are available on Wednesday, Thursday and Fridays. Please follow the link below to see what shifts are available.

<https://signup.com/client/invitation2/secure/3173127/false#/invitation>

Hope to see you in the Canteen soon!  
Teresa

 **Cancer Council**  
Healthy Lunch Box

Nutrition Snippet

## The simplest way

... to pack a healthy lunch box .

Does packing lunch boxes feel like a chore? We are here to help you kick start the year easily, packing healthy lunch boxes your kids will enjoy.

**Healthy lunch boxes don't have to be boring.**



We are very excited to bring you our new look [healthy lunch box website](#) that has been improved with new features and functions based on feedback provided by you! You can now search for gluten free and vegetarian recipes, as well as **easy to freeze** and **quick and easy** recipes because as parents, we know how important it is to pack lunches quickly.

You can sign up to the [Healthy Lunch Box e-newsletter](#) for ideas, updates and recipes delivered to your inbox throughout the year.

[Check out the new website now!](#)

[healthylunchbox.com.au](http://healthylunchbox.com.au)



## FAIR MUFTI DAY Thursday 12<sup>th</sup> March

Theme: rainbow  
Gold coin donation

\* Please note that all students must have their shoulders covered as well as their midriff, enclosed shoes must be worn and hair tied up.

### MOBILE PHONES AT SCHOOL



Parents and students are reminded that if mobile phones must be brought to school then they **must be signed in and left at the school office** before school and collected at the end of the school day.

HAVE YOU CHANGED YOUR ADDRESS or CONTACT DETAILS including your email address and phone number?  
ARE THERE NEW MEDICAL DETAILS?

Please make sure you advise the school of any changes to your details—particularly your phone numbers and email address which are used in the case of an emergency, as well as changes to your address.

If your child has any medical conditions that you feel we should be aware of, please advise us immediately.

Phone the school office on 9456 1319



## INTERSCHOOL SPORT

Friday 21/2/20

Games start by 9.30

Friday 28/2/20

**v Hornsby South**  
**at**  
Warrina St Oval  
Berowra Oval

### PSSA Cricket and Softball

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**Cricket**  
**Softball**

.....  
.....

**v Asquith**  
**at**  
Mills Park  
Mills Park

### PSSA League Tag

**Junior 1 v Hornsby South 1**  
**Junior 2 v Asquith 1**

**always at**  
**Foxglove Oval**

**Senior 1 v Hornsby South 1**  
**Senior 2 v Asquith 1**



## UPCOMING EVENTS

<b>Thurs 27 Feb</b>	Uniform Shop open 3.00-3.45pm
<b>Mon 2 Mar</b>	Swimming Carnival at Hornsby Aquatic Centre
<b>Tuesday 10 Mar</b>	'Matilda the Musical' at Pennant Hills HS Zone Swimming Carnival
<b>Thurs 12 Mar</b>	Rainbow Mufti Day—gold coin donation Uniform Shop open 3.00-3.45pm
<b>Thurs 19 Mar</b>	School Photo Day
<b>Tues 24 Mar</b>	Harmony Day
<b>Thurs 26 Mar</b>	Uniform Shop open 3.00-3.45pm
<b>Thurs 2 April</b>	Term 1 Dance Concert
<b>Tues 7 April</b>	Hat Parade
<b>Thurs 9 April</b>	ANZAC Day Assembly Last day of Term 1
<b>Fri 10 April</b>	Good Friday
<b>Mon 13 April</b>	Easter Monday
<b>Sat 25 April</b>	ANZAC Day
<b>Mon 27 April</b>	Staff Development Day
<b>Tues 28 April</b>	Students return for Term 2
<b>Thurs 30 April</b>	Uniform Shop open 3.00-3.45pm
<b>Tues 5 May</b>	Mothers Day stall
<b>Fri 8 May</b>	Mothers Day breakfast
<b>Sun 10 May</b>	Mothers Day
<b>20-26 May</b>	Life Education
<b>Mon 1 June</b>	2021 Kindy Information Session 7pm
<b>Mon 8 June</b>	Queen's Birthday public holiday
<b>Thurs 11 June</b>	2021 Kindy Information Session & Tour 10am
<b>Thurs 25 June</b>	BPS Athletics Carnival
<b>Fri 3 July</b>	Last day of Term 2
<b>Mon 20 July</b>	Staff Development Day
<b>Tues 21 July</b>	Students return for Term 3
<b>Tues 4 Aug</b>	Open Day

**Don't forget The Crest is also available on the school website:**

**[www.berowra-p.schools.nsw.edu.au](http://www.berowra-p.schools.nsw.edu.au)  
Click on the 'Newsletter' tab.**

**Parent Online Payments can also be made from the BPS website using the 'Make a payment' tab.**

## Piano/Keyboard Tuition

Sue Norrington: B.A. Mus. Grad. Dip. Ed  
Quality Professional Tuition by Highly Experienced Teacher

Beginners to Advanced, Exams or Leisure, Annual Concert,

Berowra Heights PH: 9456 3752 Mob. 0401070892

[www.musicteacher.com.au/suenorrington/berowraheights/](http://www.musicteacher.com.au/suenorrington/berowraheights/)

**CALLING ALL ROCK STARS!!**



The BPS Rock Band  
are looking for  
***Singers, Guitarists,  
Bass Guitar, Keyboards  
& Other instruments***

to join in 2020

Call Mike on 0413034080

or email

[vamproductions@hotmail.com](mailto:vamproductions@hotmail.com)

for more information

**Disclaimer:** Advertisements placed in THE CREST do not reflect an endorsement or otherwise by Berowra Public School of that product or service. Information in the advertisement is entirely the responsibility of the advertiser.

## Belcastro School of Dance Try A Dance Class

- ❖ JAZZ
- ❖ BALLET
- ❖ BARRE ATTACK
- ❖ PERFORMANCE GROUPS
- ❖ TAP
- ❖ ACRO
- ❖ HIP HOP
- ❖ LYRICAL

FROM 2 ½ YEARS - ADULT



Email: [Jan@BelcastroDance.com](mailto:Jan@BelcastroDance.com)

Phone: 0408 473 803

**Enquire Now For 2020**

## Dunn Piano Tuition

Beginner Piano Tuition in Berowra

Kirrily Dunn: Current B. Mus Student at Sydney Conservatorium of Music

Ph: 0437374415

Email: [Kirrily.dunn@gmail.com](mailto:Kirrily.dunn@gmail.com)



**Tues 25 FEB**

5.15pm  
Light Refreshments  
Meet & Greet

5.30pm  
Information Session  
and  
Tours commence

Evening concludes  
8.30pm

**ASQUITH GIRLS HIGH SCHOOL**

**OPEN NIGHT**

Opportunities to meet with our teachers, see exciting faculty displays, join guided tours and attend a Q & A session



**ENRICHMENT CLASS  
YEAR 7 - 2021**

**Asquith Girls High School**

**APPLICATIONS CLOSE 20 MARCH 2020**

TEST DATE: 26 MARCH 2020  
9.00AM - 11.30AM


APPLICATIONS AVAILABLE NOW FROM [WWW.ASQUITHGIRLS-H.SCHOOLS.NSW.EDU.AU](http://WWW.ASQUITHGIRLS-H.SCHOOLS.NSW.EDU.AU)

See your future - see yourself at Asquith Girls High School

# Community Events

**RAISING RESILIENT TEENS  
WED 26 FEB**

Discover what makes teens tick and how to foster your child's emotional and social development. Colleen Hirst, clinical psychologist and family therapist will give practical and fun tools to help nurture mental health and promote resilience and confidence in the "everyday" moments of life.



7:30PM - 9:30PM • ST JOHN'S 6 ROYSTON PDE ASQUITH • \$20 PER PERSON  
REGISTER: [STJOHNSASQUITH.ORG](http://STJOHNSASQUITH.ORG) CALL 9482 3282 OR PAY AT THE DOOR

**PENNANT HILLS HIGH SCHOOL**  
**RESPONSIBILITY INTEGRITY ACHIEVEMENT**

**OPEN NIGHT 2020**  
**March 3rd 4pm - 6pm**

PERFORMANCES REFRESHMENTS GUIDED TOURS  
INTERACTIVE EXPERIENCES ENROLMENT INFORMATION

**LAURENCE STREET PENNANT HILLS**  
**9473 5000 [pennanthill-h.schools.nsw.edu.au](http://pennanthill-h.schools.nsw.edu.au)**



## CHESS!!

Learn to be a chess champion! Coaching for students at Berowra Public School is held on Tuesdays from 1:30pm to 2:20pm, starting on 11 February 2020.

Learning and playing chess helps children develop their logical thinking and problem solving skills, improves their concentration and focus, while also being a great source of enjoyment. Activities include group lessons on a demonstration chess board or interactive whiteboard, puzzle solving and fun practice games.

Students earn merit awards by making checkmates, or by displaying skills and positive qualities, which all good chess players strive to develop.

If your child is interested in taking part, you can collect an enrolment form from the school office, or email [enrol@sydneyacademyofchess.com.au](mailto:enrol@sydneyacademyofchess.com.au) for a copy. For all enquiries, please contact Sydney Academy of Chess on (02) 9745 1170.