

The  
**CREST**

TERM 1 WEEK 9

**ISSUE 24**

MARCH 27, 2024



# UPCOMING EVENTS



## SCHOOL

Wednesday MAR 27: Hat parade  
Thursday MAR 28: K-6 Backflips Against Bullying  
Thursday APR 4: Term 1 Dance Concert



## P&C

Friday APR 5: P&C Disco



## DANCE

JUNE 17-30 2024: Sydney North Dance Festival

SCHOOL CALENDAR LINK  
[LINK](#)

# CONTACT US



Hillcrest Road, BEROWRA,  
NSW 2081



02 9456 1319



[berowra-p.school@det.nsw.edu.au](mailto:berowra-p.school@det.nsw.edu.au)



Security Hotline: 1300880021

# QUOTE OF THE DAY

*"The purpose of education is to turn mirrors into windows."*

- Sydney J. Harris

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COVER: What an amazing display of creativity today in the Easter Hat Parade.

# QUICK LINKS

OUR WEBSITE



FACEBOOK LINK



UNIFORM SHOP



SCHOOL BYTES



THEIR CARE



CANTEEN ONLINE



## PRINCIPAL'S REPORT

# Our Leaders



Carolyn Stephens  
PRINCIPAL (REL.)

Over the past few weeks, I have had the pleasure of working with our student leaders to explore student leadership. Firstly, students examined their own leadership strengths by completing and analysing a leadership survey. They used these results to reflect on their natural leadership strengths and make a goal for their own leadership development. Next, we explored the qualities of a good Berowra student leader and listed these traits in order of importance. I am looking forward to continuing working with the students on leadership skills and giving them opportunities to investigate leadership further.

## 2024 Voluntary School Contributions & other school related costs

Annual Voluntary School Contributions are used by Berowra Public School to enhance the school's educational programs. We understand that with an increase in the cost of living, having yet another thing to pay can be a burden on household budgets. With that in mind we want to remind our families that Voluntary School Contributions are not mandatory. Parents and carers may choose to pay all, some or none of the contribution amount. Rest assured that all students at Berowra will continue to get the educational opportunities provided by the school.

At Berowra we also ask parents to pay an annual classroom resource contribution. This contributes to the payment of online line communication and subscriptions: Seesaw, Mathletics, Decodable Readers and Reading Eggs/Eggspress. Once again, please note that all students will have full access to these programs used in class and for homework.

As with every NSW public school, there are provisions at Berowra to support families with financial assistance for such things

as: uniforms, sport, dance, excursions and camps. Please contact the school or make an appointment to discuss how we can support your child/rens participation in the many activities and events on offer at Berowra.

## #EveryDayMatters

I want to congratulate all the families who have helped to maintain our impressive attendance so far this year. I understand it can be a tricky balance between keeping children at home when sick and not wanting to miss school. As we head into the Term 1 holidays, it remains important that your child attends school every single day. Being at school is the best place for students to learn as well as to keep social connections and build life-long skills.

We understand that families are eager to see and reconnect with loved ones and take a well-deserved break, but please remember that planned travel should only be taken during scheduled school holidays.

## Why attendance matters

When your child misses school they miss important opportunities to: learn, make friends and build skills through fun. A day here and there doesn't sound like much but over time it adds up.

## Why attendance matters

When your child misses school they miss important opportunities to...



Learn  
[education.nsw.gov.au](https://education.nsw.gov.au)



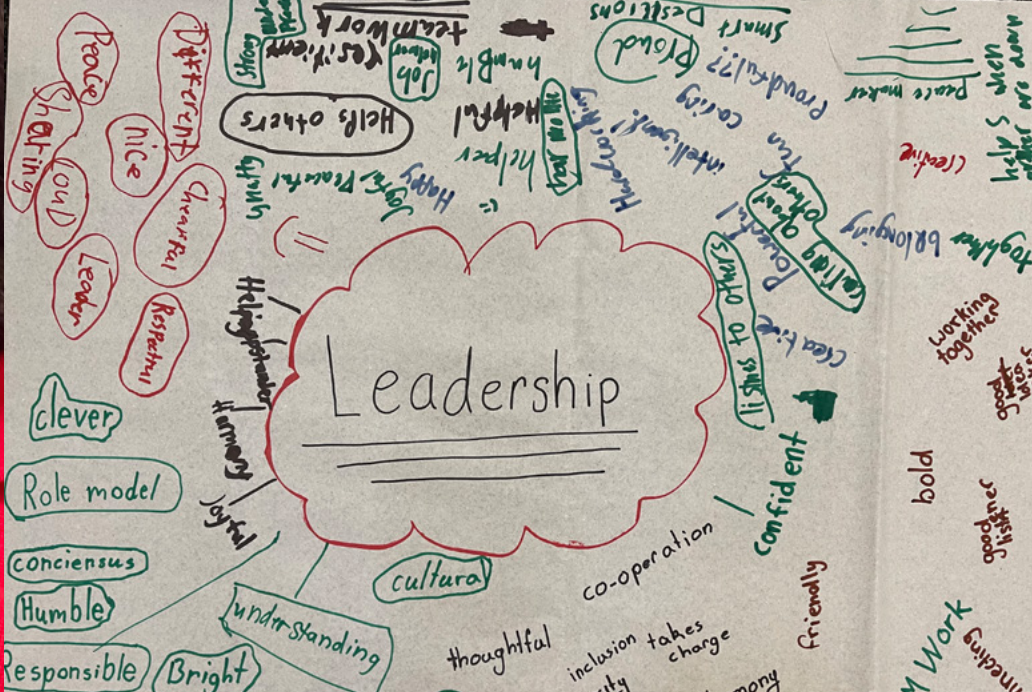
Make friends



Build skills through fun









**INTRODUCING**  
**- OUR AMAZING -**  
**PREFECTS**  
**TAKE A BOW**

**Yusuf Y.**  
**Noah U.**  
**Alex C.**

**Levin N.**  
**Aggie D.**  
**Charlie E.**







# BEROWRA PUBLIC SCHOOL MEDIA TEAM

We are currently forming a new Media Team for 2024. Everyone in Year 5 is eligible to join. The Media Team meets every Wednesday at lunch. Together we document the life of our school through photography and video and celebrate our school's achievements

## COMMITMENT

The Media Team will run for the whole year. We meet at lunchtime on Wednesdays every week and you will need to attend every meeting if possible. At major events such as the sports carnivals you will be asked to capture photos and video footage for our website and newsletter.

## PRODUCTION VALUES

You will learn how to create high quality video projects and productions. This means using professional lighting and microphones to make your video projects look and sound professional.

## TV NEWS PACKAGE

You will learn how to design and edit a complete news package using iMovie and your iPads following a template. You will also have a chance to

document how you learn in class and make videos about important issues you feel strongly about.

## BADGE

All Media Team members will receive an official BPS Media Team badge that you will wear with pride.

## PBL updates

Membership of the Media Team is an important leadership role. The school is entrusting in you to show our school in a positive light. One very important responsibility of the Media Team is to create videos to change or reinforce positive attitudes and behaviour through PBL videos on various topics.



# BEROWRA PUBLIC SCHOOL MEDIA TEAM AUDITION

Year 5 students who are interested in joining must submit an **audition video**.

## TASK: Media Team audition video

Students must make a short video. There are 3 options.

1. Prepare a short video presentation on why you should be selected: what special skills and qualities do you have?

OR

2. Prepare a video demonstrating your camera/editing/interviewing/writing/research skills on a topic of your choice.

OR

3. "The Day that Changed My Life". Make a dramatic video about a day you'll never forget.

Videos should run for no more than 30-60 seconds. Students must prepare this video presentation in their own time, not class time.

**DATE DUE: Wednesday 27 March.**

Please bring your video to school on a thumb drive (clearly labeled with your name and class) and hand it to your teacher or Mr Rutherford in the library.





STAGE 1 EXCURSION

# GIBBERAGONG

**PETER LEARY**

**Berowra Public School**  
ASSISTANT PRINCIPAL

Stage 1 thoroughly enjoyed their first excursion of the year at Gibberagong environmental education centre at Bobbin Head.

The day was filled with fun and

plenty of learning about different environments, first nations perspectives and knowledge, including the names and uses for different plants and animals. It was a lovely day spent in nature.





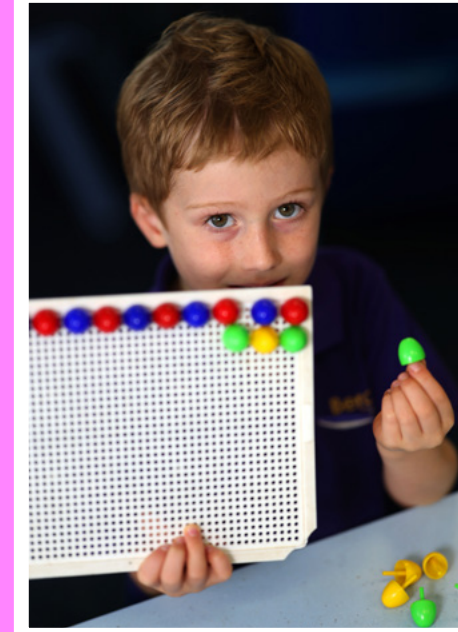
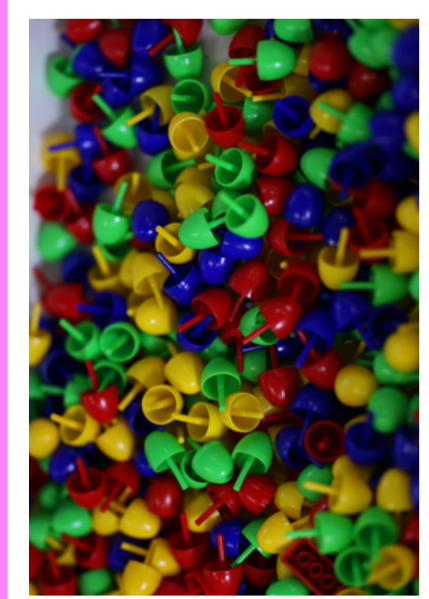
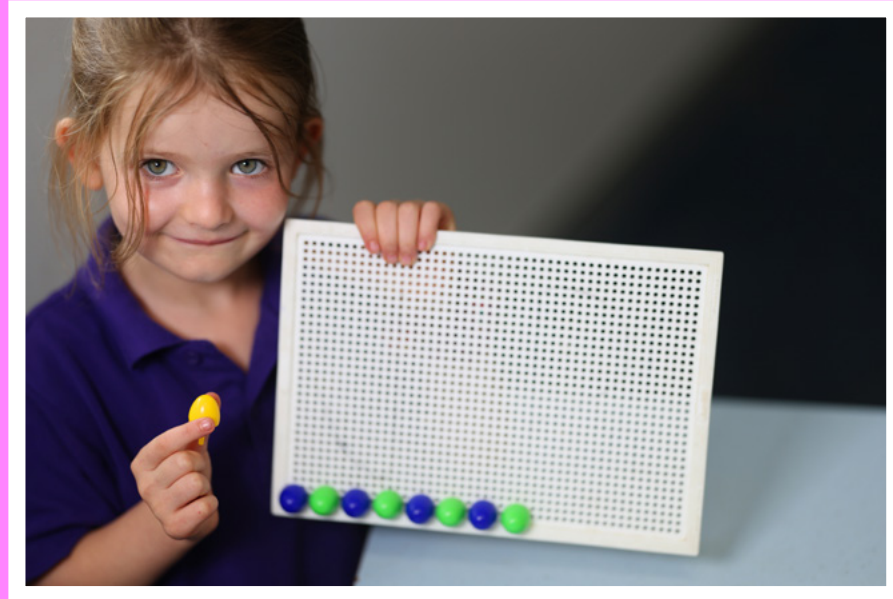




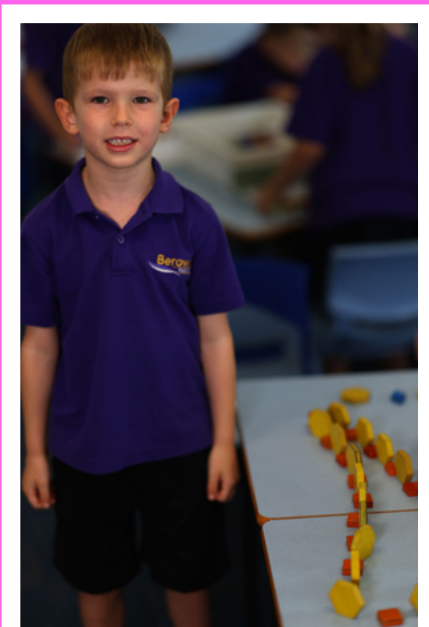
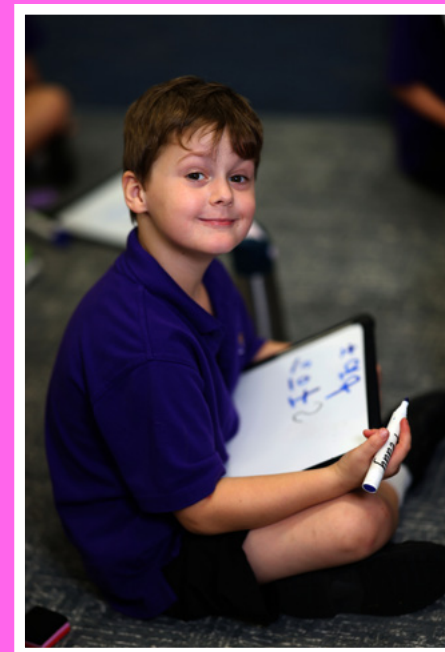
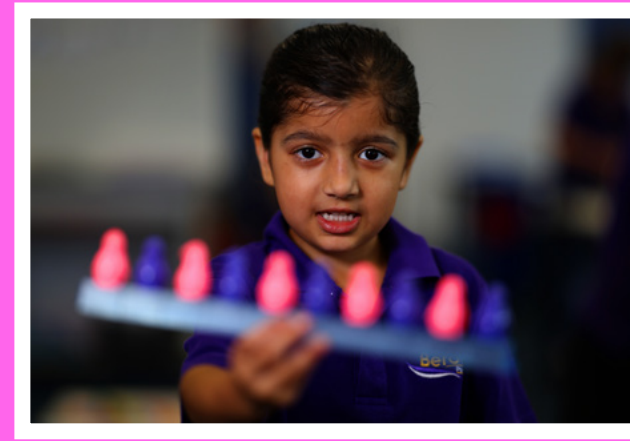




WELCOME TO KF & KT















EATING TIME

2024

Break 1 Lunch Eating Time  
11:20am-11:35am

Lunch Play Time 11:35am-  
12:10pm

Break 2 Recess Eating time  
1:55pm-2:05pm

Recess Play Time  
2:05pm-2:20pm

MERIT AWARDS

CLASS KF

- ANDRE V.
- LUCA M.
- 

CLASS KT

- LYDIA C.
- EMMELINE K.
- 

CLASS 1/2K

- HAZEL M.
- CIARAN G.
- ZOE B.
- JIMMY A.

CLASS 1/2L

- HAILEY M.
- ETHAN H.
- GWEN SW.
- ROBBIE C.
- 

CLASS 1/2S

- JOSHUA M.
- KIRA B.
- KAYLI A.
- KIERAN A.

CLASS 3/4L

- TO
- BE
- ANNOUNCED
- 
- 

CLASS 3/4B

- TO
- BE
- ANNOUNCED
- 
- 

CLASS 3/4P

- MIKA G.
- 
- 
- 
- 

CLASS 5/6A

- NATALIE F.
- ISLA C.
- MARLEY W.
- NETHULA S.
- JACOB C.
- ARMY M.
- 

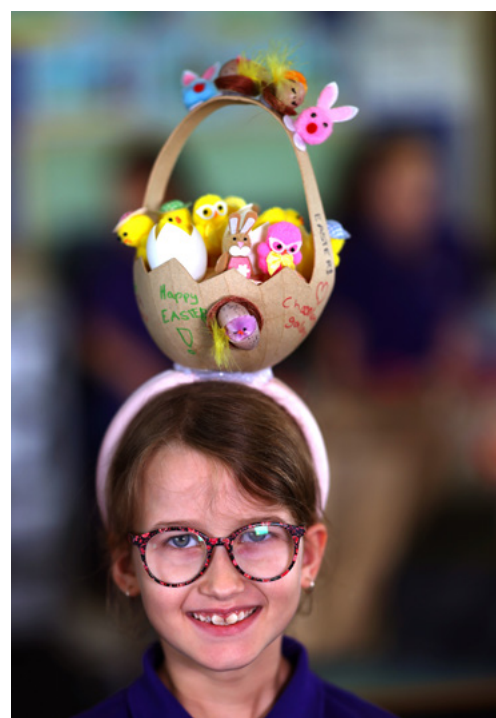
CLASS 5/6R

- WILL S.
- AIDEN O.
- JESSE W.
- NIAMH G.
- XANDER D-S.
- AOIFE O.
- 

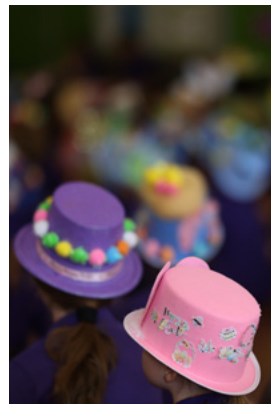
CLASS 5/6G

- TO
- BE
- ANNOUNCED
- 
- 
-

















Issue 2

Date due Monday 25th  
March 2024

DANCE GROUP 2024

# TERM ONE DANCE CONCERT



We invite everyone to come along  
to watch our Term 1 Dance Concert  
on **Thursday 4th April** from  
2:45-3:15pm.

The following classes will be  
performing:  
**1/2K, 1/2L, 1/2S, 5/6A, 5/6G and  
5/6R.**

Notes will be sent home to  
these classes soon with further  
information.

**KELLY LUKIC**  
Berowra Public School  
TEACHER





**PYSANKY  
LIBRARY  
CRAFT  
ACTIVITY**

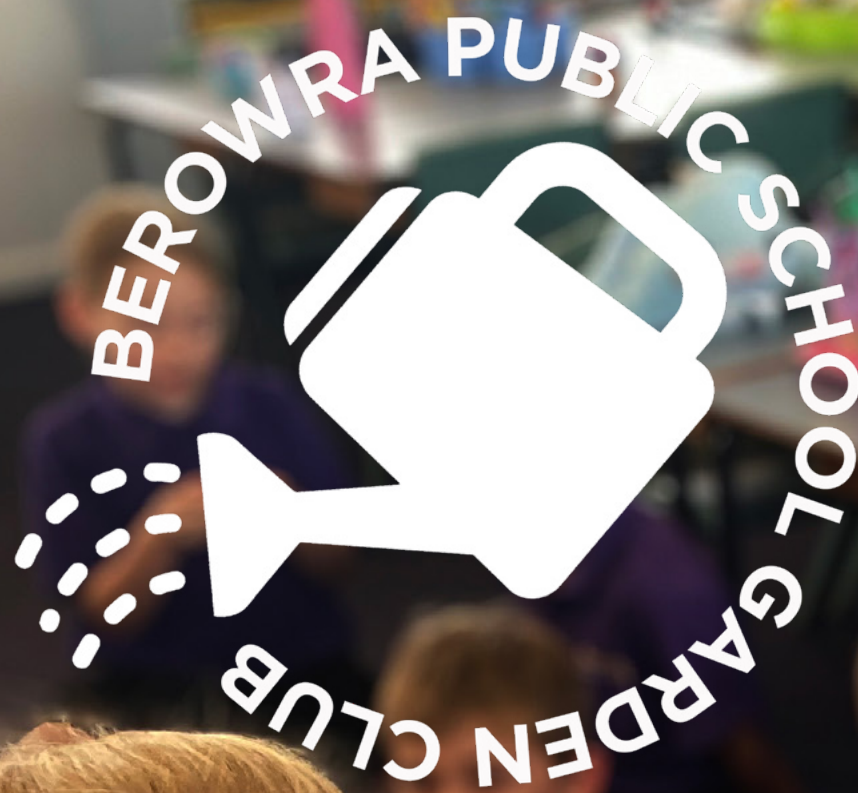
Stage 3  
students produced  
some excellent  
examples &  
gained an  
understanding  
of Slavic  
culture.



**BASKETBALL COURT UPDATE**

The lines have been painted on but  
the scaffolding remains because the  
lawn around the courts has to become  
established to cope with children's feet.

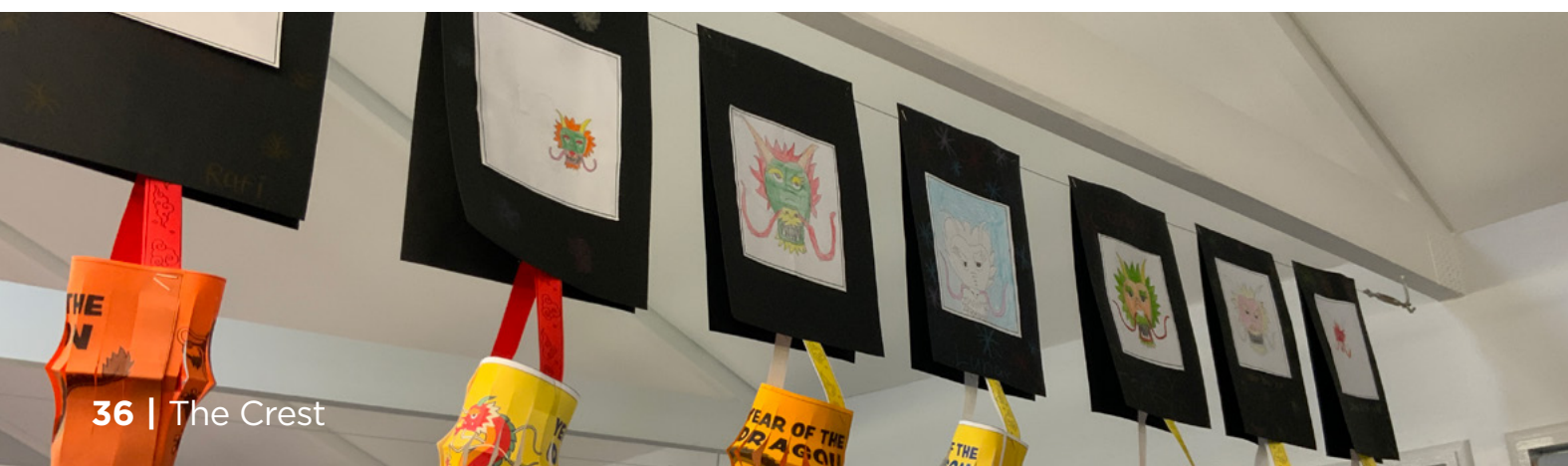
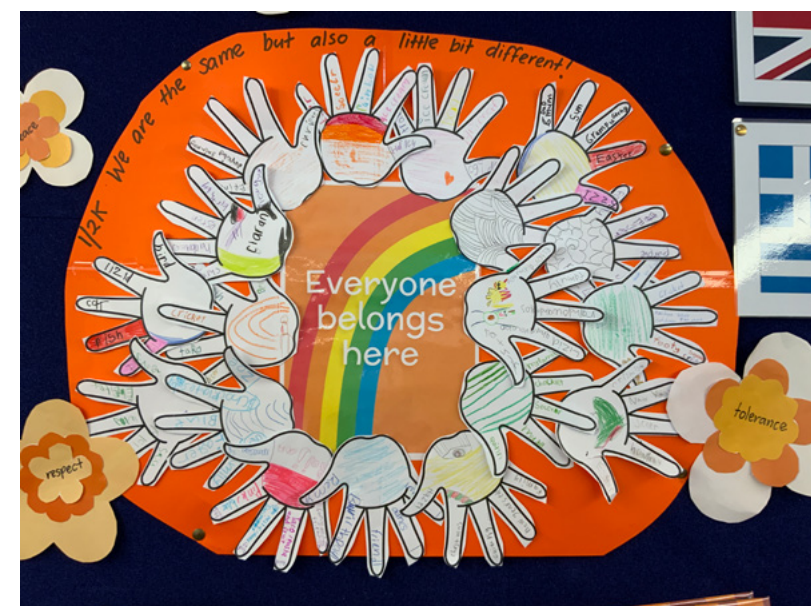




# GOLDEN NUGGETS

PRODUCE FROM OUR GARDEN







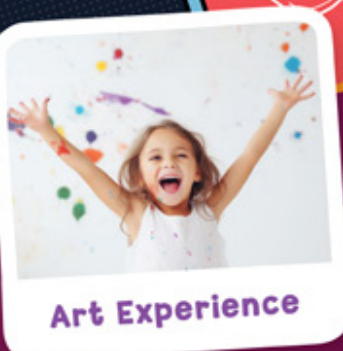
The place to be  
these holidays!

# ART ATTACK

autumn  
HOLIDAY  
PROGRAM



Kung Fu Panda 4



Art Experience



School of Rock



Colour Run

**Book now at [theircare.com.au](http://theircare.com.au)**

Save up to 90% with the Child Care Subsidy

## Holiday Program Important Information!

### What to bring

- ☐ A healthy morning tea and lunch
- ☐ A labelled drink bottle for water
- ☐ Suitable clothing for an active day – closed toe shoes and jacket if wet/cold
- ☐ SunSmart hat for Spring and Summer holidays
- ☐ Medical Management Plan & Medication if applicable – see below for details



### Don't forget!

- ☐ Keep your lunchbox nut-free to keep everyone safe
- ☐ Do not include food items that need to be reheated
- ☐ Label all items with child's name!
- ☐ Bus departure and arrival times are indicative only. For an accurate estimated time of arrival and departure please contact your service directly.



### Personal belongings

Electronic devices, money and other valuables should be left at home.

If brought to the service, these items remain the responsibility of the family. TheirCare does not accept responsibility for loss or damage.



### TheirCare provides

- ☒ Breakfast and afternoon tea snack
- ☒ Sunscreen
- ☒ Water to refill bottles



### Child Care Subsidy

Please note that subsidised hours are calculated and allocated by Centrelink on a fortnightly basis. Check Centrelink for eligibility. Each session is calculated using the full service operational hours, not the hours attended by the child.



### Unexpected changes to activities

In the unlikely event that an activity is unable to run, an alternative activity will be provided.

Activities and times are subject to change due to unforeseen circumstances such as severe weather or provider availability. If an alternative cannot be sourced we will update your invoice to reflect this.



### Serious stuff!

#### Medical Management Plan & Medication

All children who have been diagnosed with a medical condition including allergies, food/chemical intolerances, anaphylaxis, asthma, epilepsy will need to provide:

- ☐ a completed Medical Management Plan with a colour photo
- ☐ necessary medication

Please note it is a legal requirement under the Education & Care National Regulations and the Terms and Conditions for booking that these are provided.

In the interests of child safety, care may be refused on the day should the appropriate documentation or medication or medication not be supplied.



### Changes to your booking

Simply log into your account anytime to make the relevant changes or call us between 6:30am – 9:00pm weekdays on 1300 072 410.



### Fees for changes to your booking

More than 5 days	Less than 5 days *	On the day
No Charge	\$10.00	Full Fee

\*Less than 5 days from the start of the booking (120 hours from the start of the session).

When making additional bookings, the \$10.00 fee is eligible for the Child Care Subsidy, which means you may only need to pay the gap, depending on your families' circumstances.



**If you have any questions, please speak with one of our friendly Educators or call Customer Support on 1300 072 410.**



## Canteen Menu 2024

Available Wednesday, Thursday and Friday

Order online at [www.Flexischools.com.au](http://www.Flexischools.com.au)

by 8.45am or at the canteen by 9am



### TOASTED SANDWICHES

Cheese	\$3.00
Ham	\$3.50
Chicken	\$3.50
Cheese & tomato	\$3.50
Cheese & ham	\$4.00
Cheese & chicken	\$4.00
Cheese & pineapple	\$3.50
Cheese & baked beans	\$3.50
Cheese & spaghetti	\$3.50
Cheese & tuna	\$4.00
Spaghetti	\$3.20
Baked beans	\$3.20
Tuna	\$3.50
Ham, cheese & pineapple	\$4.00
Ham, cheese & tomato	\$4.00
Gluten free bread	\$1.00

### SANDWICHES

Vegemite	\$2.00
Cheese	\$3.00
Ham	\$3.50
Chicken	\$3.50
Tuna	\$3.50
Salad	\$3.00
Egg	\$3.00
Egg, lettuce & mayo	\$3.50
Ham, cheese & tomato	\$4.00
Tuna, lettuce & mayo	\$4.00
Extras - salad, cheese or mayo	\$0.50
Gluten free bread	\$1.00
Wrap	\$0.50

### HOT FOOD

Garlic bread	\$2.00
Corn cob	\$2.00
Spring roll	\$0.80
Nuggets	\$3.50
- gluten free	\$4.00
Snack pie	\$3.50
Homemade pasta bolognese	\$4.00
-gluten free	\$4.00
Sausage roll	\$4.00
Spinach & ricotta roll (V)	\$3.50
Traveller pie	\$4.50
Chicken burger with lettuce & mayo	\$5.50
- add cheese, cucumber & tomato	\$6.00
Beef burger with cheese & tomato sauce	\$5.50
- add salad	\$6.00
Chicken snack wrap with lettuce and mayo	\$5.50
- with cheese, carrot cucumber & tomato	\$6.00
Pizza slab 170g	\$4.00
- cheese or hawaiian *	\$4.00
Sauce - tomato or BBQ	\$0.40



All sandwiches on wholemeal bread

MOVIE under the STARS

FREE EVENT

ILLUMINATION PRESENTS

# minions

## THE RISE OF GRU

(PG)

FRIDAY 12<sup>TH</sup> APRIL  
WARRINA STREET OVAL, BEROWRA

BROUGHT TO YOU BY:

FOOD FROM 5PM  
MOVIE @ 6:30PM  
FIREWORKS AFTER







**FREE  
EVENT**

Parliament of  
New South Wales

# FESTIVAL OF DEMOCRACY

at the Parliament of NSW

**Friday 19 April**  
**9.30am – 3.30pm**

Celebrate democracy at Australia's oldest Parliament with free, fun activities for children from four to twelve years, and their families.

- Give a speech in the Parliamentary chambers
- Make craft animals and objects
- Learn how to vote
- Visit our heritage rooms
- Participate in a committee role play

*and more...*



**FREE ENTRY**  
Activities 9.30am to 3.30pm

**LOCATION**  
Parliament of New South Wales,  
6 Macquarie Street  
Opposite Martin Place

**The public café will be open.**

**BOOKINGS  
ESSENTIAL**



P: (02) 9230 2047 or  
E: [communityengagement@parliament.nsw.gov.au](mailto:communityengagement@parliament.nsw.gov.au)



## Respect in 1/2S

<b>Self</b>	Positive self-talk/ always be kind to yourself. Try your best. Don't give up.
<b>Others</b>	Don't talk when the teacher or classmate is talking. Don't touch other people's property without permission. Keep our hands and feet to ourself. Speak nicely to each other. Let other people play with you.
<b>Community</b>	Keep our environment clean. Play with school equipment properly. Make sure you don't lose school equipment that you borrow. Treat school property how you would treat your own toys at home.

**Everyone - Everywhere - Everytime**

## Respect in 3/4B

<b>Self</b>	<ul style="list-style-type: none"> <li>• Believe in yourself and don't give up</li> <li>• Focus on your learning goals</li> </ul>
<b>Others</b>	<ul style="list-style-type: none"> <li>• Be kind with your words and actions</li> <li>• Be a good listener and let others learn</li> </ul>
<b>Community</b>	<ul style="list-style-type: none"> <li>• Keep our room tidy</li> <li>• Look after our equipment</li> <li>• Be polite to visitors</li> </ul>





# This fortnight's Smiling Mind focus is **Savouring**

## At Home Activities

### K-2

#### Savouring food

Sometimes we eat food without really savouring it. For this activity, you get to eat something yummy, and you have to practise really savouring it!. Put a piece of food you like in your mouth and see how long you can last without eating it! Try and notice how it smells, its texture, its size and finally how it tastes. Try and notice something new that you have never noticed about this food before.

### Stage 2

#### Mindful Eating

Mindful eating is something everyone can practise. You can teach your family or friends how to eat mindfully. Tonight, practise eating mindfully and explain to everyone you're eating with how they can join in.

Remember, eat slowly, and activate your five senses by noticing the different textures you can feel, the different sounds you make as you eat, what you can see, what you can smell, and of course, what you can taste! After dinner, take a moment to write down what you noticed in your worksheet.

### Stage 3

#### Savouring recipe

Everyone needs to learn how to savour and enjoy things. This activity involves teaching others how to savour something. For this task, write a set of instructions for someone in your family, or a friend or teacher, to teach them how to savour a special experience. Remember to explain each step clearly so that they can follow each instruction.

[Smiling Mind website](https://www.smilingmind.com.au)

<https://www.smilingmind.com.au>

# Northern Academy of The Arts

Ku-ring-gai High School has a long standing culture of creative and performing arts, our specialised Year 7 Creative and Performing Arts class for Music, Dance, Visual Arts and Drama is **enrolling now**.

For more information and to submit an expression of interest, visit our website:

<https://kuringgai-h.schools.nsw.gov.au/>



**Ku-ring-gai  
High School**

*Inspiring* the next generation  
of artists.





# GAME CHANGER CHALLENGE



Years 3-6

## WHAT IS THE GAME CHANGER CHALLENGE?

The Game Changer Challenge is the department's award-winning design thinking competition.

Open to public schools across the state the challenge centres on discovering solutions for a real-world, wicked problem by applying classroom learning.



## 2024 WICKED PROBLEM

**Make life better for all without harming the planet.**

Your challenge is to invent or innovate solutions that not only spark progress in communities locally and around the world but also ensure our planet stays green and healthy for generations to come.

## WHAT DOES THE GAME CHANGER CHALLENGE INVOLVE?

Two teams of 5 students are selected based on their behaviour/participation in STEM lessons and their written application, prepared at school.

Students attend an information session run by the finalists at Asquith Girls High School.

Final team selection will be announced before the end of the term. Those who have been selected to be on one of the teams will attend an incursion in term 2 to create the video submission. 120 schools are invited to be apart of the Semi Finals (virtually) and of those, 20 schools are asked to attend the finals in Paramatta. If you'd like to find out more please talk to Miss Humphreys or google: Game Changer Challenge 2024

## THE TIMELINE

### STEP 1

Register interest with Miss Humphreys.

### STEP 2

Attend information session with AGHS. Submit application.

### STEP 3

Final teams announced

### STEP 4

Teams attend an incursion to create video submission. (term 2)