BEROWRA PUBLIC SCHOOL

The

TERM 4 WEEK 2 ISSUE 36 OCTOBER 23, 2024

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★EST. 1894 ★

SCHOOL

Friday OCT 25: Kindergarten 2025 Orientation **Thursday OCT 31:** Grandparents & Friends Day **Tuesday OCT 31:** Grandparents & Friends Day

SPORT

Term 4: Summer HZSS starts

EXCURSION

P&C

Wednesday NOV 13: Fair meeting 7pm **Saturday NOV 19: Kuringai High Transition** morning

SCHOOL CALENDAR LINK **LINK**

US

Hillcrest Road, BEROWRA, **NSW 2081**





Security Hotline: 1300880021

"The purpose of education is to replace an empty mind with an open one." - Malcolm S. Forbes



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COVER: Playground games include chess, tic-tac-toe and more.







Carolyn Stephens PRINCIPAL (Rel.)

World Teachers' Day

Australia will celebrate the teaching profession on World Teachers' Day on Friday 25 October 2024. Let's celebrate Australia's teachers for their skilled work in educating, inspiring and supporting our young people. Hats off to teachers this World Teachers' Day!

This Friday we are asking our students and families to celebrate our teachers and thank them for all the work they do to educate, inspire and empower learners at Berowra Public School.

A big thank you to the P&C who are putting on a 'Mad Hatters Tea Party' for the teachers on Friday afternoon with lots of treats and a coffee van visit.

Look out for our 'Hats off to teachers' video coming to our website soon.

Tell Them From Me Parent Survey

Can I please encourage you to take the time to complete the 'Tell Them From Me' Parent Survey if you have not done so already. The data from the survey is analysed and used by the school to improve our practices. It is used to helps track our impact of various initiatives in our Strategic Improvement Plan and supports us in

to Teachers

planning for 2025 and beyond. Click here to begin

http://nsw.tellthemfromme.com/thyy8

Cybersecurity awareness month

October is Cybersecurity Awareness Month and the theme for 2024 is Cybersecurity is everyone's business, reminding us there are simple ways to protect yourself and your family online. Students at Berowra have been engaging lessons learning how to be 'Cybermarvels' to ensure they are prepared for the digital world and foster an interest in careers in cybersecurity.

Navigating online friendships - transitioning to secondary school.

Moving to high school can be scary. Parents can play a supporting role in this transition. This webinar from the eSafety Commissioner is suitable for parents and carers of young people in year 6, mvoing to year 7 in 2025.

Registration. CLICK HERE

HORNSBY SHIRE COUNCIL

PETER LEARY Berowra Public School ASSISTANT PRINCIPAL

-

ast Thursday and Friday K-5 students were involved in an incursion called Environmentors run by Hornsby Shire Council. They learnt the importance of looking after our local environment and many students were inspired to make small changes which can have a big impact on our local environment at Berowra.

Enviroment

return

Australia Beautifi Keep Australia Beautifu

Litter...

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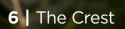
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SEE OUR BEAUTUFUL NEW PAVING STONES









GARDEN CLUB UPGRADE

BRAND NEW BUSHTUCH

PETER LEARY Berowra Public School ASSISTANT PRINCIPAL

10 | The Crest

erowra students were involved in the planting of our brand new Bushtucker garden earlier this week. The bushtucker plants were purchased with money from our Woolworths Junior Landcare grant. Representatives were chosen from each class to plant, mulch and water their chosen native plant. The garden will be complete by the end of week 2. Students are eagerly looking forward to the first harvest of edible bushtucker crops.





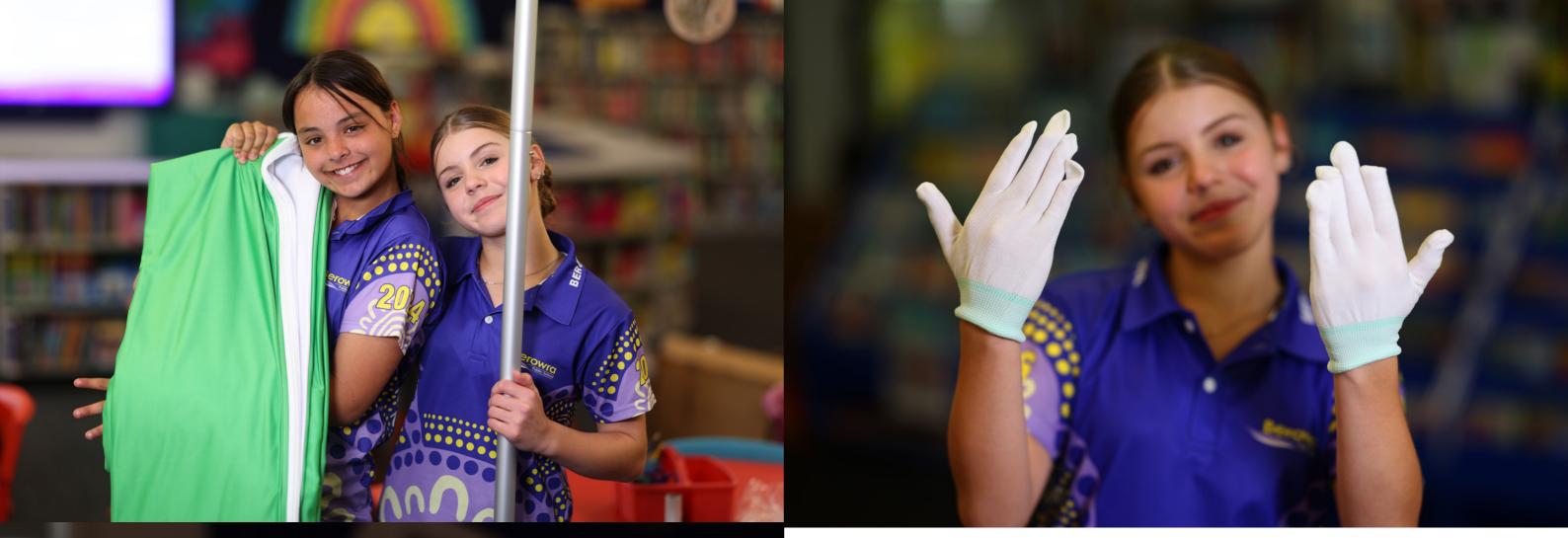






Berowra Public School | 13

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RECENTLY BEROWRA PUBLIC SCHOOL INVESTED IN SOME NEW FILM EQUPMENT FROM DRAGON IMAGE IN ARTARMON: A LIGHTING KIT, TWO LAPEL MICROPHONES AND A GREENSCREEN KIT.

STUDENTS FROM THE MEDIA TEAM HAD TO WORK OUT HOW TO PUT IT ALL TOGETER.









Benowna PS PRESENTS



WITH MISS HUMPHREYS

Wednesdays in the hall

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Berowra Public School | 19

GOOSE BUMPS

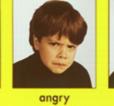


Emotions



afraid

jealous



guilty



excited





bored



shy

loved



embarrassed surprised







SEE OUR NEW

Berowr

D

EQUIPMENT



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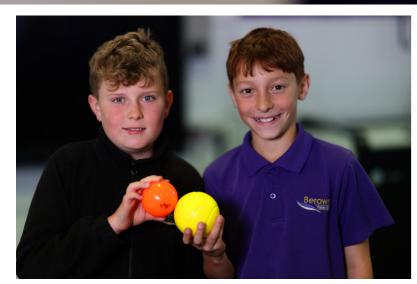




Cricket tee cones Cricket tee cones Junior AFL balls Portable AFL posts Foxtail ball set Gatorskin dodgeballs Echidna nylon ball Junior and senior skipping ropes Netball bibs













ABOVE: Don't worry. This is not a hand grenade but a squeeze whistle!

WORLD TEACHERS' DAY

CENTRAL COAST CELEBRATION DINNER

Recreation Club along with other principals and teachers across the central Coast.







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There was a very successful working bee on Sunday which has made our school look even more beautiful - thank you to Clare Salke for organising and to all the student, parent and teacher volunteers for their contribution.

Our Spring Fair is next month on November 16th and ride bands are for sale! Also there are still slots to sign up and help out on the day - pick whichever stall you prefer - the dunk tank is looking appealing to me :)-

This week I'd like to highlight our wonderful canteen manager, Teresa, and assistant manager, Jess.



Hi my name is Teresa McKenzie. I am canteen manager. I have been at Berowra Public School for over 15 years. I have my two children Amy 30 Holly 25 who both went to Berowra Public School. I love seeing your children's smiling faces when they come to collect their lunches and snacks.



Hi I'm Jess Payne! I started volunteering last year & really enjoyed it and now work every Friday because it's the busiest day for lunch orders. I like having a chat while we work, and then serving at lunchtime and seeing the very good manners kids show to us and each other. My daughters, Emilia and Thea, are at BPS in years 3 and 1. Their favourite canteen items are sushi, pies, TNTs and Crispy Fruits.

Berowra Public School 31

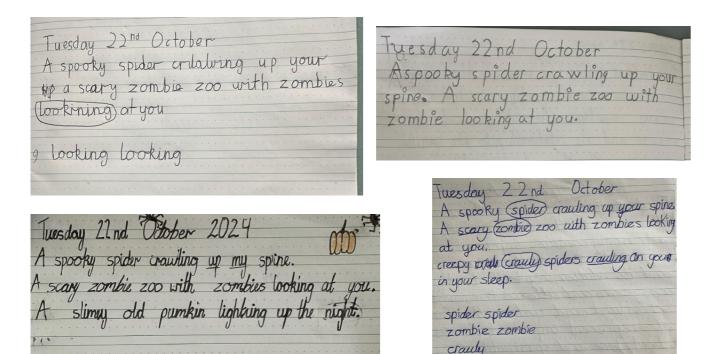
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Some Halloween handwriting from Mason, Maxine, Leo and Lachlan.

Some abstract art from Alicia and artwork from Jack based on the book " Piano Fingers"



Our jack-o'-lantern's glowing, With a candle lit inside. It sits upon our porch step, A helpful, gleaming guide.

So those who come to spook us here, The jack-o'-lantern greets. You're welcomed with a toothsome smile, As well as yummy treats.

To make sure that you know for good, That when you hear our scream. Children come knocking at our doors, Because it's halloween!





Elodie B.

nterrelate Tricky Talks

Guiding students and their trusted adults to have honest communication about the reproductive system, foetal development, puberty, consent and protective behaviours, so you can navigate this time of development together.

The opportunity to participate in this valuable program was on Monday. For those of you who missed out make sure you look out for the program next year.

It comes highly recommended by teachers, parents and students and is a brilliant way to introduce those conversations which might be a little difficult to introduce with your own children.



Grandparents and Friends Day at BPS

Thursday 31st October 10:15 Welcome Assembly 10:45 Classroom Visits & Outdoor Games 11:20 - 11:55 Morning Tea

We would like to welcome all grandparents, grandpals, parents and friends. Performances by the junior and senior choir, Kindergarten dance, winners of the stage speaking competitions and our string and recorder groups. Join in some outdoor games, visit the classrooms and library. Morning tea available for purchase. Bring a chair/picnic rug. Please ensure you know the name of the classes you wish to visit.



PLAYGROUND GAME NCLUDING CHESS











ENROLIN BAND

Enrolments are now open for any students in Years 3-6 next year, to join the School Band Program

For full details about costs, view instrument demos and to ENROL in the Band Program: www.myschoolband.com.au/enrol



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If you are interested in auditioning for the 2025 Berowra Public School Girls' or Boys' Dance Group, auditions will be held in Weeks 4 and 5 this term. This is an extra-curricular activity and an extra cost (approximately \$150 for the year). Students must be available to attend weekly rehearsals at school. Girls on Tuesday morning 8:15am and boys on Thursday mornings at 8:15am. They must also be available for the Sydney North Dance Festival in the last 2 weeks of June and not be taking extended holidays during Term 1 and 2.

BPS DANCE AUDITIONS

All boys and girls currently in Years 2-5 are welcome to audition. Thursday 7th November: All students (boys and girls) learn a short routine Wednesday 13th November: Girls audition Thursday 14th November: Boys audition



SHADE

Icy, dark, always there. A sense of relief! Worry, bright, always near.

But fear Like a whisper in the murky frozen room, is trying to close in. Gloominess. This shadow always present, blocking the light in its path. It is the bitter crisp of shade.

BY ELLIANA W 3/4B

TUNING IN TO KIDS-ONLINE

Connecting with your kids through emotionally intelligent parenting.



Kelationships Australia

Emotional intelligence isn't rocket science. It's a set of skills that can be learnt.

People who are emotionally intelligent have better life outcomes. And kids who grow up with emotionally intelligent parents are happier and healthier.

Tuning in to Kids teaches you how to help your children grow their emotional intelligence.

Build skills to support your child:

- Understand their emotions
- Communicate in a way that builds relationships
- Relate better with others when emotions run high

• Identify and accept their feelings and build self-care and problem-solving skills.



Vhere: Online, Zoom

When: Weekly, 28th October-2nd December, 6:30-8:30pm

Cost: Free

REGISTER: Email Sally or register below



https://forms.office.com/r/GcZGPHie7

<u>e</u> Conta

Sally Hodges e: sallyho@ransw.org.au

Nater slide LOGJAMMER



The Ultimate Summer Fun! Can you survive the Logjammer Extreme?!

FAST TRACK YOUR FUN AND BUY YOUR RIDE BAND TICKETS TODAY!





Thank you to our Sponsors











SPRING FAIG BEROWRA PUBLIC SCHOOL

Platinum Sponsor

Barr Automotive



For families in Hornsby, Barr Automotive offers reliable, transparent, and convenient car servicing. Led by Lydia and Igor, parents themselves, this award-winning, family-run business understands the importance of keeping your vehicle in top condition, whether it's for school runs or weekend adventures.

Offering everything from logbook servicing and brake repairs to 4WD maintenance, Barr Automotive provides honest communication, flexible drop-off times, and easy online booking. Their close connection to the community is highlighted through their "Pink Slips 4 Cancer" initiative, which supports local cancer care services.

Visit Barr Automotive at 14 James Street, Hornsby, call them on 94762182 or book online at <u>www.barrauto.com.au</u> to experience their trusted, family-focused service.

Silver Sponsors

Air Industries

Introducing, Emmanuel and Laryssa from Air Industries Air Conditioning, who is one of our fabulous Silver Sponsors for our BPS Spring Fair! Air Industries is a family-owned business based in Mooney Mooney. With over 25 years of experience, they specialise in installation, service, repair and maintaining air conditioning systems to residential homes and light commercial business. Their team are fully licensed, insured and professional with a solid reputation of providing a reliable, affordable, safe and honest service.

With access to the top leading brands in Australia, they service the Hawkesbury River, Upper North Shore and parts of Sydney. Their philosophy is simple: "If the system is not good enough to be used in our home or business, we will not recommend it to you". We aim to provide you with the best air conditioning system, so you will enjoy it for many years to come."

Make sure you contact the lovely Laryssa today for a free quote or schedule a service: 0407 201 436

https://airindustriesac.com.au/











Bendigo Bank

Bendigo Bank

Community Bank Berowra

Bendigo Community Bank Berowra & District not only gives you access to award-winning financial products and services, we're also committed to returning profits to our local communities. Visit us to see how we can help you reach your financial goals or book a free home loan health check.

Cass Property



Adam Castelnuovo - director and owner of CASS Property is our proud Silver sponsor for our BPS Spring Fair. With 14 years of being a successful real estate business owner under his belt, Adam and his team sell and manage property across the upper and lower north shore of Sydney.

You can trust that when you are working with Cass Property, you are not only under the very best care, but you have the professionalism and personalised service to ensure your real estate experience is one to remember. We are thrilled to have your support Cass & cannot wait to see you on the 16th of November!

Contact Adam today: 9099 5336







First Class Glass

Introducing one of our silver sponsors for our Spring Fair, First Class Glass! Ben and Alanna are incredibly well known within the community, providing exceptional customer service as premier glaziers in Hornsby and the surrounding North Shore Area.

Offering a complete range of services to suit all of your residential and commercial glass requirements including glass repairs, replacement and installation, glass and mirrors cut to size, bespoke mirrors and mirror repairs, frameless glass shower screens, coloured glass splashbacks, glass balustrades, UV bonding, glass shelving and roof lights, double glazed units AND a whole lot more (phew) - their knowledge, experience and professionalism means any glass-related job is completed flawlessly and efficiently.

Reach out to FCG today amd; make sure you tell them we sent you!

ben@firstclassglass.com.au https://firstclassglass.com.au/ 0424 614 310/ 02 9987 2397









King Building Group





Introducing King Building Group, one of our fabulous Silver sponsors for our BPS Spring Fair! King Building Group is an experienced and highly regarded residential and commercial construction company, turning your next new home build, renovation or commercial project into a reality. King Building Group brings together an industry leading team of builders along with an expansive network of quality trade services to deliver quality outcomes for clients.

Based in Sydney, the team works across Greater Sydney along with the Central Coast and Northern Illawarra regions.

For more information visit them on Instagram via @kingbuildinggroup or email them: info@kingbuildinggroup.com.au

Dean King King building Group 0434365406

Bronze Sponsors

BAS Health & Fitness

Berowra BPS dad and bringer of jokes, kettlebells and bikes, Bas Green is the owner of BAS Health & Fitness – and one of our proud bronze sponsors for our Spring Fair!

Berowra's favourite group fitness sessions, BAS Health & Fitness gives you holistic fitness with a feelgood vibe, coached by expert fitness trainer, Bas himself.

Regardless of age, ability, skills or fitness level, he can adapt the session to give you a solid workout that's ideal for where you're at. His fitness sessions all have his trademark blend of science, physical challenge, art, mental stimulation, and group fun. If you've even been up before the sun round here, you might have seen him setting up sessions for an awesome group of BASinators on Berowra and Warrina Ovals.

Reach out and contact Bas, to start your health and fitness journey today!

Contact Bas on 0416 977 963











Bite Me Bakhouse

While you are still sleeping, the folks at Bite Me Bakehouse are quietly going about their business – rolling, mixing, baking & whipping up the most delicious treats for you to enjoy when it's time to start your day. Pies, Sausage Rolls, Quiches, Toasted Sandwiches, Cakes, Pastries and more...everything you could wish for in a delicious meal straight from the oven.

If you have an upcoming event, conference or party, let us take care of providing sustenance for your group or guests. This enables you to get on with the job at hand or simply allows you the freedom to enjoy your function. Bite Me Bakehouse are ready to take your call and make arrangements in advance to fulfill your orders – ready for you to pick up on the day of your event.

Call us on (02) 9477 1732 to place your order or reserve your favourite tucker.

Berowra RSL



Club Berowra is situated at 997 Pacific Highway, Berowra and is a great location not only for residents of Berowra and adjacent suburbs but also as a mid-way point between Sydney and the Central Coast. With several bars, gaming areas, dining areas and events all year round, you can enjoy a lunch, diner or beverage six days a week with the convenience of being picked up or dropped home safely, care of their fabulous courtesy bus.

Make sure you give Berowra RSL a visit today, their food and atmosphere is sure to keep you coming back for more!

Phone 9456 1844

https://clubberowra.au/













Inspirations Paint Hornsby

inspirations paint

Introducing Inspirations Paint Hornsby as one of our awesome Bronze sponsors! Inspirations Paint Hornsby offers award winning service and the best advice. Locally owned and operated, we've been part of the Hornsby / Kuring Gai community for over 20 years. Our purpose is to help people enhance and transform their spaces by giving personal attention to your painting project.

Our team of experienced professionals is dedicated to helping you every step of the way. We offer services such as expert consultations, colour matching and paint mixing to ensure you choose the right products for your needs. Additionally, we provide a wide range of high-quality paints, stains, and accessories to help you complete your project with confidence. Be it preparing, painting or protecting - you will find it at the best paint store in town - Inspirations Paint Hornsby.

Contact Matt on 9477 5677

Crocodile Creek Shirts

A family printing business, right here in the heart of Berowra, Crocodile Creek Shirts service all around Australia, providing schools and clubs with Memento Shirts, Graduation Shirts and Leavers' Shirts, proudly made right here in Australia, only using high quality products. Crocodile Creek Shirts has thrived over the decades and was established way back in 1986!

With a fondness for quality, the longevity of the business speaks as a testament to the product, consistency and superior service. You are in good hands with Ryan and Chey at the centre of Crocodile Creek Shirts, so make sure you reach out and enquire with them today! Contact the team on 9456 6699

Follow us on our socials: https://www.facebook.com/CrocodileCreekShirts https://www.instagram.com/crocodilecreekshirts/ https://www.crocodilecreek.com.au











Moving Bodies



Introducing, the home of kids and adults fitness on Sydney's North Shore – Moving Bodies! Situated at Mt Kuring-Gai, the team at Moving Bodies aim to make exercise and fitness fun for children and adults of all ages – from babies to seniors. Aware of the demand among North Shore residents and their families for a local fitness centre where kids and adults can enjoy healthy and fun activities, Moving Bodies Centre was opened in April 2012. The Centre, complete with indoor heated swimming pool, offers programs outside the school system that complement your family's lifestyle.

So, whether it is gymnastics, adult or children's fitness classes, ninja courses, indoor soft play, swimming lessons or indoor parkour – you can guarantee Moving Bodies has it all! Plus, it's a fabulous venue for your next little one's birthday party or perhaps you'd prefer to hire their mobile birthday party equipment? Whatever it is - ensure you visit Moving Bodies today, you're sure to have a tonne of fun!

https://www.movingbodies.com.au/

Hamley Road, Mt Kuring-gai 9457 7732

MP Tree Care

MP Tree Care is a locally family run business with over 20 years experience within the Arboriculture industry. We are fully insured, qualified arborist that offer

- Tree removal
- Stump grinding _
- Tree pruning
- Land clearing _
- **Emergency work**

Call Marc for a free quote! 0421 188 512

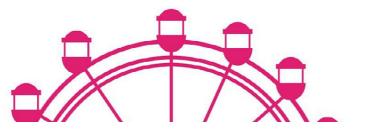
Northern Suburbs Storage

Northern Suburbs Storage is a local self storage facility with 24 hour secure access, conveniently located in Mount Ku-Ring-Gai. We have secure storage units ideal for your household, work, or hobby needs, and secure parking spaces for caravans, boats, trailers and cars.

Give us a call today for all your storage needs! Phone: 9457 6122









Canteen Menu 2024 Semester 2 Available Wednesday, Thursday and Friday Order online at www.Flexischools.com.au by 8.45am or at the canteen by 9am

TOASTED SANDWICHES

Cheese	\$3.00
Ham	\$3.50
Chicken	\$3.50
Cheese & tomato	\$3.50
Cheese & ham	\$4.00
Cheese & chicken	\$4.00
Cheese & pineapple	\$3.50
Cheese & baked beans	\$3.50
Cheese & spaghetti	\$3.50
Cheese & tuna	\$4.00
Spaghetti	\$3.20
Baked beans	\$3.20
Tuna	\$3.50
Ham, cheese & pineapple	\$4.00
Ham, cheese & tomato	\$4.00
Gluten free bread	\$1.00

SANDWICHES

Vegemite	\$2.00
Cheese	\$3.00
Ham	\$3.50
Chicken	\$3.50
Tuna	\$3.50
Salad	\$3.00
Egg	\$3.00
Egg, lettuce & mayo	\$3.50
Ham, cheese & tomato	\$400
Tuna, lettuce & mayo	\$4.00
Extras - salad, cheese or	
mayo	\$0.50
Gluten free bread	\$1.00
Wrap	\$0.50

All sandwiches on wholemeal bread



HOT FOOD

Garlic bread	\$2.00
Corn cob	\$1.00
Spring roll	\$0.80
Nuggets	\$3.50
- gluten free	\$4.00
Snack pie	\$3.50
Homemade pasta bolognaise	\$4.00
-gluten free	\$4.00
Sausage roll	\$4.00
Traveller pie	\$4.50
Chicken burger with lettuce	\$550
& mayo	
- add cheese, cucumber &	\$6.00
tomato	
Beef burger with cheese $\&$	\$5.50
tomato sauce	
- add salad	\$6.00
Bacon and egg roll	\$4.50
Chicken snack wrap with	\$5.50
lettuce and mayo	
- with cheese, carrot,	\$6.00
cucumber & tomato	
Pizza slab 170g	\$4.00
- cheese or hawaiian	
Nachos (v)	\$4.00
Butter chicken	\$5.00
Sauce - tomato or BBQ	\$0.40





from random numbers but the messages will always have the school's name first

MINAT DO I DO?

Respond to the message with the reason for your child's absence.

The numbers will change, no need to save it. Only reply to messages sent, other messages won't be attached to your child.

BE PATIENT

During the initial set up period, please be patient with any issues/concerns and email the feedback so we can adjust the process.

Sounds of Connection:

Building family bonds through music

Come with your child (aged 9 and above) and follow a qualified musical therapist to let music move and connect you.

Relax and mingle with your peers and family to enhance communication, social skills and bonds through music.

Free workshop, light refreshment will also be provided.

Parents and guardiennes must also attend.

Enclosed shoes required.

Hornsby Council Admin building,

296 Peats Ferry Rd HORNSBY

Free

Friday 1 November 6pm-8pm

(5.30pm for light refreshment)

Bookings essential: Scan QR Code to Register For more information please contact Fiona on 0412 477 535 or email: zhou1yan@police.nsw.gov.au





R**elațion: hip: Australia.** new south wales





