BEROWRA PUBLIC SCHOOL





SCHOOL

Friday NOV 8: Kindergarten 2025 Orientation

Tuesday NOV 12: Band Showcase evening at the Concourse Chatswood Monday DEC 9: Year 6 Mini Fete



SPORT

Monday NOV 18: Years 2 & 3 Swimming and **Water Safety**



EXCURSION

Saturday NOV 19: Kuringai High Transition morning



P&C

Saturday NOV 16: P&C Spring Fair Wednesday NOV 13: Fair meeting 7pm **Saturday NOV 19: Kuringai High Transition** morning

SCHOOL CALENDAR LINK LINK



Hillcrest Road, BEROWRA, **NSW 2081**



02 9456 1319



berowra-p.school@det.nsw.edu.au



Security Hotline: 1300880021

"The roots of education are bitter, but the fruit is sweet."

- Aristotle

PAGE 5 Paper cranes

PAGE 8

Grandparents Day

PAGE 12

History around us

Library

PAGE 16

PAGE 20 Garden Club

PAGE 25

Dance Audition

PAGE 26

What's new

PAGE 40 P&C Report

COVER: 3/4B made paper cranes after reading Sadoka and the Thousand Paper Cranes, a novel by Eleanor Coerr.

OUR WEBSITE **UNIFORM SHOP**

THEIR CARE



LINK















Carolyn Stephens PRINCIPAL (Rel.)

Kindergarten Orientation

It's been wonderful meeting the new students and families joining Berowra Public School next year. This week marks our final orientation session, and the teachers and I have been so impressed with the students' maturity, behavior, and enthusiasm. Not a tear in sight—they're more than ready for "big school!"

Updated 2025 Start Dates

Last week, we received updated start dates for students. Under the recently negotiated award, teachers will participate in four Staff Development Days at the start of Term 1. As a result, all students, including Kindergarten, will begin on Thursday, 6th February 2025. Additional Staff Development Days have also been scheduled throughout the year. Download the 2025 calendar to help you plan ahead. Calendar 2025.

New School Signage

You may have noticed some new signs around our school. We've added a large sign at the front gate, an Acknowledgement of Country sign, and a "Welcome to Berowra Public School" sign in the front office. If you attended Grandparents Day, you may have also spotted our beautiful new lectern sign.

Absence Notifications

Thank you to all our families who have been using the SMS absence system effectively. This has greatly reduced unexplained absences and lightened

the administrative load for our staff. We're aiming for zero unexplained absences—please help us reach this goal by promptly replying to SMS messages with the reason for any absence.

Planning for 2025

We're currently planning our 2025 classes and staffing, a complex process where your input is invaluable. If you're moving over the holidays, switching schools, or planning an extended holiday that may affect your child's return on the first day of Term 1, please let us know as soon as possible. Our funding depends on student numbers, and each student counts as we decide between 10 or 11 classes. If you know anyone moving into the area, please encourage them to contact the school. New changes to the enrolment policy starting in Term 1, 2025, offer more flexibility, especially for out-of-area families with siblings already enrolled. For more details, please check the Department's explanatory fact sheet or give us a call to discuss your situation.

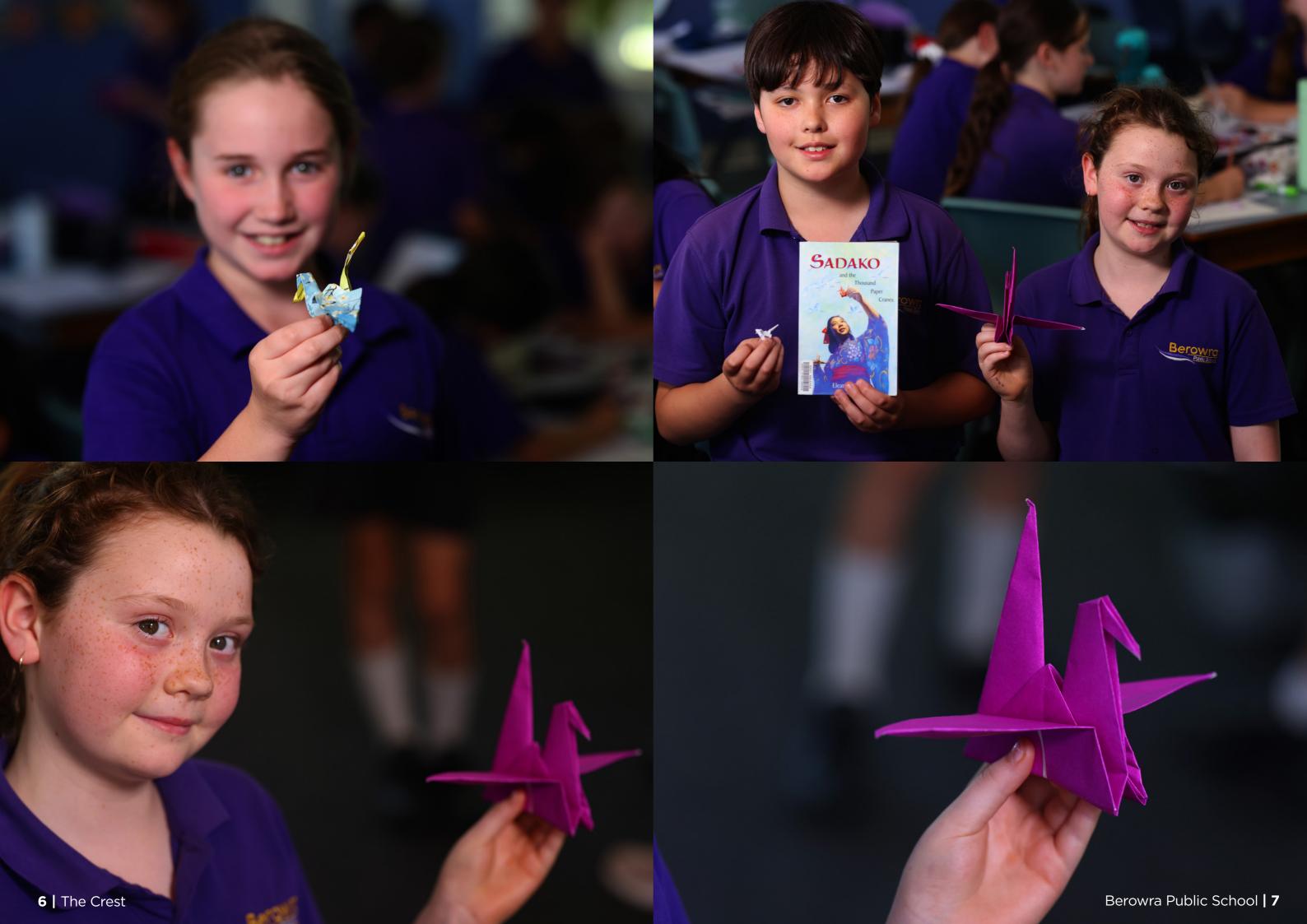
Changes to the enrolment policy.

Students coming to school early

Just a reminder that there is no staff supervision of students before the bell at 8:50am. If students do arrive before that they are required to sit on the silver seats outside Theircare.

I hope to see you all at the P&C Spring Fair next Saturday, 16th November!

















GRANDPARENTS AND ERIENDS DAY

On Thursday October 31, BPS invited grandparents and friends to special day. We all enjoyed the bands, choirs and kinder dance. The winners of our stage speaking comptetion also spoke. The visitors came to our classrooms

to look at our work and played outdoor games. Thank you for coming to our Grandparents and Friends Day. We all had a wonderful time.





















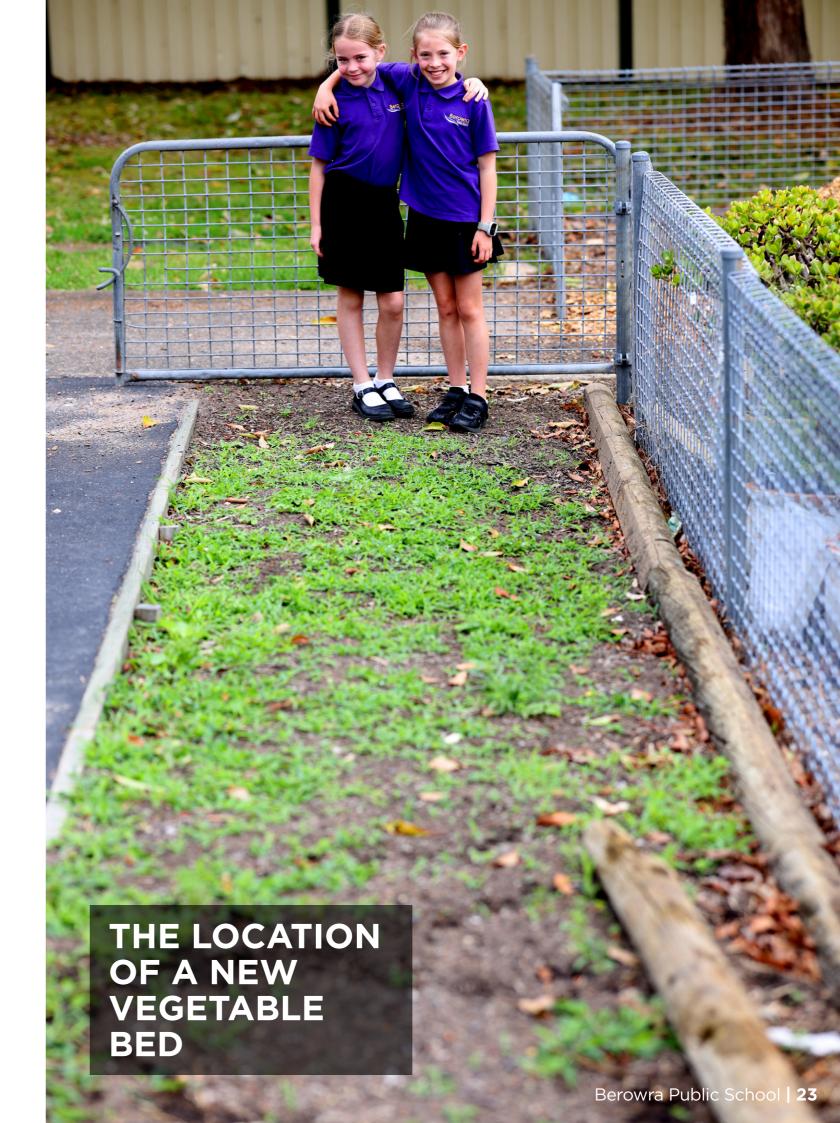












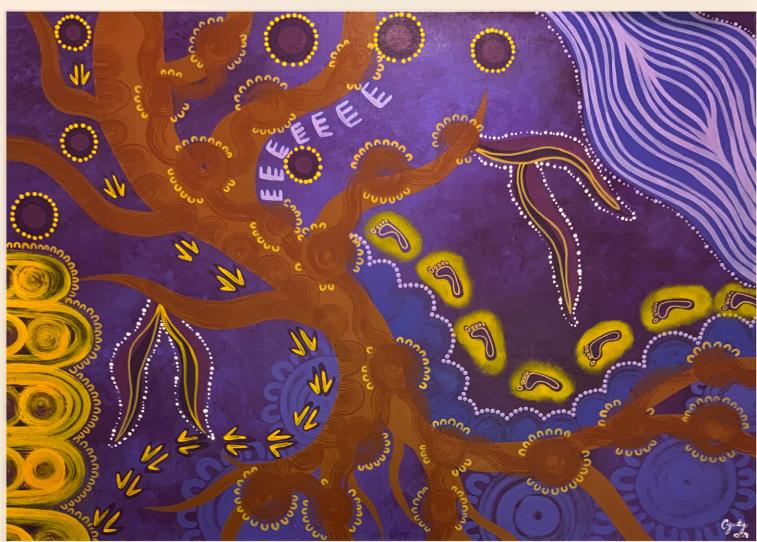












Berowra Public School Berowra Public School

Acknowledgement of Country

We would like to acknowledge and respect the GuriNgai and Darug peoples, their Elders past, present and emerging. We the people are all emerging custodians of these great lands and waters in which we live together.

We value our connections with the community and appreciate the gifts and beauty of mother nature as we walk together on sacred country.

We will forever care and protect this country on which we live, learn and play.









ENROLINBAND

Enrolments are now open for any students in Years 3-6 next year, to join the School Band Program

For full details about costs, view instrument demos and to ENROL in the Band Program: www.myschoolband.com.au/enrol



Making Band Fun!



SENTRAL SMS



WINAT IS CHANGING?

Starting Term 4 2024.
SMS messages will be sent for unexplained absences at approximately llam.



WHAT HAPPENS?

You will receive a sms message from random numbers but the messages will always have the school's name first.



WHAT DO I DO?

Respond to the message with the reason for your child's absence.



OTHER INFO

The numbers will change, no need to save it. Only reply to messages sent, other messages won't be attached to your child.



BEPATIENT

During the initial set up period, please be patient with any issues/concerns and email the feedback so we can adjust the process.



This fortnight's Smiling Mind focus is Positive Communication

At Home Activities

K-2

20 Second Mindful Hug Challenge Sometimes communication can be non-verbal, which means that you don't need words to communicate. For this task, hug someone in your family tonight for a full 20 seconds. Afterwards, discuss with that person how this made you feel. Remember to mindfully listen and take turns speaking.

Stage 2

Mindful Listening Drawing
Sometimes communication can be non-verbal, which means that our body language also plays a big part in communicating. For this activity, draw what it looks like when someone is mindfully listening and when someone is not mindfully listening. For example someone who is mindfully listening might have good eye contact and someone who is not mindfully listening might be interrupting or not facing the person who is speaking. This week, think about how your body language is showing the person who is speaking that you are mindfully listening to them.

Stage 3

Mindful Conversation

Mindful communication is when you speak with intention and listen with focus and curiosity. Practise having a mindful conversation with someone in your family this week. Make sure that you are tuning in to what you are saying and listening carefully. Write about your experience afterwards: How did it feel? Was it difficult to remember to be mindful? What are some things to remind yourself of when trying to have a mindful conversation?

Smiling Mind website
https://www.smilingmind.com.au

Our PBL focus this fortnight is

Respect in the hall



	PBL	Office	Eating Areas	Playground	Canteen	Toilets	Hall	Outside of School HZSS/Bikes/Bus
	Self	Use your manners Use the office for the right reasons	Take care of your belongings Sit down to eat	Be in the right place at the right time Take care of your belongings Play safe and fair	Be in the right place at the right time Spend your own money	Use the toilets at break times when possible Wash your hands Leave unnecessary belongings outside e.g. food	Be in the right place at the right time Respect the occasion Sit quietly and sensibly	Be in the right place at the right time Take care of your belongings Represent your school appropriately
	Others	Be patient and wait your turn Be polite to the office staff	Leave others to eat in peace Eat you own food and drinks	Follow teachers' directions the first time Keep hands, feet and objects to yourself Encourage others	Follow teachers' directions the first time Speak politely and wait your turn	Keep hands, feet and objects to yourself Respect others' privacy Use an inside voice	Follow teachers' directions the first time Listen attentively to all speakers	Follow teachers' directions the first time Keep hands, feet and objects to yourself Speak politely and act kindly
	Community	Be helpful and friendly to all visitors Be respectful of furniture and surroundings	Keep the area clean and tidy Put your lunch boxes in the class tub	Use equipment appropriately and safely Keep food away from play areas Be respectful of other people's games	Keep the area clean and tidy Use facilities and equipment properly	Use facilities properly Conserve water Keep facilities clean and tidy	Take care of facilities Applaud appropriately	Walk bikes and scooters in school grounds Follow road rules Use facilities properly

P&C REPORT& P&C MEMBER SPOTLIGHT

he Fair is just 2 weeks away and we can't wait! The meetings on the next 2 Wednesday evenings are to coordinate this major fundraiser for the school and please attend if you are able. Here is the sign up for the day.

SIGN UP

Here is this week's P&C member spotlights:

Sandra P&C President

Kirsty Chan - Fundraiser Committee

I joined the P&C about 3 years ago. I find it an invaluable line of communication between the school and the parents. It is incredibly satisfying to be part of a group that all have the same agenda - how can we make our children's school the best it can be. My favourite part of being in the P&C is helping with the decision making. We recently provided chrome books for stage 1. My son came home absolutely thrilled on the first day they were able to use them at school. I have strong beliefs that public education is underfunded by the government and unfortunately it is up to P&C volunteers to fundraise and help to try and make up this shortfall so our kids have the opportunities that they deserve.



Rachel Byers - Fundraiser Committee:

I joined the P&C to foster a vibrant school spirit and create a sense of community. Understanding how demanding and stressful family life can be, I wanted to offer a break from the endless "must do" tasks and introduce some "want to do" activities.

My goal is to ensure our school hosts events that families can purely enjoy together.

Growing up in Berowra, I always felt a strong sense of community. I want my children to experience that same feeling of belonging.





MOVEMBER 2024 12-6PM

WATER SLIDE - INFLATABLES
HAUNTED HOUSE - SIDESHOW ALLEY
DUNK TANK - LIVE ENTERTAINMENT
FOOD STALLS - MARKET STALLS - FACE PAINTING







Thank you to our Sponsors



















First Class Glass



Introducing one of our silver sponsors for our Spring Fair, First Class Glass! Ben and Alanna are incredibly well known within the community, providing exceptional customer service as premier glaziers in Hornsby and the surrounding North Shore Area.

Offering a complete range of services to suit all of your residential and commercial glass requirements including glass repairs, replacement and installation, glass and mirrors cut to size, bespoke mirrors and mirror repairs, frameless glass shower screens, coloured glass splashbacks, glass balustrades, UV bonding, glass shelving and roof lights, double glazed units AND a whole lot more (phew) - their knowledge, experience and professionalism means any glass-related job is completed flawlessly and efficiently.

Reach out to FCG today amd; make sure you tell them we sent you!

ben@firstclassglass.com.au https://firstclassglass.com.au/ 0424 614 310/ 02 9987 2397

King Building Group





Introducing King Building Group, one of our fabulous Silver sponsors for our BPS Spring Fair! King Building Group is an experienced and highly regarded residential and commercial construction company, turning your next new home build, renovation or commercial project into a reality. King Building Group brings together an industry leading team of builders along with an expansive

network of quality trade services to deliver quality outcomes for clients.

Based in Sydney, the team works across Greater Sydney along with the Central Coast and Northern Illawarra regions.

For more information visit them on Instagram via @kingbuildinggroup or email them: info@kingbuildinggroup.com.au

King building Group 0434365406

Bite Me Bakhouse



While you are still sleeping, the folks at Bite Me Bakehouse are quietly going about their business - rolling, mixing, baking & whipping up the most delicious treats for you to enjoy when it's time to start your day. Pies, Sausage Rolls, Quiches, Toasted Sandwiches, Cakes, Pastries and more...everything you could wish for in a delicious meal straight from the oven.

If you have an upcoming event, conference or party, let us take care of providing sustenance for your group or guests. This enables you to get on with the job at hand or simply allows you the freedom to enjoy your function. Bite Me Bakehouse are ready to take your call and make arrangements in advance to fulfill your orders - ready for you to pick up on the day of your event.

Call us on (02) 9477 1732 to place your order or reserve your favourite tucker.

Inspirations Paint Hornsby



Introducing Inspirations Paint Hornsby as one of our awesome Bronze sponsors! Inspirations Paint Hornsby offers award winning service and the best advice. Locally owned and operated, we've been part of the Hornsby / Kuring Gai community for over 20 years. Our purpose is to help people enhance and transform their spaces by giving personal attention to your painting project.

Our team of experienced professionals is dedicated to helping you every step of the way. We offer services such as expert consultations, colour matching and paint mixing to ensure you choose the right products for your needs. Additionally, we provide a wide range of high-quality paints, stains, and accessories to help you complete your project with confidence. Be it preparing, painting or protecting - you will find it at the best paint store in town - Inspirations Paint Hornsby.

Contact Matt on 9477 5677



Bronze Sponsors

BAS Health & Fitness



Berowra BPS dad and bringer of jokes, kettlebells and bikes, Bas Green is the owner of BAS Health & Fitness – and one of our proud bronze sponsors for our Spring Fair!

Berowra's favourite group fitness sessions, BAS Health & Fitness gives you holistic fitness with a feelgood vibe, coached by expert fitness trainer, Bas himself.

Regardless of age, ability, skills or fitness level, he can adapt the session to give you a solid workout that's ideal for where you're at. His fitness sessions all have his trademark blend of science, physical challenge, art, mental stimulation, and group fun. If you've even been up before the sun round here, you might have seen him setting up sessions for an awesome group of BASinators on Berowra and Warrina Ovals.

Reach out and contact Bas, to start your health and fitness journey today!

Contact Bas on 0416 977 963









Club Berowra is situated at 997 Pacific Highway, Berowra and is a great location not only for residents of Berowra and adjacent suburbs but also as a mid-way point between Sydney and the Central Coast. With several bars, gaming areas, dining areas and events all year round, you can enjoy a lunch, diner or beverage six days a week with the convenience of being picked up or dropped home safely, care of their fabulous

Make sure you give Berowra RSL a visit today, their food and atmosphere is sure to keep you coming back for more!

Phone 9456 1844

https://clubberowra.au/

Club Berowra









A family printing business, right here in the heart of Berowra, Crocodile Creek Shirts service all around Australia, providing schools and clubs with Memento Shirts, Graduation Shirts and Leavers' Shirts, proudly made right here in Australia, only using high quality products. Crocodile Creek Shirts has thrived over the decades and was established way back in 1986!

With a fondness for quality, the longevity of the business speaks as a testament to the product, consistency and superior service.

You are in good hands with Ryan and Chey at the centre of Crocodile Creek Shirts, so make sure you reach out and enquire with them today! Contact the team on 9456 6699

Follow us on our socials:

 $\underline{https://www.facebook.com/CrocodileCreekShirts}$ https://www.instagram.com/crocodilecreekshirts/ https://www.crocodilecreek.com.au









Moving Bodies



Introducing, the home of kids and adults fitness on Sydney's North Shore - Moving Bodies! Situated at Mt Kuring-Gai, the team at Moving Bodies aim to make exercise and fitness fun for children and adults of all ages - from babies to seniors. Aware of the demand among North Shore residents and their families for a local fitness centre where kids and adults can enjoy healthy and fun activities, Moving Bodies Centre was opened in April 2012. The Centre, complete with indoor heated swimming pool, offers programs outside the school system that complement your family's

So, whether it is gymnastics, adult or children's fitness classes, ninja courses, indoor soft play, swimming lessons or indoor parkour – you can guarantee Moving Bodies has it all! Plus, it's a fabulous venue for your next little one's birthday party or perhaps you'd prefer to hire their mobile birthday party equipment?

Whatever it is - ensure you visit Moving Bodies today, you're sure to have a tonne of

https://www.movingbodies.com.au/ Hamley Road, Mt Kuring-gai 9457 7732

























MP Tree Care



MP Tree Care is a locally family run business with over 20 years experience within the Arboriculture industry. We are fully insured, qualified arborist that offer

- Tree removal
- Stump grinding - Tree pruning
- Land clearing
- Emergency work

Call Marc for a free quote! 0421 188 512

Northern Suburbs Storage



Northern Suburbs Storage is a local self storage facility with 24 hour secure access, conveniently located in Mount Ku-Ring-Gai. We have secure storage units ideal for your household, work, or hobby needs, and secure parking spaces for caravans, boats, trailers and cars.

Give us a call today for all your storage needs! Phone: 9457 6122









Silver Sponsors

Air Industries



Introducing, Emmanuel and Laryssa from Air Industries Air Conditioning, who is one of our fabulous Silver Sponsors for our BPS Spring Fair! Air Industries is a family-owned business based in Mooney Mooney. With over 25 years of experience, they specialise in installation, service, repair and maintaining air conditioning systems $\,$ to residential homes and light commercial business. Their team are fully licensed. insured and professional with a solid reputation of providing a reliable, affordable, safe

With access to the top leading brands in Australia, they service the Hawkesbury River, Upper North Shore and parts of Sydney. Their philosophy is simple: "If the system is not good enough to be used in our home or business, we will not recommend it to you". We aim to provide you with the best air conditioning system, so you will enjoy it for

Make sure you contact the lovely Laryssa today for a free quote or schedule a service: 0407 201 436

https://airindustriesac.com.au/

Platinum Sponsor

Barr Automotive



For families in Hornsby, Barr Automotive offers reliable, transparent, and convenient car servicing. Led by Lydia and Igor, parents themselves, this award-winning family-run business understands the importance of keeping your vehicle in top condition, whether it's for school runs or weekend adventures

Offering everything from logbook servicing and brake repairs to 4WD maintenance, Barr Automotive provides honest communication, flexible drop-off times, and easy online booking. Their close connection to the community is highlighted through their "Pink Slips 4 Cancer" initiative, which supports local cancer care services.

Visit Barr Automotive at 14 James Street, Hornsby, call them on 94762182 or book online at www.barrauto.com.au to experience their trusted, family-focused service.









Bendigo Bank



Bendigo Community Bank Berowra & District not only gives you access to award-winning financial products and services, we're also committed to returning profits to our local communities. Visit us to see how we can help you reach your financial goals or book a free home loan health check.

Cass Property



Adam Castelnuovo – director and owner of CASS Property is our proud Silver sponsor for our BPS Spring Fair. With 14 years of being a successful real estate business owner under his belt, Adam and his team sell and manage property across the upper and lower north shore of Sydney.

You can trust that when you are working with Cass Property, you are not only under the very best care, but you have the professionalism and personalised service to ensure your real estate experience is one to remember. We are thrilled to have your support Cass & cannot wait to see you on the 16th of November!

Contact Adam today: 9099 5336

We Want to Hear From You!

SUPPORTING PARENTS TO MANAGE **CHILDREN'S SCREEN USE**

Northern Sydney Local Health District, Health Promotion Service is inviting your school community to help inform the design of a screen time support package for parents/carers. Excessive screen time can impact a child's physical, social and mental health and can have negative impacts on learning and behaviour. We are seeking parents and carers to participate in an online consultation group that will help to shape the development of the screen use support package.

Please share the image attached with this newsletter with your school community to assist us in recruiting parents/carers for the consultation. Alternatively, direct parents/carers to complete this survey.

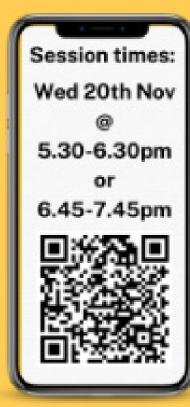
Parents! Is managing screen use a challenge?

Help us develop a screen time support package for parents and carers of primary school age children.

Participate in a one hour, online group discussion with our Northern Sydney Local Health District team.

Register your interest by 8 November by scanning the QR code.

Participants receive a \$50 gift voucher.



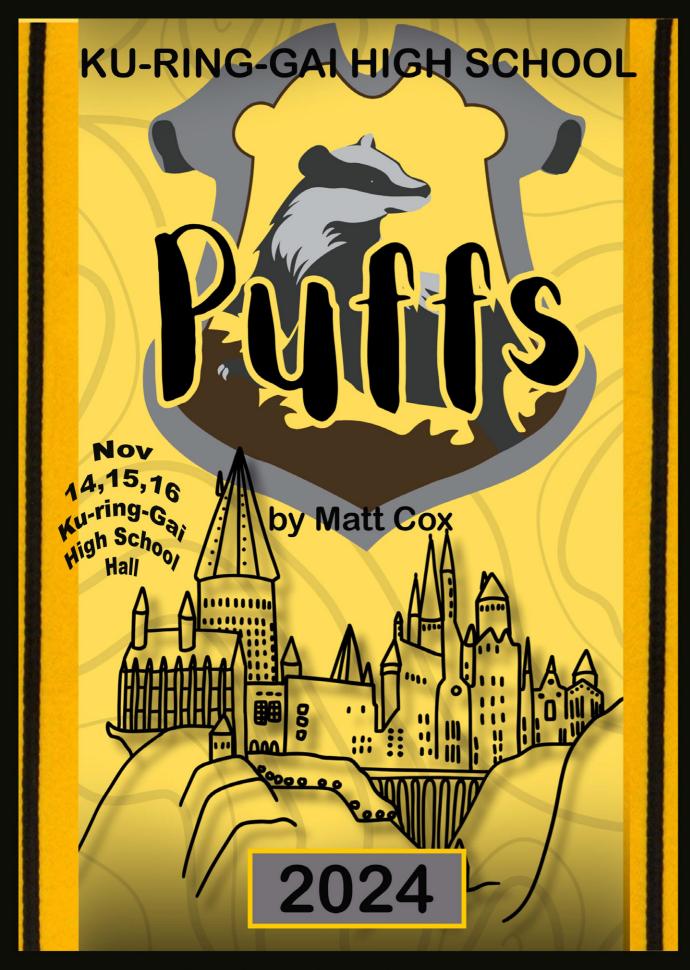












Originally Produced Off Broadway by Tilted Windmills Theatrical (John Arthur Pinckard / David Carpenter) UFFS was Developed in Part During a Residency with the University of Florida School of Theatre + I

PUFFS was Developed in Part During a Residency with the University of Florida School of Theatre + Dance, Jerry Dickey, School Director
Originally Produced Off-Off Broadway by Stephen Stout and Colin Waitt

By Arrangement with ORiGiN™ Theatrical On Behalf of Samuel French A Concord Theatricals Company

For seven years...

....a certain boy wizard went to a certain Wizard School and conquered evil. This, however, is not his story. This is the story of the Puffs... who just happened to be there too. A tale for anyone who has never been destined to save the world.

KU-RING-GAI HIGH SCHOOL DRAMA ENSEMBLE INVITE YOU TO ATTEND A NIGHT OF WIZARDRY, MAGIC AND TEENAGE ANGST

Directed by our amazing director,

Amy Lawler

and assistant director Taylor Herbertson.

Thursday 14th Nov Friday 15th Nov Saturday 16th Nov

6pm

KU-RING-GAI SCHOOL HALL

Tickets can be purchased via: https://www.trybooking.com/CWNUI

We look forward to seeing you there!

Canteen Menu 2024 Semester 2

Available Wednesday, Thursday and Friday
Order online at www.Flexischools.com.au by

8.45am or at the canteen by 9am



TOASTED SANDWICHES

Cheese	\$3.00
Ham	\$3.50
Chicken	\$3.50
Cheese & tomato	\$3.50
Cheese & ham	\$4.00
Cheese & chicken	\$4.00
Cheese & pineapple	\$3.50
Cheese & baked beans	\$3.50
Cheese & spaghetti	\$3.50
Cheese & tuna	\$4.00
Spaghetti	\$3.20
Baked beans	\$3.20
Tuna	\$3.50
Ham, cheese & pineapple	\$4.00
Ham, cheese & tomato	\$4.00
Gluten free bread	\$1.00

SANDWICHES

Vegemite	\$2.00	
Cheese	\$3.00	
Ham	\$3.50	
Chicken	\$3.50	
Tuna	\$3.50	
Salad	\$3.00	
Egg	\$3.00	
Egg, lettuce & mayo	\$3.50	
Ham, cheese & tomato	\$400	
Tuna, lettuce & mayo	\$4.00	
Extras - salad, cheese or		
mayo	\$0.50	•
Gluten free bread	\$1.00	
Wrap	\$0.50	

HOT FOOD

Garlic bread	\$2.00
Corn cob	\$1.00
Spring roll	\$0.80
Nuggets	\$3.50
- gluten free	\$4.00
Snack pie	\$3.50
Homemade pasta bolognaise	\$4.00
-gluten free	\$4.00
Sausage roll	\$4.00
Traveller pie	\$4.50
Chicken burger with lettuce	\$550
& mayo	
- add cheese, cucumber &	\$6.00
tomato	
Beef burger with cheese $\&$	\$5.50
tomato sauce	
- add salad	\$6.00
Bacon and egg roll	\$4.50
Chicken snack wrap with	\$5.50
lettuce and mayo	
- with cheese, carrot,	\$6.00
cucumber & tomato	
Pizza slab 170g	\$4.00
- cheese or hawaiian	
Nachos (v)	\$4.00
Butter chicken	\$5.00
Sauce - tomato or BBQ	\$0.40



All sandwiches on wholemeal bread

Berowra Public School

ENROL NOW FOR KINDERGARTEN

2025

ENROL NOW



More Information berowra-p.school@det.nsw.edu.au ph: 9456 1319





TERM 4

KINDY **TRANSITION**

2024

Students, Parents & Carers! Join us for our 2024 Berowra Public School Kindergarten transition program. Students spend time in a primary school environment while parents and carers attend informative workshops for the best possible start for your child.

Friday, 25th October 2024 Friday, 1st November 2024 Friday, 8th November 2024



9.30 AM - 11 AM

Don't miss this opportunity to get your child comfortable & excited about their journey to Big School.

LOCATION

Meet under the library COLA

MORE INFO:

berowra-p.school@det.nsw.edu.au 02 94561319

Sounds of Gonnection: **Building family bonds through music**

Come with your child (aged 9 and above) and follow a qualified musical therapist to let music move and connect you.

Relax and mingle with your peers and family to enhance communication, social skills and bonds through music.

Free workshop, light refreshment will also be provided.

Parents and guardiennes must also attend.

Enclosed shoes required.



Hornsby Council Admin building, 296 Peats Ferry Rd **HORNSBY**

Friday 1 November 6pm-8pm

(5.30pm for light refreshment)



Bookings essential: Scan QR Code to Register For more information please contact Fiona on 0412 477 535 or email: zhou1yan@police.nsw.gov.au













