

ANTI-BULLYING PLAN 2025

Berowra Public School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Berowra Public School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Term 1	Respect: School Expectations
Term 2	Problem Solving Wheel
Term 3	Is it bullying? - Poster
Term 4	Being an Up-Stander

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Term 1	Anti-Bullying Plan and Anti-Bullying Procedures sharing in stage meetings
Term 1	Cyber Safety PL for staff

1.3 New and casual staff

New and casual staff will be informed about our school’s approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

Casual staff: Receive the PBL steps and information in the casual teaching folders and are introduced to a supervisor/ executive to whom they can report any concerns of bullying.

New staff: Are inducted by PBL committee members to understand the school's systems, data and processes that promote positive behaviour including the school's response procedures to bullying.

2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school’s website. Check the boxes that apply.

- School Anti-bullying Plan
 NSW Anti-bullying website
 Behaviour Code for Students

2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
Term 1	PBL inserts into newsletter with fortnightly PBL focus outlined
Ongoing	Meetings/Communication with parents regarding student behaviour and school expectations.
As required	Parent communication and liaising with parents regarding individual behaviour plans.

3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

- * Smiling Mind
- * The Anxiety Project
- * PBL/PD Lessons
- * Life Education Lessons
- * Individual Behaviour Plans
- * School Behaviour Expectations
- * Anti-bullying incursion 'Backflips Against Bullying'
- * Cyber safety
- * Bullying No Way Buddy Activities

Completed by: Elky Roberts

Position: Assistant Principal

Signature: _____ Date: 14/2/2025

Principal name: Vicky Wallace

Signature: **WALLACE, VICKY** Digitally signed by WALLACE, VICKY
Date: 2025.02.14 12:39:28 +11'00' Date: 14/2/2025